

"What's News" is produced as a non - profit newsletter for the Wandong / Heathcote Junction Community. The opinions expressed in this newsletter are not necessarily those of the editors. Publication of Advertisements should not be taken as endorsements of products. Letters to the editors are always welcome, but will only be considered for publication with authentic names and addresses available for publication. Although every care is taken in preparing "What's News" the editors cannot accept any responsibilities or liabilities for errors or omissions.

# GATEWAY TO MITCHELL SHIRE AT WANDONG - WHAT A DISGRACE

The Wandong Heathcote Junction Community Group has long advocated for the large open drain along the west side of the Epping Kilmore Road at the Wandong bushfire memorial car park to be placed underground to enable easier use of the car park. The cable fencing along the roadside should be removed to enable angle parking from the road. This busy car park constantly needs repairs to fix huge holes that develop (see photo). The car park (or at least the entry) could have been sealed for the cost of the constant repairs. This is the busiest roadside toilet stop in Mitchell Shire and a major gateway to Mitchell Shire and it continues to be ignored.





The rubbish pictured left was the result of an overflowing rubbish bin and Mitchell Shire seems powerless to have the resident clean it up. The WHJ Community Group has again cleaned up rubbish on the freeway ramps and asks residents to respect our town and dispose of rubbish properly. VicRoads has also failed to attend to a rubbish dump on the freeway on ramp. The EPA has been contacted.



IF YOU MISS AN ISSUE OF "WHATS NEWS" go to website <www.wandong.vic.au/local-news/whats-news> Wandong - Heathcote Junction - why would you live anywhere else. Until August 2023, Allen Hall (editor) NEXT ISSUE DEADLINE: COPY & ADS 5 August 2023 DELIVERY from 16 August 2023 Printed by Newspaper House, Kilmore

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## Friday 21<sup>st</sup> July Wandong District Church

HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION \$60 (9am to 11am)

HLTAID011 PROVIDE FIRST AID \$140 (9am to 2pm)

HLTAID012 PROVIDE CHILD-CARE FIRST AID \$155.00 (9am to 3pm)



LTP FIRST AID SERVICES First Aid Consultants



Training and Assessment is done on behalf of ABC First Aid RTO3399

Bookings Essential

Further Information: 0421 578 898

www.abcfirstaid.com.au/abc-courses/

### WANDONG COMMUNITY CHRISTMAS CAROLS 2023 - DATE AND POSSIBLE CHANGE OF VENUE

The 2023 Wandong Community Christmas Carols will be held on Sunday 17<sup>th</sup> December. The event has been free thanks to the sponsorship of the Bendigo Community Bank. The event will start at 4.30pm with a free sausage sizzle and Santa Claus, then the carols commence at 6.30pm. Due to renovations (yet to commence) at the Community Centre, Davern Reserve, it is likely that the carols will be held at the Wandong Public Hall.

## What's Happening

OUTSIDE HOURS	Sumber: 77 771 Fordinator will aring session re support is ag office hours	GAZEBOS AND CHAIR FOR HIRE For your next function why not hire a gazebo and chairs from the Wandong Heathcote Junction Community Group. For hire are: two 6m X 3m gazebos a 3m X 3m gazebos a 3m X 3m gazebo 8 wooden trestles and 50 outdoor chairss Call David on mobile 0409 164 660 to arrange hire.			
How to Enrol Visit TheirCare www.theircare. and click on 'B the top right ha register your cl Operation Times	l e website: .com.au ook Now' in and corner to	NYKI KETAILEK <u>COMMUNITY</u> <u>WEBSITES</u> <u>www.wandong.vic.a</u> <u>www.upperplenty.co</u>			
Before School Care	6:30am – 8:45am	Mitchell			
After School Care	3:30pm - 6:30pm	Bushwalkin			
Pupil Free Day	6:30am – 6:30pm	Group			
Holiday Program	6:30am – 6:30pm	The group walks once fortnight, with some evening walks durin the summer months Please contact: Mary 0428 479 469			
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# ANNIVERSARY CONGRATULATIONS

9 Jul Graeme & Marie Edwards HJ 12 Jul Doug & Helen Stewart B

GAZEBOS AND CHAIRS FOR HIRE For your next function why not hire a gazebo and chairs from the Wandong – Heathcote Junction Community Group. For hire are: two 6m X 3m gazebos, a 3m X 3m gazebo 8 wooden trestles and 50 outdoor chairs. Call David on mobile	Solution </th
0409 164 660 to arrange hire.	25 Jul 26 Jul 27 Jul 27 Jul 27 Jul 29 Jul 30 Jul 30 Jul 30 Jul 31 Jul 3 Aug 4 Aug 4 Aug 5 Aug 5 Aug 6 Aug
<u>COMMUNITY</u> <u>WEBSITES</u> <u>www.wandong.vic.au</u> <u>www.upperplenty.com</u>	7 Aug 7 Aug 7 Aug 7 Aug 8 Aug 8 Aug 9 Aug 9 Aug 9 Aug 9 Aug 10 Aug 12 Aug
Mitchell Bushwalking	13 Aug 14 Aug 14 Aug 15 Aug 15 Aug 16 Aug
Group The group walks once a fortnight, with some evening walks during the summer months. Please contact: Mary 0428 479 469 or Wayne 0451 519 734	G NEV If you "Wha each r and er whats

mitchelkvalksgroup@gmail.com

for more information

	ိန္နဲ့ BIRTHDAY
S	१ेर्डे GREETINGS
	We wish the following
	people a very happy
L	birthday
ıd	12 Jul Rob Chisholm HJ
g –	12 Jul Doug Stewart B 13 Jul Cindy Flannery W
	14 Jul Ella Hall 🕺 W
	15 Jul Brad Dawson HJ 16 Jul Noelene Pyle K
	16 Jul Olivia Allen HJ
5,	18 Jul Michael Mason W 19 Jul Kayla Johnson HJ
	19 Jul Nicholas Rhead HJ
	19 Jul Nicholas Rhead HJ 21 Jul Dale Dwyer Wallan 22 Jul Steven Barnes HJ
S.	22 Jul Brian Dove W
è	23 Jul Hayley Day UP 24 Jul Bianca Gardiner B
	25 Jul Brok Wightman W
	26 JulCathy BellomoHJ27 JulVicki SeeleyHJ27 JulJessica BarnesHJ
	27 Jul Jessica Barnes HJ
	27 Jul Sarah Dwyer Wallan 29 Jul Amelia Kovacic WP 29 Jul Ben McMahon B
	29 Jul Ben McMahon B
	30 Jul Eilidh Murray HJ 30 Jul Steven McCarthy HJ
	30 Jul Jake Duncan HJ
	31 Jul Dawn McCormack HJ 3 Aug Jessica Kelly HJ 3 Aug Jenny Mifsud W
	4 Aug Ben Dodds W
	4 Aug Terry Swanwick HJ
	5 Aug Erin Hanson W 5 Aug Casey Johnstone W
	5 Aug Casey Johnstone W 6 Aug Kasey Georgelin HJ 7 Aug Brett Smith W
,	/ Aug Nicole Marshall HJ
	7 Aug Robyn Robinson HJ 7 Aug Holly Ellison W
	8 Aug Karen MacDonald W
	8 Aug Brian Smith W 8 Aug Criag Stewart W
u	9 Aug Sue Bausch HJ
_	9 Aug Graham Robinson HJ 9 Aug Helen Stewart B
<u>m</u>	9 Aug Jaymi McLennan W
	10 Aug Robyn Likos HJ 12 Aug Gail Plumbe C
	13 Aug Joanne Waldie W
	14 Aug Helen Stewart W 14 Aug Kate King Wallan
	15 Aug Ken Bausch HJ
g	15 Aug Eileen Gray HJ 16 Aug Andrew Lawrence K
~	To has Anaren Eumenee R

**GET "WHATS** WS" BY EMAIL u would like to receive ats News" by email month, send your name mail details to : snewswhj@gmail.com

Remember "Whats News" is also available on the website <www.wandong.vic.au>

## Wandong Playgroup

New members are welcome at playgroup. You can start anytime of the year. Come along and check it out.

The first session is free and then it's \$5 per family plus payment of Playgroup Victoria membership to cover insurance.

Playgroup is for parents, guardians, grandparents and careers and their 0-5 year old children. Come and look! Anytime is a good time to start.

Every Tuesday (during school terms) 9.30am till 11.30am At Wandong Community Centre, LB Davern Reserve Dry Creek Cres, WANDONG FOR FURTHER INFORMATION ABOUT PLAYGROUP CONTACT: Andrea 0413 212 946



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# Wandong IGA



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## JUST A CALL AWAY

Remembering the lockdown in Victoria - how could we forget! I would like to share with you the experience my friends had during this time.

Deciding to take a short break this couple headed to Gippsland. An hour after they set up their caravan, the heavy rain started. Then came a new lockdown! So they were confined for one month in their caravan. While they were confined, their four-year old granddaughter fell four metres onto a concrete floor, which resulted in a fractured skull and bleeding on the brain, requiring an emergency flight to Melbourne. This small child made a complete recovery, amazing the doctors and other medical staff with her resilience and alertness. Meanwhile a niece went into labour eight weeks early and was placed in a hospital rampant with covid. Mother and new daughter came out fine.

Do you see God at work in these people's lives? He really is only a call away for any of us.

Psalm 91 verses 14 -16 Because he has set His Love upon Me, therefore I will deliver him; I will set him on high because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honour him. With long life I will satisfy him and show him My salvation.

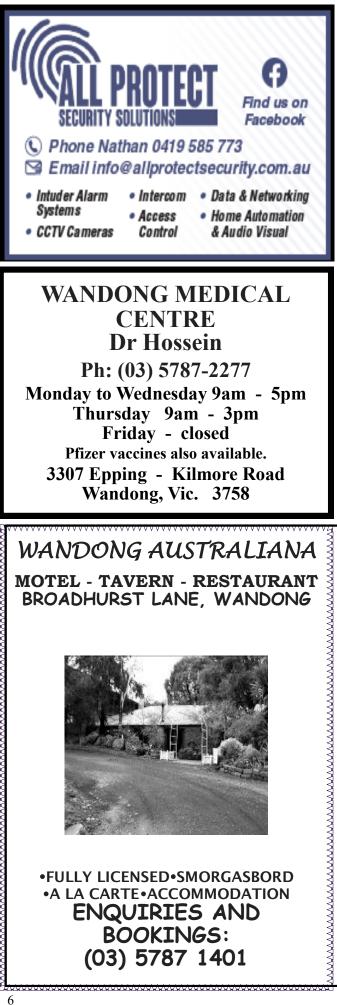
Two weeks later after finally getting home the husband didn't look well. This was followed by tests in hospital for possible kidney and liver cancer. After waiting, then attending appointments he had his cancer removed successfully, a third of his liver and his gallbladder. Although having to deal with having had a stroke after the surgery he then moved on to chemotherapy treatment. The first cycle being disastrous having to stay in hospital, catching covid, coming home sicker than when he left. They had to reduce his chemotherapy dosages because of toxic burns to his hands and feet, his skin and toenails falling off, bringing terrible pain. His body couldn't endure any more. So, this ceased. But scans and blood tests now show him as cancer free.

It was only their faith and their belief in God's love, healing and protection that got them through all of their ordeals and others praying also.

He is there for all of our ordeals too.

Merle Croskell.







Anyone wishing to join Kilmore District Mens Shed Should contact John Perrett 0418 288 024 or Ron Hamilton 0481 268 471

**Operating hours are** Tuesday and Thursday 9.30 am - Approx. 1.30 pm email: Kilmoremensshed@gmail.com

## The Kilmore & **District Hospital**



Rutledge Street, Kilmore Phone: (03) 5734 2000 **Urgent Care Centre** (Open 24/7 with Registered Nurses) Acute Ward (30 beds) Maternity (including antenatal classes and dietician) Oncology **Surgical Procedures District Nursing** Aged Care -**Dianella Hostel and** Caladenia Nursing Home Website: www.kilmoredistricthospital.org.au

## MITCHELL SHIRE COUNCIL



## How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

## Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

## GARDEN SCENE WITH GAIL

Gee it's been wet, hasn't it and it's also been pretty cold for quite a while, but I suppose that's Winter for you and us gardeners have work to do and that'll get us warm. Time to get pruning, deciduous fruit trees, ornamental plants, weepers, any plant that you want or need to encourage it to grow a certain way. Check on your fruit trees because some may fruit on new growth so take care when you prune. Weepers are interesting, if you want a wider head on your plant prune to an upward facing node so that new growth will grow up and out, expanding the head of the plant, a narrow head can be achieved by pruning to a downward facing node so the new growth will push down, encouraging the growth habit to be narrower. Ornamental trees may need to be pruned to reshape and / or regenerate growth. Sometimes branches are damaged or too low, creating a hazard if you want to walk under the tree. As the trunk of the tree is maturing it is a good idea to prune only one limb each Winter, because the trunk needs to be strong enough to support the plant, particularly if you leave a section of the tree with more growth on one side, so be careful to prune evenly each year. Smaller deciduous plants such as Lilac, Dogwood, Rose, may require pruning for shaping and regeneration of the plant. Again, prune to an outward facing node to encourage the new growth to grow that way. New growth on roses, coming from low on the plant but above the graft, is the plant actively renewing its framework. (Growth below the graft on any plant should be removed because this is coming from the stock plant, not the desired plant, called the sion) It's now a great time to apply Sulphate of Potash to all of our plants, including fruit trees. Be directed by the instructions on the bag, it's usually a good handful per square metre applied three times at three weekly intervals. This promotes more buds hence more fruit / flowers and if your roses suffer from Black Spot Lime Sulphur can be used now however, if growth has begun on your roses do not apply Lime Sulphur as this will burn the new growth. Lime Sulphur can be applied with an old paint brush because without leaves, spray can go everywhere except where you want it to go. If you have room get yourself some more roses, they are really worth it for colour display and longevity of flowering. David Austin roses are spectacular with a lovely shape and amazing

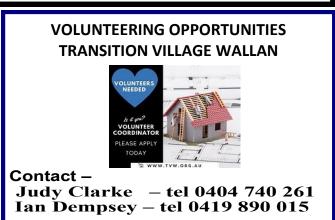


fragrance and some old favourites such as Fresia, Angel Face and Mr Lincoln are stunning with a heady perfume. Get moving and get warm, this is an excellent time for planting so get a move on because you do need your plants to be well settled before the warmer weather hits. Fertilise your flowering Camellia's and Daphne now and a liquid fertiliser is excellent because it is taken up pretty much straight away by the plants. Take time to weed your gardens now, the soil is damp and it's nearly a pleasure with how easy the weeds pull out. Apply a slow release fertiliser which will start to activate once the soil temperature reaches about 18 degrees and follow up with a good mulching. Don't forget about your lawn, aerate and top dress and as the weather warms a little, follow up with a weed and feed.

Have a fantastic July. Bye for now! *Gail Mains Kendrick* 



THE SHACK IS BACK The Upper Plenty Community Hall "THE SHACK" is open for hire. For more information and bookings call Susan or Wayne on 5783 1456. If not answered leave your name and number and we will return the call.





## Darraweit Guim Primary School invites you to a special screening of The Last Daughter

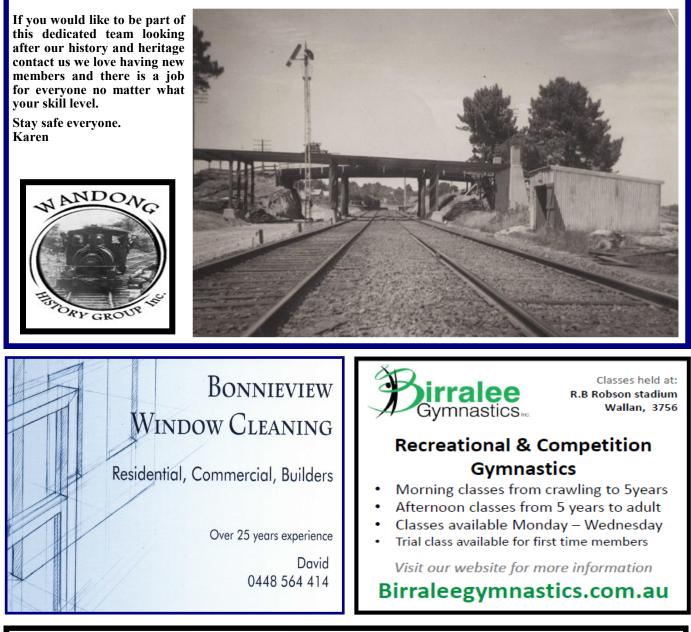
After being raised by a white family, a young girl is taken away and returned to the Aboriginal family she didn't know. Decades later, she's on a journey to discover where she truly belongs.

Date:	4th August 2023	
Venue:	Darraweit Primary School 2 Darraweit Valley Rd, Darraweit Guim	
Time:	6:30pm Refreshments on Arrival 7:00pm The Last Daughter Film Screening	
Tickets:	\$10 includes refreshments https://www.trybooking.com/CJMTJ Phone: Julie 0435124048 proudly hosted by	
	SPAWEIT GUILA	

## WANDONG HISTORY GROUP

Given how cold this winter is turning out to be we have decided to open the church for the next few months by appointment only. We can still be contacted through the website or the email or phone number below.

We still await the grand plan from ARTC, despite many promises of "it's coming next month" we still haven't seen it. Given this project is one that is going to be a real impact to the town and to our historical precinct its about time they kept their promise and show us the plan, surely the people of this town deserve that. The current overhead bridge was built to accommodate the standard gauge line and now change again means another new bridge for us. Living in a "Railway town" I think everyone understands things can change, it would just be nice to be informed about the changes and the impacts it will have on us. The image below shows the first bridge and the current one, all we know about the bridge to come it will be somewhere around the same area.



### **MAKE A DIFFERENCE - BECOME A VOLUNTEER** If you are young, elderly, retired or working, please consider joining a community group and enjoy the rewards of volunteering. Join one of the community groups operating in Wandong Heathcote Junction.

Wandong Heathcote Junction Community Group Inc: Call 0413 832 411 Wandong Wallan Lions Club: Call 0418 142 172 Wandong History Group: Call 0432 120 736

## LIONS CLUB OF WANDONG - WALLAN INC.

President: Marilyn Moore PO Box 225, Wandong. Vic. 3758



By the time this issue arrives we will have a brand new leadership. Daniel, Peter and Sam will lead us forward along with Tania who is still our secretary. I will of course be on hand to give them valuable and sound advice which I am sure they will receive with the gravity it deserves.

We haven't been up to much with some of our members and friends heading north. I reckon that they are wimps. Why would you go to the tropics when you can stay in Wandong and Heathcote junction and freeze?

Steve and Tania are in Cairns at present. What a saga. Tania got agitated because the lights in the caravan didn't work until it was pointed out that she was flicking the wrong switch. Then before they left Victoria they did a wheel bearing on the caravan. Finally on their way, Steve delighted in sending me images of Riley's recycling and Riley's gnome walk and other such things. Anyway as punishment for leaving their friends in the cold their hot water system at home sprung a leak and flooded the house. Some bleach in the bath room spilt and turned the carpet orange. I think the punishment was a bit severe.

Two of our ladies have had birthdays this month. Rose Dove has joined the octogenarians and Marie Forbes is a couple of years behind her. Speaking of Marie, she got so sick of Bill's cooking that she admitted herself into Northern Hospital just to get a change of cuisine. Unfortunately their food was worse than Bill's so she had to go home again.

We have a donation trolley at IGA in Wandong and are accepting non –perishable goods to distribute around the community. This is an initiative of Sam on behalf of our club.

Marilyn drove all the way to Port Fairy and back without getting lost once. Mind you her son was doing the driving so that probably explains it. She is happy at the prospect of no longer being president. And can now take a well-earned rest.

Another couple of Bill stories. He kept opening the dishwasher while it was still running until eventually it stopped working and he had to call someone out who pointed out that the device had a pause button which enables you to open the machine without consequences.

Story number Two. They stayed a night at a motel in Heathcote. On leaving Bill posted his house key into the letterbox and took the motel key home with him. He is always on the ball.

Finally, I contacted Hugh to see if he and Mary had done anything that was newsworthy. His reply was that they didn't do anything silly and that if they did he wouldn't tell me. Does he think that I am not trustworthy?

Catch you next time.

Clyde Riley

### **Upper Plenty Merri Catchments Landcare Group**

is a new Landcare group for rural landowners in the Upper Plenty and Heathcote Junction areas. We provide support for land management issues such as weed, pest and erosion control. Also improving soil and biodiversity by providing advice, support, and grant funding.



We meet the third Wednesday of the month 6.30pm at "The Shack" 1240 Wallan road Upper Plenty 3756. Guest speakers every 2<sup>nd</sup> meet. All welcome.

See our facebook page: Upper Plenty Merri Catchments Landcare Group Membership enquiries <u>membership.upmclg@gmail.com</u> or Chris Cobern 0413855490

We particularly need new members from the Heathcote Junction area. Our approximate borders are North Mountain road down to Janna road. To the west the border is Merri creek and to the east is Mount Disappointment State forest. Members don't need to live within the borders but our activities are largely in that area.



PO Box 550, Kilmore 3764 President: Elaine De Gabrielle Secretary: Mark Perrott Contact: info@u3akilmoreanddistrict.com.au

Despite the continuing wintry Kilmore weather, class attendance rates remain high, with the bowls group, the darts group and the book club commanding record numbers. The Book Club meet on the third Thursday of the month at the U3A centre in Sydney St. The class meets from 10.00am until 12.00pm to discuss the book of the month, often with lively discussion. Book choices are varied, allowing a wide scope of reading material, dependent on the wishes of the group and availability of titles.

Last month, the Wallan U3A organised a car rally and invited the Kilmore group to join in. A fantastic fun filled day was had by all those who participated, ending in a barbeque. Different groups can offer varying activities and classes so if you are a member of another U3A, you are welcome to join Kilmore as an associate member at a cost of only \$5.00 and take full advantage of all the classes. It is a very cost effective way of extending your social group and participating in a range of activities.

U3A (University of the Third Age) is open to anyone over 50 who no longer works full time. The movement was started in France in 1972 by a group of retirees who started a self-help learning cooperative, the idea quickly gaining momentum and spreading throughout the world. The first Australian U3A started in Melbourne in 1984 and there are now more than 200 Australia wide boasting tens of thousands of members.

People from all walks of life join U3A for a variety of reasons, including social contact, an outlet for creative expression, further education, fitness and personal growth. Members share their wealth of experience, skills and knowledge through classes, interest groups and other activities. It enhances the quality of life for members, sometimes delaying the need for other support services and combats loneliness and isolation, helping people to stay healthy both mentally and physically.

It also offers a chance for seniors to help others and it can act as a platform to represent the senior voice to government, community and social policy makers. So if you want to become involved at any level, meet new people and have a bit of fun on the journey, check out the website at <u>https://u3akilmoreanddistrict.com.au/</u> Email us on <u>info@u3akilmoreanddistrict.com.au</u> or write to PO Box 550, Kilmore, 3764 New members are always welcome.

Cheers, Amanda Oades

## Kilmore Golf Club Inc.

The weather is cold and wet and golf is not enjoyable except for the few hardy souls who have ventured out the last couple of weeks with ladies outnumbering men. It is the end of the financial year; we have passed the solstice and days will be getting longer



Paths/Course update

Five greens have been upgraded with new sprinklers and a further 2 boxes have been ordered to enable us to replace sprinklers in 5 others. Work has been done on 11th fairway where 3 out of 4 electrical faults with fairway sprinklers have been identified and repaired.

Further work is being done on paths & roadways around the course but wet weather has impacted progress. The grant money from the Flood Recovery Grant Program (State) will fund this work.

Junior girls; PGA Professional Nathan Roberts is continuing his lessons on Saturdays despite the cold wet weather. Two girls from 2022 played at Tocumwal -Natalia Tippet (sponsored by DDGA) and Maddy Ryan. Maddy also won the Secondary girls division at Broadford by 1 pt.

Golf results: Player numbers have been down this month so some events had to be rescheduled and with fewer players. The Mixed Foursomes has been held with the Scratch event won by Helen Dennett & Jim Ioannidis after a playoff with Wicky Mc Dowell & Matt Murray who won the Handicap event. Monthly Medal winners – June M Roberts & C Andersen.

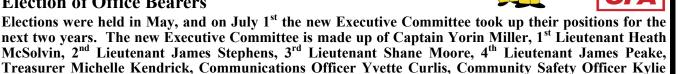
Grants : The Club has received a grant from the Mitchell Shire to help celebrate the tireless work all volunteers do on and off the course. Further discussion will determine the best way to celebrate. The Committee are addressing the significant issues relating to the condition of the Clubhouse and surrounds. It has been decided that the first steps will be to repair the roof, fascia boards, windows and ceilings where water damage has occurred and skylights removed. Electrical work also needs attention.

New Sponsor: The Club has a new sponsor- Kennedys Timber who will sponsor a hole on the Par 3 Day. The large sign is at the end of the 9<sup>th</sup> fairway and thanks must go to Andrew Young for his offer of support from Kennedys Timber. At present, we have 13 sponsors signs on the course and 10 advertisers in our annual program and 4 sponsors on our score cards.

## Wandong Fire Brigade

### **Election of Office Bearers**





Treasurer Michelle Kendrick, Communications Officer Yvette Curlis, Community Safety Officer Kylie Shingles, and Chairperson Sandra O'Connor.

### **Operational Jobs**

It was a busy June operationally, with Wandong members attending multiple motor vehicle accidents, truck fires, structure fires, and electrical fires. House smoke alarms should be tested at least monthly, so please check yours are in working order. We have been working with several local brigades as well as other emergency services including Victorian Police, Ambulance Victoria and the State Emergency Service (SES). We appreciate their skills and the professional and friendly communication between all services.

### Recruitment

Thanks for all the recent interest in the brigade. We have 7 new members recently joined, with 5 already started training for the General Firefighter qualification. Exciting times ahead!

### Training

Training is on Wednesday nights starting at 7pm at the fire station. For more information contact Lt James Stephens on 0418 221 458.

### Fire Equipment Maintenance

Installing and Maintaining your Fire Suppression Equipment is required under the Building Code of Australia. Trained Wandong Fire Brigade members volunteer their time to provide this service to the Community and in turn raise funds for the Brigade to purchase equipment that protects the Community. All servicing carried out is compliant with the required Australian Standards. Our Forward Command Vehicle and FEM trailer have been provided through the work of these volunteers, and local individuals and businesses utilising this important service. If you are in need of Fire extinguishers, hose reels, fire blankets or ongoing maintenance of your equipment contact John Simpson on 0421 319 203 to discuss your needs.

## WANDONG-HEATHCOTE JUNCTION COMMUNITY GROUP

P.O. Box 242, WANDONG 3758 Tel: 0413 832 411



WEBSITE: In June the <www.wandong.vic.au> website received 920 visits. If any business or group has noticed any change which needs to be corrected to their entry, please let us know. To add your business or group email: whatsnewswhj@gmail.com.au

## Saturday 29<sup>th</sup> July Wandong District Church

HLTAID009 PROVIDE CARDIOPULMONARY RESUSCITATION \$60 (9am to 11am)

HLTAID011 PROVIDE FIRST AID \$140 (9am to 2pm)

HLTAID014 PROVIDE ADVANCED FIRST AID \$200.00 (9am to 5pm)

PUAEME008 PROVIDE PAIN MANAGEMENT \$138.00 (Express 5pm to 7pm)



LTP FIRST AID SERVICES First Aid Consultants



Training and Assessment is done on behalf of ABC First Aid RTO3399

Bookings Essential

www.abcfirstaid.com.au/abc-courses/

Further Information: 0421 578 898

## UPPER PLENTY MERRI CATCHMENTS LANDCARE GROUP



# **National Tree Day**

Join Landcare and Community members for a community tree planting event in Upper Plenty.

Date: Saturday 29th July

Time: 10am -12pm

Location: 5 Cleves Road South, Upper Plenty

Address link: https://goo.gl/maps/5ckLd1ND2H4yaShU9

Morning tea provided.

RSVP by the 26<sup>th</sup> July

Contact Chris Cobern 0413 855 490 or email: <u>chriscobern@mcmc.org.au</u>

You can also register at our official NTD site:

https://treeday.planetark.org/site/10027728

COVID-Safe Rules:

<u>Do not attend</u> the activity if you are unwell with cold/flu symptoms. <u>Do not attend</u> if you have been in contact with someone who has tested positive to COVID-19 in the last 7 days.

### WANDONG TENNIS CLUB Email:

wandongtennisclub@hotmail.com or text Lisa on 0407 112 880.

Information is posted on our Facebook page.

www.facebook.com/wandongtennis

Congratulations to our section 1 singles team who won the grand final in the MDTA autumn season. Well done to Sean Dennis and Riley Roberts. Absent Kene Onwukwe



Congratulations to our section 2 Blue Tuesday night team on winning the grand final in the MDTA autumn season Well done to Andrew Brooks Lisa Kelly

Well done to Andrew Brooks Lisa Kelly Sean Dennis Brad Wolfe Absent John Dennis





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## Bendigo Bank

Your community shares in the bank

\$

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o Bank

Community Bank Wallan, Kilmore and Broadford



## WANDONG JUNIOR FOOTBALL CLUB

Please contact the Club via email wandongjfc@gmail.com for further information. Or, search our face book page or Team App page by typing "Team App Wandong Warriors".

### TRAINING

We are training Tuesdays and Thursdays 4:30-5:30pm Stay tuned with FaceBook and TeamApp to find out more.

Congratulations to our under 12's vice captain Ethan Butterworth who played his 50th game today for the Warriors against Yea. A nice touch considering his dad Stu played his senior footy for Yea. Ethan is another one of our 12's who has reached the milestone very quickly as he consistently plays up a grade in the 14's. One of our most skilful players in the 12's Ethan has a brilliant goal sense and loves nothing more than kicking a goal. Ethan booted 9 goals as he and his team mates ran riot against Yea winning by plenty.





### **Concrete Path**

A massive thank you to Grant Horton and Jo Pascoe from GMH PAVING. Better known as our 12's coach, team manager & the Warriors shorts sponsor they have come to the rescue and concreted the always wet and muddy path from the Pavilion to the oval. It was a much needed upgrade to the reserve that all the community will benefit from. No more dodging puddles when walking to the change rooms.

Thanks also to Jimmy and Beth Snap from Snap Civil who loaned out his machinery to help with the job.

CANTEEN: As always thank you to the Kilroy family and their crew for their work in the canteen.





# WANDONG Netball club



### PLAY 4 BCNA

On the 17<sup>th</sup> of June the Club hosted our **PINK DAY** to help raise funds for the Breast Cancer Network Australia.

We are proud to announce that we raised a total of \$1821.12 in just one day!

A huge thank you to everyone who helped make the day a success. We had volunteers behind the BBQ, on the bake sale table, decorating the venue, wrapping prizes, painting faces and adding colour to hair. Each of you helped make this day so much fun. A special thank you to everyone who spent time baking goods for the day as well as to our incredible local businesses who together, donated over \$800 in prizes for the raffle.

We were lucky enough to welcome Club Co-Founder, Maureen Delaney who was presented with a lifetime achievement award and drew the raffle as our honoured guest.

### A special thank you to the following businesses for their overwhelming generosity.

Wandong IGA C Dundee's Fish'n Chips C Crimp Hair Salon
 Wandong Post News & Tatts Wandong Collective Wandong Pharmacy
 Crumbs and Co. Magpie & Stump Hotel C Breanon Brunning - Arbonne Consultant
 Jess Pendlebury - Bloom Fitness and Nutrition Coaching C Club Mandalay
 Bella – Carnival Queens Wallan Vanessa Bate - Tupperware Consultant



### Pictured (Top Left to Right)

Hunter, Dylan, Katelin, Lacey, Bridgett, Chloe, Amelia, Maureen Delaney (Club Co-Founder)Tyler, Georgia, Lucas, Jayde, Amy, Gabrielle, Abby, Isabelle, Jaclyn, Tyson & Nathan

### Pictured Bottom Left

Under 11 White Team

Lilly, Zoe, Annabelle, Isla, Madison, Natalie, Dylan & Tyler

### **Pictured Bottom Right**

Under 13 White & Green Teams

Miley, Isabelle, Gabrielle, Danika, Ruby, Amy, Lucas, Tyson, Abby, Abby, Abbey, Mia, Abbie & Heidi.

### Train Like A Vixen - Clinic sponsored by GMH Paving & Fit For Change Business Consulting

While its almost every Netballers dream to one day become a Melbourne Vixens player, some of our teams came a close second and attended the Train Like A Vixens Clinic, at the State Netball Centre.

Players from the Under 9's, Under 11's and Under 13's sides even got to meet one of their idols, Rahni Samason, Melbourne Vixens Goal Shooter, who happily shared the story of her netball journey and signed t-shirts and posters.

The teams were put through their paces running drills through 10 rotations over 6 hours, finishing the day with a round robin style tournament against 4 other teams.

We could not be prouder of the way the players conducted themselves and represented the club. We are looking forward to seeing their new found skills when they take to the courts after the school holiday break.

Wandong Netball Under 9, 11 & 13s players with Melbourne Vixen super star Rahni Samason.



### **SPONSORS**

Wandong Netball Club wishes to express our appreciation to G-man Security and Wandong Self Storage for their generous sponsorship of our Under 16 Green team and the Under 13 Green team respectively for the 2023 season.

# G-man Security

Wandong Netball Club would like to extend our sincere thanks to **G-Man Security** for their generous sponsorship of our Under 16's Green team for the 2023 season.

Your invaluable support plays a significant role in helping our team and the entire club strive for success in the upcoming season.

We'd also like to acknowledge the Downey family, who are the dedicated individuals behind G'Man Security.

A special shoutout goes to Kate and Emma, who actively play for the club.

Thank you, G'Man Security, for investing in our young athletes and contributing to the growth and development of Wandong Netball Club. We look forward to a successful season together!

Wandong Netball Club is delighted to express our gratitude to **Wandong Self Storage** for their generous sponsorship of our Under 13 Green team during the 2023 season.

This essential support plays a significant role in the success of our team and the entire throughout the season.

We'd like to acknowledge Bec & Jason, the dedicated individuals behind Wandong Self Storage, and give a special shout-out to Isabelle, an enthusiastic player at the club, and Lincoln who is always helping out.

Our heartfelt thanks to Wandong Self Storage for backing our young athletes and helping to foster the development and progress of Wandong Netball Club. We look forward to a victorious season together!





The L.B.Davern Reserve is open to all our community, so please come down and enjoy this great facility, join the various clubs, just walk through along the Say G-Day trail, take the kids down to play on the play equipment or just play and exercise on the oval. We are now Mid-winter with the cold wet conditions be cautious of the wet trails throughout the reserve and be aware the creek can flood at any time. Don't let the cold and wet weather stop you from coming down to the Reserve to enjoy what there is to offer.

It's good to see the Reserve full of life with our community back in supporting their groups and other activities enjoyed by those who participate. Walking the dogs, kids in the playground, individuals/groups doing fitness workouts, mums with the kids in the pram, riding bikes, playing football, passing shots in netball, shooting hoops at the basketball ring, riding horses, training dogs to behave, Wandong primary doing sporting activities on the oval, Wallan basketball in the stadium



Continued developments at the Reserve will complement our sport groups and community. We are very lucky to have a Reserve that has character and bush ambiance atmosphere that complements our communities. **Projects Announcements**:

### Funding Announcement for the Oval Drainage Upgrade 2023:

Minister for Community Sport Ros Spence attended L.B.Davern Reserve in Wandong, and home to the Wandong Junior Football Club, and announced the successful funding agreement. This successful funding agreement is part of the Country Football Netball Program. State Government will be contributing \$195,000 to the \$260,000 LB Davern Drainage Upgrade project with Council contributing the remaining \$65,000. The project will see the installation of lateral drainage to eliminate the current ponding/flooding of water in key sections of the oval and a reshape of both goal square areas. This project is a part of continued developments at the Reserve which will complement our sporting groups, Wandong Junior Football, our community, Wandong Primary School, Wandong Preschool and other groups outside our community.



Minister for Community Sport - Ros Spence with member for Yan Yean Lauren Kathage, Mitchell Shire Council Mayor Fiona Stevens and Councillors, L.B.Davern Reserve committee and volunteers at L.B.Davern Reserve for the announcement.

Project to commence from September - to be confirmed

**BELOW:** This project will eliminate this type of problem around the oval.

If anybody in our community would like to share any photos of history of L.B Davern Reserve for us to share in What's News please send to kooraw@bigpond.com





### **CONTINUED FROM PAGE 18**



### The Community Centre Refurbishment is currently out to tender.

The Redevelopment of the Community centre at the Reserve is out to tender for the appointment of the construction contractor. Due to the project, the Reserve committee will not be taking any bookings for the centre from August onwards. Completion of project is still to be confirmed once the tender process has been confirmed.



Photo around 2000 Community Centre How things have changed in over 20 years

**Right and Below:** 

Our early Sporting heroes at L.B.Davern Reserve remembered for the work they have done.



Contact our booking officer Darlene Gunter 0418 312 762. Get in quick as bookings are coming in fast.

For all L.B.Davern Reserve Bookings to either:

**-Oval Bookings, Stadium bookings and enquiries** Mitchell Shire Council Recreation and Open Space unit ph. 5734 6200.

-Community Centre and Sports Pavilion contact: Darlene Gunter Booking Officer for the WHJSCC on 0418 312 762







2023



To our community, we need your help; We need to catch any persons vandalizing our Reserve!!!! If Residents notice anything out of the ordinary please contact the police on 000 It is in our community interest that we all keep our Reserve safe for all to use!!



Rob Telfer President, Davern Reserve Committee 12 Dry Creek Cres, P.O.Box 303, Wandong 3758 Mobile 0408 393 250 Lauren Kathage MP Labor Member 🖙 Yan Yean

For help with State Government issues such as housing, roads, transport or education, please phone my office on **9432 9782**.

Ø 3/14 Yan Yean Rd, Diamond Creek VIC 3089
 Iauren.kathage@parliament.vic.gov.au
 03 9432 9782





#### THE COMBINED PROBUS CLUB OF WHITTLESEA INC. REGISTERED # A0041714F Established 2001 MEDIA INFORMATION

MICHAEL B HALLEY PUBLICITY OFFICER

#### All that glisters...

The saying **all that glisters...** is not as old as the Gold it addresses, but has been mentioned by many for millennia. It was probably in ancient Egypt that gold became part of everyday life. In the 21<sup>st</sup> century gold is still omnipresent in all societies, and is a universal source and mark of wealth. It is regarded as a safeguard against paper currency.

At the July meeting of the Combined Probus Club of Whittlesea we got "down and dirty" when the guest presenters gave an exhilarating address about prospecting.

Mike Phillips is the President of the Prospectors and Miners Association of Victoria [PMAV] co-opted David Kleesh a local from Eden park, [whose parents Ken and Audrey were members of Whittlesea Probus] to assist with the discourse of information.

Established in 1980, PMAV is a voluntary body created to protect the rights and opportunities of those who wish to prospect, fossick or mine in the State of Victoria. It was formed in 1980, when goldfields and public land were under threat from being locked away. At its inaugural meeting in Castlemaine, over 900 prospectors turned up to show their support. Today there are eight [8] branches across the state but the threat to access sites are still an issue. This is particularly evident in National Parks where the environmentalists have the "ear of Government" and have undue influence.

Mike Phillips showed and explained the history of metal detectors that arrived in Western Australia in the late 1970s. Then they cost about AU\$800.00 and penetrated about 8 inches into the ground. Today the latest penetrates more than a metre but cost upwards of ten thousand dollars.

To legally prospect in Victoria, and attain possession of found gold you must have Miners Right that allows access to Crown Land and private land [with the owner's permission], but you can prospect for relics without the Miners Right. There are proven cases where gold found without the finder having a Miners Right has been deemed to be the property of the land owner. Items other than gold that have, intrinsic value need to be treated as Lost Property and handed into the Police.

An audience question was the introduction for David Kleesh to front the podium and continue the session. The question was "is there any gold around Whittlesea?" The first gold finds in Victoria in 1848 were alluvial nuggets in the Plenty River Gorge, and there is still some evidence of the early searches particularly location names along the river. [E.g. Smugglers Gully]. It leads further, as David explained how he searched for relics on the site of one of the five racecourses that operated in the region up until about 1900.

David determined that the current land holders had more than a hundred year's continuous possession and were aware of the racecourse remnants. It had operated from 1875 until 1900! He set out to find his "holy grail" a gold sovereign. After much anguish he located the site of the grandstand and found several relics and coins. Eureka!

There one morning he found an 1899 sovereign, which added value to his treasure-trove of an 1870 half-penny and an English penny. The owner let him keep the sovereign.

Up until the last quarter of the nineteenth century all Gold was the possession of the Crown and was taken into Government control. But what was not sent home to Mother England was used to develop cities like Bendigo and Ballarat. Chinese miners did not accept the ownership and found ways to send the booty to China. Repatriated deceased miners were allegedly found to arrive in better condition if they had some gold implanted.

The value of gold until 1930 was generally the equivalent of a week's wages, but it was gradually deregulated and in 1980 boomed. The then US\$300.00 an ounce bounced up to US\$800.00 and has remained high since. [As this is being written the price is US\$1890.00] Modern technology has increased the value of gold as it is being used in solar panels and other high teck items like computers and phones.

The meeting could have gone on for a lot longer but time ran out for the formal presentation. David and Mike were surrounded by members wanting to look at the machinery and publications and ask personal questions. Whether gold fever will come to Whittlesea is for the future, but those who attentively listened to the knowledgeable prospectors will recall snippets in the time ahead.

As society values change simple recreations such as prospecting and small time mining will come under much scrutiny. Ideology often loses the crux of the matter. Recent analysis tends to suggest it is a 'coherent system of ideas' that



relies on a few basic assumptions about reality that may or may not have any factual basis. Based on the reason for the formation of the Prospectors and Miners Association of Victoria and current actions about National Parks it seems that a basic human right to seek and find could be something that our descendants may lose.

Written by Michael Halley

Contacts at the Club:

Glenda Vincent is Membership 0431 517 008 Cheryl Manicolo is Secretary 03 9715 1420 Email whittleseaprobus@hotmail.com We understand that retirement means you finally get to focus on living.... save yourself time and stress

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- Do you regularly look after a family member or friend who is ill or has a disability?
- Do your caring responsibilities affect your ability to work, study or socialise?
- Are you looking for some support to make your life easier?

If you answered yes to any of these questions then the Carer Gateway can help you. When you are a carer, it's important to take time for yourself to rest and recharge.

Carer Gateway is the Australian Governments national carer hub providing reliable services, supports and advice specifically for carers.

Services and supports include carer support & planning, counselling, In Person Peer Support, carer coaching, carer skills courses, and access to emergency & planned respite.

Carer Gateway is the best place to start to help you navigate the many services and supports available for carers through Federal, State and local government and non-government providers.

Each caring situation is unique and we encourage you to reach out to the Carer Gateway to help you get the support and skills you need for your caring journey.

Carer Gateway offers a national website at www.carergateway.gov.au or you can phone 1800 422 737. Familycare Shepparton are the local provider of Carer Gateway services. I would be pleased to speak with any community groups and can be contacted via email jwatts@familycare.net.au or by calling 5823 7081 for more information.

Kind Regards

Jason

## WANDONG PUBLIC HALL

Our regular user groups are always keen to have more people come along they are listed below:

- Dance classes for pre-schoolers Tuesday and Thursday mornings during term time. **Contact Claire Bennett** 0420 418 425
- The Craft group attend every Monday, it's an informal group, bring along some lunch, and
- something to do if you feel like it.. There is always someone on hand to help with crafty questions in the group and this has been our longest running group.
- The Lightwood Flats book club meet monthly contact is Christine Cram Ph: 0458 238 270 Wandong Country Knitters also meet monthly, contact is Coralee Souter. Ph: 0479 163 548
- Wandong Heathcote Junction Community Group hold a monthly meeting Ph: 0413 832 411
- Wandong History Group Monthly meeting Karen Christensen Ph: 0432 120 736

The hall is available for hire phone Christine for bookings on 0448604770.

Christine has an answering service so please leave a message if she cannot answer the phone, she will respond promptly.

## **SUDOKU**

### Answers on page 26

Place the numbers 1-9 only once in each row, column & 3x3 block

		6						1
	7			6			5	
8			1		3	2		
		5		4		8		
	4		7		2		9	
		8		1		7		
		1	2		5			3
	6			7			8	
2						4		

## THIS MONTHS OUIZ

Answer appears on Page 26 but no cheating!

- The 7.9m high Golden Gumboot is in 1. which town?
- Who won an Oscar for Best Actor for his 2. role in Shine?
- In what year were the Melbourne Olympic 3. games held?
- In what country is Mount Cook? 4.
- In what country is the Mull of Kintvre? 5.
- 6. Which Queensland town is named after a year?
- 7. Which country has the most aircraft carriers?
- How long did it take for Titanic to sink? 8.
- 9. Who was the first explorer to discover Australia?
- 10. How many continents are there?
- Bali is part of what country? 11.
- What city is the capital if Canada? 12.
- What is the biggest bay in Australia? 13. 14.
- How many centimetres in a metre?
- What year was the internet invented? 15.

## **Kilmore/Wallan RSL Sub Branch**

meets the last Thursday night of the month and open every Wednesday 10am -12pm at Kilmore Memorial Hall

Contact Rod Dally 0417 522 835 We have Pension and Welfare Officers to help veterans in the area.

## MITCHELL SHIRE COUNCIL



## How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

### Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthy radio shows

Or, contact Mitchell Shire Council on 5734 6200.

## Justice of the Peace for Victoria

## Sue Marstaeller

Mobile: 0438 871 520

Sue is available to sign documents. Phone for appointment.

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## **Clonbinane Rural Fire Brigade**



### **Brigade Activities**

Ten Clonbinane brigade members were recently awarded the National Emergency Medal for their work during the Black Summer fires 2019/2022.

The brigade had a big turnout for the Annual General Meeting. Following the elections on the day, there have been several changes to roles and positions in the brigade and the Brigade Management Team.

The brigade members have been busy with fund raising activities with a sausage sizzle at Bunnings, Trackside raffles and marshalling at the Broadford motorcycle track.

### Incidents

2 x structure fire 1x alarm response

6 x motor vehicle incidents

### Safe Winter Driving

With the brigade attending several motor vehicle incidents last month, it is a timely reminder of the need for safe winter driving.

Our district roads are particularly dangerous now with wet roads that need repair. Frosty mornings are more likely and cold nights that bring black ice to the roads. There is also plenty of debris that is washed across the roads in places including mud from road works.

Wildlife crossing especially roos, wombats and deer are the hazards of country living and driving; there is particularly a higher likelihood of a collision with deer as the number of these ferals is greatly increasing. Some of these beasts are huge and with that comes the risk of vehicle right-off and injury. With recent heavy rainfall at times, some roads have potholes. Be wary after heavy rain that mud, and stone may have been washed onto the road from poorly maintained driveways. One section of road that comes to mind and is on the Wandong-Broadford Road between Wandong and Clonbinane Road as well as Spur Road.

Be wary of school bus times. Narrow sections like the Spur Road hill require you to keep hard left. Buses and fire trucks also use the sharp Ryans Road right-angle corner at the top of Waterford Park. Slow down and be prepared to stop to give way to heavy vehicles.

Always allow extra time if you need to get to Wandong to catch a train or if you are dropping the kids off at school. Rushing on our roads is a recipe for disaster, you gain little time by speeding. Drive to the road conditions rather than the specified speed limit. Many of our roads now have reduced speed limits due to increased traffic and heavy vehicle use.

Particularly dangerous locations for wildlife crossing are Saunders Road towards Kilmore and Spur Road between the Sunday Creek and Ryans Road. Not only does hitting a roo or wombat damage your vehicle, but it also puts you at risk of being seriously injured. Not to mention the suffering the animals receive. The only way to reduce the risk is to reduce your speed in these areas. After sunset, a maximum speed of 60 KPH is recommended on these roads. A lower speed gives you the stopping distance that you might require. Brake heavily if you are approaching an animal on the road, do not try to swerve as the risk of loss of control has a higher consequence. Also, keep in mind that kangaroos are mob animals, so lookout for the others that follow the first roo that ventures out.

The use of cruise control in wet conditions is dangerous. A particularly dangerous spot is on the Hume Freeway between Clonbinane and Wandong. We receive many reports of cars rolled or off the road because the car has lost traction whilst the cruise control is engaged in wet or icy conditions. By the time the driver reacts to deactivate the cruise control or brake, it is too late.

Please contact the brigade if you require any information or check out the CFA website www.cfa.vic.gov.au

The brigade normally meets for training each Sunday at 10am at the Ryans Road fire station. Cheers and drive safely Tom Snaith (Captain)





Never swerve to avoid wildlife on the road. You risk rolling your vehicle, hitting a tree or colliding with oncoming traffic



## Whittlesea Community Network

92a Church Street Whittlesea 3757 Ph: 03 9716 3361 Fax: 03 9716 3816 Email wchi@whittleseach.com.au



We are ready to hit the ground running as soon as Term 3 starts! The House will re-open after the school holidays on Monday 11<sup>th</sup> July. The Semester 2 Brochure is out now and you can grab a copy at the house or you can download it or book into sessions directly from our website <u>www.wchi.com.au</u>

We know times are tough, don't forget that there is help at hand in your local community. Our community pantry is accessible 7 days a week and after hours and is located out the front of the House at 92A Church St. We can assist you with free pet food if you stop by the office during office hours Monday – Thursday 10am – 3pm. We are still assisting with Power Saving Bonuses so if you are yet to apply for your \$250 come and see us with your <u>complete and current</u> electricity account and your banking details (BSB and account) and we will get it sorted for you.

### **Community Meals**

**<u>Big Blokes Brunch</u>** continues at the Whittlesea Community Activity Centre on Tuesdays! Join the blokes for brunch each week:

Tuesdays 11.00am - Noon \$2.00 per person

<u>Ladies Lunch</u> -join the ladies who lunch each fortnight at the Whittlesea Community Activity Centre Thursday 13<sup>th</sup> July 11:30am – 1.00pm

Thursday 27<sup>th</sup> July 11.30am – 1.00pm \$2.00 per person

**Textile Tuesdays starts in July!** 

Don't throw out your old and unworn clothing, convert it to completely new outfits! The team from Boomerang Bags are getting ready to teach the basics of sewing, assist those of you who are able to sew but could use some help and show you how to keep clothing out of landfill! This program is supported by the City of Whittlesea.

2<sup>nd</sup> Tuesday of each month (11th July, 8th Aug, 12th Sep, 10th Oct, 14th Nov, 12th Dec) 1.00pm – 4.00pm Whittlesea Community Activity Centre, Laurel Street, Whittlesea

Starry Starry Night - Beginners Star Gazing Workshop Series

Local expert Steve Fleming will host this FREE workshop series starting in August! This is an all ages program (children under 15 must be accompanied by an adult), don't forget to dress warmly! Tuesdays 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> August and 5<sup>th</sup> September 7.00pm – 8.30pm

Whittlesea Community Activity Centre, Laurel Street, Whittlesea

Welding for Beginners

Places are filling up fast but there is still time to secure your spot in our next welding class. Learn skills including, TIG, MIG, ARC and sheet metal riveting.

Wednesdays for 7 weeks commencing 4<sup>th</sup> October \$130 per person BYO work boots.

<u>Tax Help</u>

Do you need help with your tax return? This Free service is provided at the house for low income earners with a My Gov account linked to the ATO. (we can help with that too)

Friday July 14<sup>th</sup> 10am – 12 noon

Friday July 28<sup>th</sup>10am – 12 noon

\*Sessions also available in August and September

**Boat Licence** 

Saturday 15<sup>th</sup> July 9am – 1pm OR 1pm – 5pm \$130 per person

Students from 12 years+ (students under 16 years are not eligible for PWC endorsement)

<u>Fix It Friday</u>

Fix it Friday returns in July! Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre!

Meet experts from Whittlesea Community Connections, Social Worker, Expresso Legal, Uniting Financial Counselling, NDIS, Centrelink and Lift (Mental Health Program), Victoria Police, My Aged Care, No Interest Loan Scheme and heaps more!

Call 9716 3361 to register in advance, it's FREE

Friday 28th July 10am - 1.00pm

Feel free to pop in and visit us soon, we would love to see you, office hours are Monday – Thursday 10am – 3pm or you can call us on 9716 3361.

## MITCHELL AGILITY DOG CLUB (MAD)

MAD is a public dog training club operating in the Mitchell shire.

MAD offers weekly dog training classes yearround for a single membership fee (about \$60 per calender year) plus a \$2 fee per class.

When time and trainers permit we also offer other dogs sports opportunities to our members including Rally, Tracking, and tricks.

All new members to our club start in our FOUNDATION Class.

This class is offered weekly and there is no minimum or maximum amount of time members spend in this class.

This class has a fluid syllabus so exercises are regularly switched up or swapped out to keep it fresh and continue developing new skills.

In this level we focus on teaching good training practices; this includes

deciding what behaviours we want to teach and breaking the behaviour into small achievable steps towards the goal.

We go over how we can shape, lure or capture these behaviours depending on the dog and skill.

How we can mark them (let the dog know when they are doing what we want) and reward the dog effectively in a way that reinforces the correct behaviour.



In this level we also build the dog's engagement and focus in training (not all dogs can concentrate for a full hour straight away in a group setting) as well as their motivation, body awareness and confidence.

Some of the specific behaviours we cover in this level include:

- Offering eye contact and connecting with the owner.
- Basic obedience behaviours Sit, drop, stay, recall.

• Lifestyle skills such as resting on a mat calmly (great for cafes!), walking on a loose leash, passing or ignoring other dogs.

Stretching and strengthening exercises

• Proprioception (body awareness) and confidence in novel items (eg wobble boards, going through tunnels or stepping between the rungs of a ladder, going over a seesaw or dog walk,

stepping up or in boxes)

Tricks! Including; Spin, go around a cone, perch on a pedestal, jump through a hoop, straddle and weaving through legs.

Once members are ready to move up they then begin developing more specific skills in the area's that interest them.

Typically this is advancing in Obedience (including Rally) or Agility.

Obedience helps members to train their dogs as well-adjusted, controllable companions.

It helps build reliability even with distance and distractions and mentally gives your dog a work out while building your bond together.

Obedience works on set exercises that are done in close proximity to the handler and builds in precision and complexity.

Agility training compliments obedience training in building a working relationship between dog and handler. It is a fast and active sport and requires a happy and motivated pairing of dog and handler.



Some member's may pursue trials and titling in these sports, others will use it to enrich the lives of their canine companion and improve their home life,

some may use it to maintain their dog and their own health, fitness and well-being,

others enjoy the social aspects of the club and the enjoyment of being around other dog enthusiasts.

AT the moment the Club does set intake days regularly throughout the year.

If you are interested head down to the back oval(behind the stadium) of LB Davern reserve in Wandong between 9-10am on that day.



We will be doing intro sessions one-on-one and manning admin the whole time so arrival is flexible in that time frame.

If after this session you would like to become a club member we will have membership forms available at the desk and can accept card, bank transfer or cash payments for membership fees. Bring:

- Yourself,
- Your dog (\*\*on collar and lead\*\*),
- A copy of your dog's vaccination record (a photo is sufficient)
- Plenty of dog treats
- → we suggest about 2 cups worth for a medium/large dog and a mix of low value (eg. kibble, diced vegetable) and high value (eg. diced prime 100 roll, cooked chicken)
- ➔ If your dog likes toys you can bring this down as well as an alternative reward

# Mitchell Agility Dog Club New Member intake 16<sup>th</sup> July 2023



Looking for something to do with your dog??

## Interested in Dog sports, Training or just socializing? Come along Sunday 16<sup>th</sup> July 2023 for our next new member day!

Classes held at LB Davern Reserve in Wandong. Bring yourself, your dog\*, a copy or photo of your dog's current vaccination and plenty of treats. Arrive between 9-10am.

For more info follow us on Facebook or email

mitchellagilitydogclub2016@hotmail.com

\*Dogs must be on-leash including arriving and exiting the grounds.

\*\*After this intake our next new member day will be 1st October 2023\*\*



## **Digital Wallets**

A digital wallet can be a faster, easier, and more convenient payment option over swiping plastic cards.

You may be surprised to hear that it may be safer to shop with a digital wallet for many transactions. A digital wallet is an app that stores your credit, debit, and gift card information so that you can make purchases with your mobile device. Apps like Google Pay or Apple Pay can be used on phones and smart watches.



Digital wallets use multiple layers of security to keep your financial data and personal information safe. They use encryption technology to scramble the financial and password information of users. Some organisations use twofactor authentication, biometric authentication and fraud monitoring to help prevent or detect fraudulent activity. Digital wallets are inherently safe, but there are extra precautions you can take. Here are some tips we have come across:

- Lock you phone and wallet app with separate codes;
- Use stronger passwords;
- Be discreet when unlocking devices prying eyes can undo your security measures;
- Monitor your accounts for any fraudulent transactions;
- Consider storing extra security apps on your smart phone some apps can help you locate your phone, restrict access or wipe sensitive information from your smart phone; and
- Using a UV pen, mark your mobile with a 'V' (for Victoria) + your licence number; and

#### **Two-factor Authentication**

Two-factor Authentication (2FA) is a specific type of multi-factor authentication (MFA). When you receive an authentication code by SMS text message after entering your password to log into an online account it is an example of 2FA. 2FA requires two separate, distinct forms or identification in order to access something.

2FA utilises your PIN number or password plus a time sensitive token or passcodes, which is messaged to you as an SMS code, and you enter as required to authorise the transaction. Having an extra step can be inconvenient at first, but it can also protect against phishing, social engineering and password brute-force attacks and secures your logins from attackers exploiting weak or stolen credentials.

#### **Disadvantages of Digital Wallets**

- · Your digital wallet may not be accepted or compatible everywhere. Not all businesses and online merchants accept all digital wallet payments;
- Hackers can hijack the payment when being transmitted if NO security measures are used;
- Your sensitive information may be exposed if using public wi-fi connections; and
- Security of digital wallets can be compromised if the software is not kept up-to-date.

#### Hotlines:

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131 444 Police Assistance Line Crime Stoppers

1800 333 000

### Online Reporting: https://www.police.vic.gov.au/palolr

For more information visit:

https://sites.google.com/view/south-mitchell-nhw/home

www.facebook.com/southmitchell.nhw.inc

email: newsletters.smnhw@gmail.com

## Challenge Your Dog...!!!

In previous editions I have written about how Exercise will help with your dog's behaviour. So here as a reminder, consider how exercise will allow your dog to burn off nervous energy and hence encourages relaxation, the dog can then think about how to respond to many different situations.

We must also think of exercise being both physical and mental. We need to make sure that we offer varied activities to meet the needs of your dog. This is not hard to do. Remember the objective is to ensure that three times a week we 'Challenge' the dog.

So your dog's routine - think outside the box and find what works for you... Challenge ideas below:

#### 1. Walk/Play in Different Spaces - Challenge helps burn dog's energy.

Even walking your dog on a different route to normal, will have him stop and think what is going on... There are different dogs to encounter plus new people on this route. Having the chance to absorb this new information is thru smell, and smell is the keyboard to the brain. He doesn't have to stop at EVERY bush to sniff and pee but just ensure he has the chance to stop occasionally and have a deep sniff and to think !....

A new park is a minefield of new smells for him to process, especially when there is a dam/creek as water which is always a rich source of information.

#### 2. Interacting with Strangers - Challenge your dog's social skills.

Perhaps the biggest way to build your dogs socialisation is to have contact with many different dogs. He has to learn to adapt to the many different dog personalities that he encounters. This is not always easy to do as often in a public environment many people have poor dog skills and hence their dogs might have lousy social skills. So we need to take care how we handle this when out in the public. Dog Parks can be fantastic for dogs, the trouble is that the humans usually create the most problems... (will publish an article about dog parks next time). But even going to the outside of the off leash park and letting your dog just sniff and talk thru the fence will help your dog learn.

Perhaps the easy way for most families is to take your dog on play dates, just like people do with their human kids ... Visit friends who have relaxed dogs and encourage them to bring their dogs over... Once dogs get to know each other they will really enjoy having a catch up. This does not mean they have to 'play' it is just as much about learning how to hang out with other "four legged dudes".

#### 3. Vary Activities - Challenge dog with new ideas

as well.

This will burn off your dog energy very quickly. New ideas require a load of brainpower and also build your dog's physical co-ordination to strengthen his muscles. We like to challenge dog to balance and climb and incorporate these into our training. Dogs love to have a job and we love to have a dog who is happy to work under distractions, so really this works for everyone. When you go for a walk or down at a park, then every fallen log is part of the playground. This can be climbed, jumped, walked along, sit up on.... The same can be said for a picnic table in the park (as long as strange humans aren't using this!). If you are lucky enough to live near a creek or have access to a dam or beach then your dog will thank you for it. Swimming or wading in water is always good for the body and soul not just for dogs but us humans

Remember three times a week - Build the Challenges.

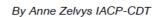
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