



ISSUE 326 WANDONG/HEATHCOTE JUNCTION MONTHLY NEWSLETTER : JUNE, 2023 ABN 17 022 858 565

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NIGHT FOOTBALL COMES TO WANDONG

Photo by Brooke Mendola



On Friday 19th May, the Wandong Warriors Junior Football Club hosted the Broadford Junior Football Club for a night game blockbuster at Davern Reserve, Wandong.

IF YOU MISS AN ISSUE OF "WHATS NEWS" go to website <www.wandong.vic.au/local-news/whats-news>

Wandong - Heathcote Junction - why would you live anywhere else. Until July 2023, Allen Hall (editor)

NEXT ISSUE DEADLINE: COPY & ADS 1 July 2023 DELIVERY from 13 July 2023

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WANDONG HISTORY GROUP



Welcome to winter, although May has been doing a pretty good imitation of winter this year. I can remember May school holidays when I was young as always being cold and wet.

We have finished the container and have erected a fence around it to protect it further.

Through the winter months we will be open by appointment, however if we are at the church anyone is welcome to drop in.

I attended a book launch for a book: **Hume and Hovell Expedition Termination**. This book by Lance Pritchard exposes the theory that the expedition terminated at Port Phillip rather than Corio Bay. We have the book in our library if anyone is interested.

On the Hume and Hovell anniversary we are no closer to a resolution from Heritage Victoria, they have indicated that they are not going to prioritise the investigation into the route so our hands are tied.

We have had several successful Bunnings sausage sizzles, these are great for fundraising for the group although it's a big day and we appreciate all the help we get. Dave does most of the organising for the day and carting all the gear to Craigieburn and back and it doesn't go unnoticed. Thanks Dave.

We continue with our work at the church and will soon make a plan for the History Month event.

Stay safe everyone

Karen

Wandonghistorygroup4@gmail.com

PH 0432120736



What's Happening

WANDONG OUTSIDE SCHOOL HOURS CARE



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0497 877 771

Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

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After School Care 3:30pm – 6:30pm

Pupil Free Day 6:30am – 6:30pm

Holiday Program 6:30am – 6:30pm

ANNIVERSARY CONGRATULATIONS

2 Jul Geoff & Liz Symons HJ
9 Jul Graeme & Marie Edwards HJ
12 Jul Doug & Helen Stewart B

GAZEBOS AND CHAIRS FOR HIRE

For your next function why not hire a gazebo and chairs from the Wandong – Heathcote Junction Community Group.

For hire are:
two 6m X 3m gazebos,
a 3m X 3m gazebo
8 wooden trestles
and 50 outdoor chairs.

Call David on mobile
0409 164 660
to arrange hire.



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COMMUNITY WEBSITES

www.wandong.vic.au
www.upperplenty.com

Mitchell Bushwalking Group

The group walks once a fortnight, with some evening walks during the summer months.

Please contact:

Mary 0428 479 469
or Wayne 0451 519 734
or email
mitchellwalksgroup@gmail.com

for more information



BIRTHDAY GREETINGS

We wish the following people a very happy birthday

15 Jun	Jenny Kelly	W
15 Jun	Peter Gough	HJ
15 Jun	Daniel O'Connor	HJ
16 Jun	Sandra O'Connor	HJ
16 Jun	Natasha Mitchell	HJ
17 Jun	Lindi Leddin	HJ
17 Jun	Phil Waite	W
18 Jun	Gary Watson	W
19 Jun	Luke Villanti	HJ
20 Jun	Chloe Belfiore	HJ
20 Jun	Carol Ryan	KE
23 Jun	Jordan Cole	B
24 Jun	James Dennis	HJ
25 Jun	Adrian McMahon	HJ
26 Jun	Debbie Hanson	W
26 Jun	Barry Kemp	W
26 Jun	Goran Coter	W
27 Jun	Melanie Spadafora	K
27 Jun	Shae Chisholm	HJ
27 Jun	Cathy Lancaster	W
27 Jun	Jazmin Wightman	W
29 Jun	Kevin Candy	W
2 Jul	Kristy Walsh	HJ
3 Jul	Adam Dennehy	HJ
3 Jul	Taylen Limbrick	B
3 Jul	Tyler Cole	B
4 Jul	Melissa Watson	W
5 Jul	Lyn Peachey	HJ
5 Jul	Nicholas McIntyre Ellis	W
5 Jul	Andrew Brown	UP
7 Jul	Grace Hannemann	W
8 Jul	Laurie Lancaster	W
8 Jul	Rosalie Dove	W
9 Jul	Grant Pearce	W
9 Jul	Kane Pearce	W
9 Jul	Elizabeth Humphries	W
9 Jul	Beth Guttererson	W
9 Jul	Rhonda Cole	B
10 Jul	John Dean	W
11 Jul	Haylee Dennehy	HJ
12 Jul	Rob Chisholm	HJ
12 Jul	Doug Stewart	B
13 Jul	Cindy Flannery	W
14 Jul	Ella Hall	W
15 Jul	Brad Dawson	HJ



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Remember
"Whats News" is also available on the website
<www.wandong.vic.au>

Wandong Playgroup

New members are welcome at playgroup.

You can start anytime of the year.

Come along and check it out.

The first session is free and
then it's \$5 per family
plus payment of Playgroup Victoria
membership to cover insurance.

Playgroup is for parents, guardians,
grandparents and careers and their
0-5 year old children.

Come and look!

Anytime is a good time to start.

Every Tuesday (during school terms)

9.30am till 11.30am

At Wandong Community Centre,

LB Davern Reserve

Dry Creek Cres, WANDONG

FOR FURTHER INFORMATION
ABOUT PLAYGROUP CONTACT:

Andrea 0413 212 946



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IS THIS ALL THERE IS?

A church in Victoria's north has this large sign in their front garden. 'IS THIS ALL THERE IS'. Our daily paper's headlines and news items may lead us to believe that this is what we are to expect in the future. It is quite reasonable then to ask IS THIS ALL THERE IS? things that we have come to expect and endure, a litany of unsatisfactory situations, people in power not living up to their promises, some young people appearing to have little or no respect for others or the law, changes to our everyday lifestyle with little or no discussion or community involvement!, financial difficulty, an increase in mental health problems, it's enough to cause many to feel overwhelmed, to become discouraged, not able to see much hope for their situation, it's no wonder we ask IS THIS ALL THERE IS?

Speaking to older people who have lived through a world war where just about everything was rationed or just not available, there were some values that existed then that is what we are missing now. We learnt to be patient, to accept our situation and compromise.

Times of difficulty appear to bring to the surface acts of kindness, sharing your good fortune with others, looking out for those who are enduring loss or going through hard times. We never had time to ask IS THIS ALL THERE IS?

Glanced through the newspapers for some inspiration but after a couple of pages I started to think IS THIS ALL THERE IS. (now grandpa must get serious) No folks THIS IS NOT ALL THERE IS, not by a long shot, I must have a quick look at the Bible for a minute and point out that this neglected series of books requires a closer look. A brief read revealed some promises that filled the void in my world indicating remarkable insight, promises of peace, not the peace that the world offers. How's that for a start? Offering help with important decisions, the Bible gives directions about family life, marriage, business management, alcoholism, stress and depression, pointing the way to love, patience and self-control. That will have to do for now. No folks! this is not all there is. What we read here is just the start of a victorious new beginning being offered, many will testify that their life pattern has changed amazingly after discovering that this is nowhere near all that life is about! Read about John Newton a foul-mouthed slave trader who recalled the things his mother had taught him from the Bible, he became a Christian and helped abolish slavery and went on to write a hymn that has been an inspiration to millions of people. Amazing grace how sweet the sound that saved a wretch like me! The Bible asks if God be for us who can be against us? Jesus said I go to prepare a place for you that where I am there you may be also!

These promises convince me that this is
DEFINITELY NOT ALL THERE IS!

A.G. enquirer.



LOCAL CHURCH NEWS

ST JOHN'S ANGLICAN CHURCH, WANDONG

WANDONG AVE, WANDONG
Enquires 9308 2452
Services: 8.30am
Ion 1st & 3rd Sundays
ALL WELCOME

Whittlesea Anglican Church

Serving Whittlesea, Upper Plenty.
& surrounding areas

Christ Church: 9 Wallan Road, Whittlesea.
Vicar: Rev Ruwan Palapathwala 9014 0696
Web Site: www.christchurchwhittlesea.org
Weddings/Baptisms by appointment
Sunday Services: 10.15am. Incl kids program

Services to the Community:

Whittlesea Opportunity Shop 7 Laurel St
9716 3144 Open M-F 10-4 Sat 9.30-12.30
Christ Church Craft Group
Friday 10-2, Church Hall BYO craft - any type
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Anglican Care: quality provider aged services
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— entrance on Willomavin Road

Enquiries to ;
Pastor Frantz Heinzelmann
Mobile: 0411 794 188
www.freedomcarechurch.org.au
All Welcome. Love to see you there



Wandong District Church

29 Wandong Ave,
Wandong

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Enquiries to:
Pastor Allan Laurens 5787 1020
Or David Moran 5787 1738



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The Kilmore & District Hospital



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MITCHELL SHIRE COUNCIL



How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

GARDEN SCENE WITH GAIL

Wacko, the shortest day of the year is in June plus it's our first month of Winter, but doesn't it feel as though we have already had a month of Winter, bitterly cold mornings and nights. Grass has slowed its growth and now that we have had frosts it probably won't resume growing until late Winter to early Spring so if you want to improve your grassed areas now is a good time to do it. Our area is predominantly made up of shaley clay and if we're lucky a good percentage of topsoil. Shaley clay responds well to applications of Gypsum, well-rotted cow manure and fine white sand. A top dress at this time of the year will really improve your soil structure and in turn the health of your grass and as Spring approaches you can weed and feed as well. While you're treating your lawn, it's a great time to plan out new garden beds or freshen up your garden by taking out any plants that haven't done well but may thrive in a different position. Always prepare the hole ready for the plant prior to removing it from its original position whether it be transplanting or planting up additions to the garden. Some Camellias are flowering and what a fantastic time to select new varieties for your garden. Such strong growing plants and basically disease free, fantastic as specimen plantings, topiary, hedging, our deciduous plants are starting their well-deserved sleep slowing their sap flow and nestling in for the colder months. This is a great time to check out your gardening gear, if you can keep all your tools in good order they will repay you with efficient cutting, digging etc. Winter gives us shorter days to carry out our chores, but the weather is conducive for the work we need to do. If you can't or don't want to get down to the weeds, turn the soil over lightly to expose the roots of the weeds, pour hot water over them or just leave them for a day or two and then apply mulch over the area. Using this procedure always keep the forking of soil shallow so you don't damage roots of the surrounding plants. Lots to do this month, get the holes ready for new plantings, about twice the width and depth and mix in well-rotted cow manure to enrich the soil and get the plants off to a great start. Our bulbs are sprouting through and will grow strong if you can liquid fertilise them weekly / fortnightly as they grow and keep them weed free to allow any sun and/or light into the plant to encourage as many flowers as possible. Allowing plenty of air and sun to our plants helps their growth. Pests have an uncanny way of finding shelter in sheltered areas of plants as in



clusters of leaves at the base of branches where they fork. You can find good examples of this happening in forms of Tea Tree where tiny pests create shelters that will keep not only the elements at bay but also birds that may fancy feasting on them. You may have noticed that if you haven't pruned a hedge regularly, when you do you can only prune about a third of the plant because there doesn't appear to be green growth any closer to the stem of the plant, that is because the air and light hasn't been able to get into the plant to encourage more growth. Lavender in particular will suffer if pruned back hard into the dead looking stems, it may not appreciate it and turn its toes up. Rule of thumb is prune back to growth but no more. This time of the year our wood fires are pumping along so when we clean them out keep the ash/coal for applications to our fruit trees in July and our roses, indeed any Spring flowering plants.

Have a wonderful June.

Bye for now!

Gail Mains Kendrick

(Your local Real Estate Agent)



WANDONG TENNIS CLUB

Email: wandongtennisclub@hotmail.com
or text Lisa on 0407 112 880.

Information is posted on our
Facebook page.

www.facebook.com/wandongtennis

Congratulations to our section 2 blue Tuesday night team and an our section 1 Thursday night singles team on making the grand final for our current Autumn competitions. Good Luck this week.

Our winter competition is well underway with all teams having some success.

Coaching is available at the club for all ages.

Please contact Karl on 0423 611 317 or kv.tennis@hotmail.com



THE MITCHELL SHIRE BUDGET IGNORES WANDONG/HEATHCOTE JUNCTION

Wandong Heathcote Junction residents will not get very excited about Mitchell Shires 2023/2024 budget. In fact they should be very disappointed. Of the \$850,000 for two Wandong projects (\$650,000 for community centre upgrades and \$200,000 for Davern Reserve oval drainage) in 2023/24 Mitchell Shire budgets \$260,000 with the remainder by Government grants. However the Government has now announced a grant of \$195,000 for the Davern Reserve oval drainage upgrade so maybe Mitchell Shire can now direct \$195,000 to other projects in Wandong that it continually neglects or ignores such as:

- We have long advocated for the large open drain along the west side of the Epping Kilmore Road at the Wandong bushfire memorial car park to be placed underground to enable easier use of the car park. The cable fencing along the roadside should be removed to enable angle parking from the road. This busy car park constantly needs repairs to fix huge holes that develop (see photo). The car park (or at least the entry) could have been sealed for the cost of the constant repairs. This is the busiest roadside toilet stop in Mitchell Shire and continues to be ignored.
- Wandong – Heathcote Junction has many footpaths that require maintenance, maintenance that would have been attended to by now if the paths were in Seymour or Broadford. The North Mountain Road spray sealed pathway is deteriorating badly, the Rail Street pathway has huge cracks in the concrete portion and deteriorating surface in the bitumen portion. Footpaths on Baden Drive and Kooralinga Drive have impassable sections due to water and/or mud.
- The WHJCG asked MSC to contribute half the cost of replacing the decayed wooden sculpture (see photo) in the Wandong Lions Park but this was declined.
- The WHJCG would like to build on Wandongs reputation as a train spotting town by introducing viewing platforms at such places as the top of the Wandong station ramp on Rail Street.



Despite espousing that “Council undertakes community consultation and project ideas” Mitchell Shire Council has not supported the many projects promoted by the WHJCG. These include replacing the decayed wooden sculptures, erecting the Wandong mural circa 1900 in preferred locations, moving and restoring a historic hut, fixing the Memorial Park car park and more.

Mitchell Shire initially ignored our requests to consult and get involved to support our concerns over the Inland Rail project and in particular the proposed changes to the rail bridge on the Wandong Broadford Road at Wandong. It appears earlier meetings between ARTC and MSC officers were held without our knowledge and involvement.

COME ON MITCHELL SHIRE COUNCIL - OUR RATEPAYERS DESERVE BETTER THAN THIS.



Wandong Primary School



Exciting Funding Announcement

The Victorian Government is investing record funding in our schools to make Victoria the Education State and give every student access a great local school and education. Our school has been allocated 10.1 million dollars in the 2023 State Budget to update and modernise the school, including new classrooms. We will work closely with the Victorian School Building Authority (VSBA) to deliver an outcome that will benefit the entire community. To prepare for the upgrade, we will complete an Asset Management Plan over the next 5 weeks. The AMP is a long-term document that helps to plan for a school's future. The plan identifies, organises and prioritises the building works required at a school – ensuring students have access to educational facilities that prepare them to thrive in the 21st century.

Inaugural Gratitude Week

At Wandong, we want our children to be excited about learning and about school. Teams are planning our inaugural Gratitude Week to occur in the last week of Term Two. All year levels will enjoy a day of respite from more academically focused learning and engage in fun wellbeing activities. This might include things like a dress-up day, class picnic, outdoor or board games, a movie or even a team scavenger hunt around the school!

Key Dates:

June:

- Thursday 15th – Out of Uniform Day – What I want to be when I grow up
- Monday 19th until Friday 23rd
NAIDOC Week
Gratitude Week
- Wednesday 21st – Three Way Conferences – Alternate Day
- Friday 23rd – Last Day of Term – 2:30pm dismissal
- Saturday 24th June until Friday 7th of July – School Holidays

July

- Monday 19th – Term Three Starts
- Friday 21st – Grade 5/6 Interschool Sports
- Friday 28th – Enrolment Applications Close



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MAKE A DIFFERENCE - BECOME A VOLUNTEER

If you are young, elderly, retired or working, please consider joining a community group and enjoy the rewards of volunteering. Join one of the community groups operating in Wandong Heathcote Junction.

Wandong Heathcote Junction Community Group Inc: Call 0413 832 411

Wandong Wallan Lions Club: Call 0418 142 172

Wandong History Group: Call 0432 120 736



THE COMBINED PROBUS CLUB OF WHITTLESEA INC.

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Established 2001

MEDIA INFORMATION

MICHAEL B HALLEY PUBLICITY OFFICER

Neighbourhood Policing

Victoria Police is a state-wide body of officers representing the civil authority of government. Members are responsible for maintaining public order and safety, enforcing the law, and preventing, detecting, and investigating criminal activities. Police Command have committed to Neighbourhood Policing and increase their focus on the issues that concern local communities.

The service is divided into local police service areas [PSA] of which there are fifty-four [54]. The Whittlesea PSA commences in the Epping/Mill Park suburbs and extends to the township of Whittlesea.

Leading Senior Constable Sandy O'Connor (pictured) is the Crime Prevention Officer for Whittlesea PSA and was the guest presenter at the Combined Probus Club of Whittlesea meeting on 5 March 2023 and gave the audience an overview of police activity specifically for the community.

A 32 year veteran of Victoria Police Sandy is familiar with the area had been stationed at Whittlesea in the past. She immediately put members at ease as she explained her function and the thrust to establish an environment that provides Confident Living for Older Victorians.

Explaining that perceptions determine most peoples' decisions she used catching a late night train as an example. Young people have no qualms about night travel, but older folks fear for their safety; yet train travel is safe as the Protective Service Officers maintain security, and also assist passengers after alighting at their destination.

But perceptions can be influenced by your financial and health standing and outside agencies. Media reports sensationalise crime related occurrences and give a perception that safety is compromised, when the real story is less traumatic.

Crime is opportunistic with three related things in combination, an offender, a victim or target and an occasion. A number of examples were given which gave much food for thought. Theft from motor vehicles is the most prevalent offence and Whittlesea PSA is ranked in the top ten!

As the cost of living becomes more expensive stealing a motorcar or even the number plates has advantages for criminals. A car with false number plates can go undetected for some time even with new technology available to police. Stealing petrol, avoiding toll road and parking charges and red-light camera detections benefit the thief and cause the original owner much grief proving innocence.

Cars are more often than not these days stolen after a home invasion, often "encouraged" by the home owner by leaving doors unlocked and keys in a common resting place. Citizens are encouraged to fit one-way screws to numberplates, remove valuables and lock the car, park off street or in a well-lighted area and remove garage remotes. Sandy explained that even few coins visible inside a car will encourage young offenders to break in and steal.

A gardening tip was given. Trim shrubs down and trees up in the front of the home up so there is a clear view from the street. Install security doors and lock them, utilise alarms. Cameras do not deter as can be seen daily on television shows such as Crime Stoppers, but alarms [as the name infers] do.

Hand out information sheets were left for members to read and absorb. These covered *preventing home burglaries* and *protecting yourself from online crime* the former of which can be read on the police website www.police.vic.gov.au/your-safety

Crime prevention is a communal effort with public participation at the forefront. One message that seems appropriate was "Make it look like someone is home when you are out or away".

A number of questions were answered directly by Leading Senior Constable O'Connor before a most enlightening and entertaining morning came to an end.

Written by Michael Halley



Contacts at the Club: Glenda Vincent is Membership 0431 517 008
Cheryl Manicolo is Secretary 03 9715 1420
Email whittleseaprobust@hotmail.com



PO Box 550, Kilmore 3764
President: Elaine De Gabrielle
Secretary: Mark Perrott
Contact: info@u3akilmoreanddistrict.com.au

The cold damp weather we have been experiencing as winter arrives is proving no deterrent to our U3A members, who are out and about enjoying the comprehensive activities on offer. There were a record 23 participants at indoor bowls last Wednesday. Engagement with community groups such as U3A helps to reduce the risk factors associated with social isolation as we get older and bowls are a great way to both socialise and to get some exercise.

The U3A garden club members enjoyed a day out at the botanical gardens followed by lunch near the lake. They also visited a very large garden in the Clonbinane area which was especially enjoyed by one intrepid member who got taken about on a quad bike. The Garden Group meet on the second Thursday of each month at 1pm behind the Kilmore Memorial Hall and visit a range of both public and private gardens. They also organise information sessions and swap plants and seeds.

The luncheon club continue to enjoy some great venues. The two latest outings were at the Whittlesea Bowls Club and the Kyneton RSL where some great food and exceptional service were well received by all those who attended. The convenors usually manage to negotiate some very affordable prices for a 2 course set lunch.

The yoga group Classes are on each Wednesday except school holidays. There are 2 classes, the first from 1.00 - 2.00pm, the second from 2.30 - 3.30pm and are generally held in the John Taylor Room at the Library in Kilmore, although a recent booking mix up saw them setup in Hudson Park. Fortunately it was a beautiful day. The U3A yoga class concentrates on gently stretching and relaxing tense muscles which can alleviate issues such as headaches and joint problems. There is also much fun and laughter to be had.

The ukulele class is progressing in leaps and bounds and we are developing a comprehensive collection of songs. We meet for a singalong each Wednesday afternoon at 1.30 and now that the Bendigo Bank grant is through, we have a couple of spare instruments so if you would like to have a go, contact Amanda on 0429 317 553.

U3A is open to anyone over 50 who are no longer working full time. Check out the website at <https://u3akilmoreanddistrict.com.au/> Email us on info@u3akilmoreanddistrict.com.au or write to PO Box 550, Kilmore, 3764 if you would like to meet new people and have a bit of fun. New members are always welcome.

Cheers, Amanda Oades

Kilmore Golf Club Inc.



Pennant results

Two of the three teams who played at Euroa in the Men's finals were successful. The weather was ideal and there were a lot of happy players from Kilmore. The Club is holding a special lunch for all Pennant players and supporters.

The Ladies Pennant team missed out on a place in the finals due to one team doing exceptionally well at the last round. For all teams there is always next year

The Mixed Foursomes rounds have been completed with Wicky Mc Dowell & Matt Murray winning the Handicap section and Helen Dennett & Jim Ioannidis successful in the Scratch section.

The winner of the John Carr Cup was Cyril Anderson and the finals of the Autumn Plate (men) and John Ryan Trophy (ladies) will be finalised next week.

Last week the Ladies catered for 40 players in Kilmore's Annual Gordan Howells Trophy open to all Ladies teams from Dalhousie District. Although a cold day players enjoyed the friendship and hot meal.

The sprinklers are being upgraded on the course and the aim is to install the same brand through-out the course so that monitoring and setting watering times become easier with the same equipment. This is an ongoing project and it is hoped that by the start of summer everything will be ready to go.

Competition numbers historically tend to be lower in the winter months due partly to the colder weather and holidays in warmer parts of the world.

However, winter does bring some pleasant days and a game of golf can blow the cobwebs away.

Upper Plenty Merri Catchments Landcare Group

is a new Landcare group for rural landowners in the Upper Plenty and Heathcote Junction areas. We provide support for land management issues such as weed, pest and erosion control. Also improving soil and biodiversity by providing advice, support, and grant funding.

We meet the third Wednesday of the month 6.30pm at "The Shack" 1240 Wallan road Upper Plenty 3756. Guest speakers every 2nd meet. All welcome.

See our facebook page: Upper Plenty Merri Catchments Landcare Group

Membership enquiries membership.upmclg@gmail.com or Chris Cobern 0413855490

We particularly need new members from the Heathcote Junction area. Our approximate borders are North Mountain road down to Janna road. To the west the border is Merri creek and to the east is Mount Disappointment State forest. Members don't need to live within the borders but our activities are largely in that area.



Wandong Fire Brigade



Deployment to Canada to assist with bushfires.

One of our Wandong volunteers, who also works for Forest Fire Management Victoria, Gerard Buggy, is part of the Victorian deployment to Canada to assist with their bushfires. There are currently around 200 responders from Australia and New Zealand assisting our Canadian colleagues. We wish them all well with their work and look forward to hearing stories when they all return.

Wandong Fire Brigade Fire Safe Kids

Fire Safe Kids is a CFA program for teaching young kids about fire safety. After a few years break due to Covid-19, it was so nice to head back to Wandong kinder and talk to the kids. We discussed the uniforms we wear, and how each piece protects us. Some awesome kids and teachers demonstrated how to put each piece of uniform on. We talked about how smoke can hurt our eyes and make it difficult to breathe, and how as smoke rises the air close to the ground has less smoke. We talked about the importance of a working smoke alarm, and we sounded one for the kids to hear how it sounds. If you have a smoke alarm at home, test it monthly and let the little people hear what it sounds like! The kids then demonstrated how they can "Get Down Low, and Go, Go, Go!", 'rolling' out of bed and crawling along the floor until they got out of the house to safety. We also talked about how it is important for each family to have a safe place for everyone to meet, away from the house, if evacuation is needed. Hopefully the kids came home and asked where your safe meeting place could be.

Wandong Fire Brigade Recruitment

Wandong has had much interest in our firefighter recruitment campaign, with some new recruits already showing their enthusiasm at Wednesday night training. It is a fun crew, and we still have a few spots so get in touch if you would like to join in.

Wandong Fire Brigade Juniors

Our junior brigade has been practicing their search and rescue techniques, and last week combined this with first aid. The engine bay was filled with smoke with the smoke machine, and crews were sent in in pairs to find and retrieve injured casualties. When the casualty was found and brought to safety, they were triaged relative to the injury they had sustained. Great learning exercise for our Juniors. First Aid expertise for this exercise was provided by Lee and Ashton.

Burning Off

Mitchell Shire Council allows burning off, in town areas, on Wednesdays and Saturdays between 10am and 3pm. You must register your burn-off by calling the **CFA Burn Off Line** on **1800 668 511** or via the website <https://firepermits.vic.gov.au/>.

Training

Training is on Wednesday nights starting at 7pm at the fire station. For more information contact Lt James Stephens on 0418 221 458.

Fire Equipment Maintenance

Installing and Maintaining your Fire Suppression Equipment is required under the Building Code of Australia. Trained Wandong Fire Brigade members volunteer their time to provide this service to the Community and in turn raise funds for the Brigade to purchase equipment that protects the Community. All servicing carried out is compliant with the required Australian Standards. Our Forward Command Vehicle and FEM trailer have been provided through the work of these volunteers, and local individuals and businesses utilising this important service. If you are in need of Fire extinguishers, hose reels, fire blankets or ongoing maintenance of your equipment contact John Simpson on 0421 319 203 to discuss your needs.



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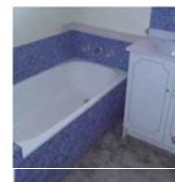
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LIONS CLUB OF WANDONG - WALLAN INC.

President: Marilyn Moore
PO Box 225, Wandong, Vic. 3758



FIFTY YEARS OF LIONS

This issue is a celebration of Wandong Wallan Lions.

On June 5 this year we are 50 years old. We celebrated this momentous occasion with a gala dinner at Trackside Kilmore on Saturday. Mr Vivian Kenny and his band supplied the music and Viv made and decorated an amazing cake. It was a shame to cut it up.

The first chartered president was the late Allan Ryan. Among the clubs notable achievements was the Wandong country music festival which ran for many years, firstly at the oval in Wandong and later at the airfield in Wallan.

Our response to the bush fires was also an important time for the club. With the help of Lions disaster fund we distributed household goods, purchased tools, cut firewood and sent families with young kids on holiday. It was a busy time.

I was president at that time. I met the Prime Minister, the head of the Defence force and Princess Ann. I was so important that I had to make an appointment to talk to myself.

Other notable activities were the health awareness displays that we ran at Wellington square for a couple of years, the garden that we built behind Caladenia nursing home and Marilyn's ongoing knitting group which has donated hundreds of knitted goods to Northern Hospital.

The celebration event was chaired by Daniel Rossignoli who will be our next president. As the longest serving member of the club Brian Dove was asked to give a brief presentation. Now anyone who knows Brian will know that short speeches are not his style. He once told me that his wife Rose could talk under a yard of wet cement. I think that he could give her a run for her money. Anyway he made a relatively short speech and even got a bit emotional a couple of times. He is a great member of our club. David Cordell from Whittlesea club replied on behalf of the district. Current president Marilyn was thanked for her leadership over the difficult recent years and was presented with a large bunch of flowers.

After the preliminaries and the raffles we got down to dancing, if you can call it that, to Vivian's excellent band. I was dancing, I'm not sure what Steve and Tania were doing. It was a great night.

Next July we start a new Lions year with a new set of office-bearers and us geriatrics relegated to the back bench. Why not come and join us. I promise that I won't write rude things about you initially at least.



ABOVE:
President Marilyn Moore
cutting Vivian's magnificent
cake.

LEFT:
The old and the new.
Members Daniel Rossignoli,
Brian Dove, Peter Van de
Paverd and Bill Forbes.
Guess who the oldies are..

See you next month
Clyde Riley



WANDONG NETBALL CLUB



GOING PINK

Each year the Wandong Netball Club hosts a **PINK DAY** to help raise funds for the Breast Cancer Network Australia.

Across the country on virtually every weekend of the year, sporting clubs and players 'pink up' to **PLAY4BCNA**. From pink line markings to pink laces, pink jumpers and pink hair, it's all to raise funds for BCNA

This year we are hosting our **PINK** round on *Saturday the 17th of June*.

To make a donation online please follow our Clubs sponsorship link.

<https://pinksportsday.bcna.org.au/my-fundraising/1146/wandong-netball-club>

If you would like to donate towards our raffle or bake sale, please get in touch via our Facebook page or email wandongnetball@gmail.com

Breast
Cancer
Network
Australia



PINK
sports
day

SPONSORS

Wandong Netball Club wishes to express our appreciation to GMH Paving and Brownes Plumbing for their generous sponsorship of our Under 11 White team and the Under 9 Green team respectively for the 2023 season.



GMH Paving - Your vital support greatly contributes to the success of our team and the entire club as we prepare for the upcoming season.

We would also like to recognize Grant & Jo, the committed individuals behind GMH Paving, and extend a special mention to Tyler and Danika who are active players at the club and Hunter who is part of our Net Set Go program.

Thank you, GMH Paving, for supporting our young athletes and aiding in the growth and progress of Wandong Netball Club.

Brownes Plumbing - Your support is instrumental in assisting our team and the entire club in working towards success in the forthcoming season.

We would like to recognise the Browne family, the committed individuals behind Brownes Plumbing with a big shoutout to cousins Jaide and Matilda who actively play for the club

We are grateful to Brownes Plumbing for their investment in our aspiring athletes and for fostering the growth and progress of Wandong Netball Club.



We are excited for a great season together! 🏐🏆

WOOLWORTHS PEOPLE'S CHOICE AWARDS

NetSetGO is Australia's official starter program for girls and boys aged 5 to 10.

It's a chance to learn the netball basics while having fun. For a lot of kids, this is the first time they'll pick up a netball. NetSetGo is the playing pathway of choice. This provides our Club with a healthy pipeline of players setting us up for future success.

In 2022 we had 23 players join our NetSetGo program, many who have contacted the Club since, wanting to register their children to play and are now taking part in our Winter competition.

This year we are lucky enough to be in the running for the Woolworths Grants People's Choice Awards and we need your vote!



Vote for us

Pick fresh Play fresh grants

We're in the running for the Woolworths Netball Grants' People's Choice award.

Share this with everyone in our community. With your votes we could win \$20k to support our club.

netball AUSTRALIA | Woolworths



All you need to do to help the Club is to scan the QR code, click on VIC or View All, scroll to the Wandong Netball Club and give us a vote.

The Club with the most votes will receive a massive \$20,000 to go towards much needed equipment and help our Club offer the best programs possible.

Voting closes on the 18th of June so please vote ASAP.

The Wandong Netball Club is a child safe club. For more info please visit <https://www.playbytherules.net.au/online-courses>



The L.B.Davern Reserve is open to all our community, so please come down and enjoy this great facility, join the various clubs, just walk through along the G-Day trail, take the kids down to play on the play equipment or just play and exercise on the oval . Winter has certainly arrived and with the cold wet conditions be cautious of the wet trails throughout the reserve and be aware the creek can flood at any time. Don't let the cold and wet weather stop you from coming down to the Reserve to enjoy what there is to offer.

It's good to see the Reserve full of life with our community back in supporting their groups and other activities enjoyed by those who participate.

Walking the dogs, kids in the play-ground, individuals/groups doing their fitness workouts, mums with the kids in the pram, riding bikes, playing football-Kick to kick and goal shooting practice, passing shots in netball, shooting hoops at the basketball ring, riding the horses, training dogs to behave, Wandong primary doing their sporting activities on the Oval, Wallan basketball in the Stadium.



Continued developments at the Reserve will complement our sport groups and community. We are lucky to have a Reserve that has character and bush ambiance atmosphere that complements our communities.

Projects Announcements and Completion:

Funding Announcement for the Oval Drainage Upgrade 2023:

This successful funding agreement is part of the Country Football Netball Program. State Government will be contributing \$195,000 to the \$260,000 LB Davern Drainage Upgrade project with Council contributing the remaining \$65,000. The project will see the installation of lateral drainage to eliminate the current ponding/flooding of water in key sections of the oval and a reshape of both goal square areas.

This project is a part of continued developments at the Reserve which will complement our sporting groups, our community, Wandong Primary School, Wandong Preschool and other groups outside our community.



ABOVE: This project will eliminate this type of problem around the oval.



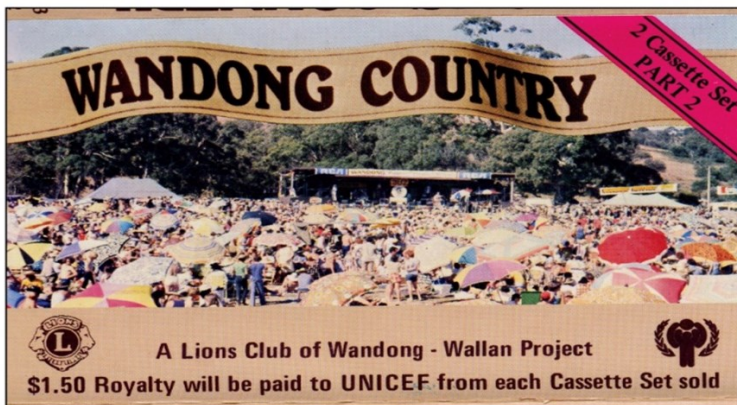
CONTINUED FROM PAGE 18

Horse Riding Clubs Toilet project:

After 6 years and determination the Toilet at the Horse Riding Clubs arena has been completed. I am sure there will be celebrations from both clubs, the original proposal was started from Brian Jones (Deceased)-a member from the Kilmore and District Adult Riders, active with the Standard Riding Club and L.B.Davern Reserve Committee, who at the time was happy to build a tin shed and a hole.



If anybody in our community would like to share any photos of history of L.B Davern Reserve for us to share in What's News please send to kooraw@bigpond.com



**Remember When!!
Country Music Festival at
L.B.Davern Reserve -1970's**

**To our community,
we need your help;
We need to catch any persons
vandalizing our Reserve!!!!
If Residents notice anything out
of the ordinary please contact
the police on 000
It is in our community interest
that we all keep our Reserve
safe for all to use!!**

Contact our booking officer

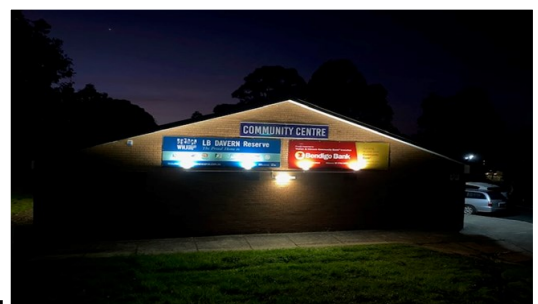
Darlene Gunter 0418 312 762.

Get in quick as bookings are coming in fast.

For all L.B.Davern Reserve Bookings to either:

- Oval Bookings, Stadium bookings and enquiries - Mitchell Shire Council Recreation and Open Space unit ph. 5734 6200.
- Community Centre and Sports Pavilion contact: Darlene Gunter Booking Officer for the WHJSCC on 0418 312 762

**Rob Telfer
President,
Davern Reserve Committee
12 Dry Creek Cres,
P.O.Box 303,
Wandong 3758
Mobile 0408 393 250**



Lauren Kathage MP

Labor Member for Yan Yean

For help with State Government issues such as housing, roads, transport or education, please phone my office on **9432 9782**.



 3/14 Yan Yean Rd, Diamond Creek VIC 3089

 lauren.kathage@parliament.vic.gov.au  03 9432 9782

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WANDONG-HEATHCOTE JUNCTION COMMUNITY GROUP

P.O. Box 242, WANDONG 3758 Tel: 0413 832 411



WEBSITE

In May the <www.wandong.vic.au> website received 998 visits. If any business or group has noticed any change which needs to be corrected to their entry, please let us know. To add your business or group email: whatsnewswhj@gmail.com.au

TAKE YOUR RUBBISH HOME.

The Wandong Heathcote Junction Community Group, mainly due to the efforts of local resident Rob Barker, continues to remove rubbish from Wandong streets, the Epping Kilmore Road, the Wandong Hume Freeway ramps, the Wandong Broadford Road and recently from O'Gradys Road. Much of the rubbish is thrown from vehicles passing through Wandong but there is also rubbish that can only be from our residents. To those people we can only appeal to them to look after our beautiful town and take your rubbish home.



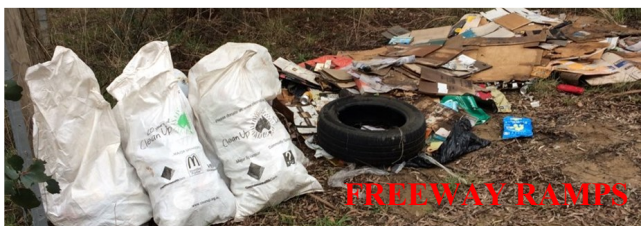
EPHING KILMORE ROAD



ARKELLS LANE



WANDONG BROADFORD ROAD



FREEWAY RAMPS



THE SHACK IS BACK

The Upper Plenty Community
Hall "THE SHACK"
is open for hire.

For more information and
bookings call Susan or Wayne
on 5783 1456.

If not answered leave your name and
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Ian Dempsey – tel 0419 890 015

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How to avoid Caregiver burnout

One of the most important things you can do as a carer is taking the time to take care of yourself. We know being a carer can be rewarding, challenging and sometimes frustrating – and often all in the same day. Below are a few tips to help you look after your own health while caring for someone else.

Signs & Symptoms of Carergiver Burnout

Common signs & symptoms include:

- You have much less energy than you once had.
- It seems that you catch every cold or bout of flu that's going around.
- You're constantly exhausted, even after sleeping or taking a break.
- You neglect your own needs, either because you're too busy or you don't care anymore.
- Your life revolves around caregiving, but it gives you little satisfaction.
- You have trouble relaxing, even when help is available.
- You're increasingly impatient and irritable with the person you're caring for.
- You feel helpless and hopeless.

If you are feeling burnt out it can be difficult to accomplish things for yourself, let alone care for someone else.

Here are a few tips on self-care for carers to avoid caregiver burnout.

- 1) Don't be afraid of asking for help – don't try to do it all on your own or you will definitely be on the path to burnout. It's important to speak up about what's going on for you and the person you care for. Reach out to your friends, family & wider community. Consider respite care and try to spread the responsibility among family members.
- 2) Say yes when someone offers their help – accepting help is not an admission of failure. Prepare a list of small tasks that others could easily complete such as grocery shopping or transportation.
- 3) Spend time with friends – when our caring responsibilities take us away from family & friends we quickly can become isolated. If it is not too difficult organise a regular catch-up with friends – even a regular phone call can make a significant difference to your health and wellbeing.
- 4) Make time for your hobbies – being a carer can often be chaotic and busy making it difficult to find time to reflect on the impact it is having on their own life. It is important to prioritise your own health and finding time to pursue your own hobbies and interests to retain your sense of self and improve your wellbeing.

For more information on how we can support you, please reach out to the team at the Carer Gateway by calling 1800 422 737 or heading to the website <https://www.carergateway.gov.au/>

Until next time,
Jason

WANDONG PUBLIC HALL

Our regular user groups are always keen to have more people come along they are listed below:

- Dance classes for pre-schoolers Tuesday and Thursday mornings during term time.
Contact Claire Bennett 0420 418 425
- The Craft group attend every Monday, it's an informal group, bring along some lunch, and something to do if you feel like it.. There is always someone on hand to help with crafty questions in the group and this has been our longest running group.
- The Lightwood Flats book club meet monthly - contact is Christine Cram Ph: 0458 238 270
- Wandong Country Knitters also meet monthly, contact is Coralee Souter. Ph: 0479 163 548
- Wandong Heathcote Junction Community Group hold a monthly meeting Ph: 0413 832 411
- Wandong History Group Monthly meeting – Karen Christensen Ph: 0432 120 736
- True Nature Retreats Yoga Classes Monday Evening 6.30 – 7.30 Cost \$20, concession \$15
CONTACT: Christopher 0428 826 003 <https://truenatureretreats.as.me/>

The hall is available for hire phone Christine for bookings on 0448604770.

Christine has an answering service so please leave a message if she cannot answer the phone, she will respond promptly.

SUDOKU

Answers on
page 26

Place the numbers 1-9 only once in each row, column & 3x3 block

4		6	5		2	8		9
				4			3	
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6			8			1		
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3		2	9		4		6	
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8	3			9				2

THIS MONTHS QUIZ

Answer appears on Page 26 but no cheating!

1. Which member of the Beatles married Yoko Ono?
2. Which country borders 14 nations and crosses 8 time zones?
3. Havana is the capital of what country?
4. What type of animal is a Flemish giant?
5. What comes down but never goes up?
6. Which planet has the most gravity?
7. Aquaman is from which city under the sea?
8. In which US city is Broadway located?
9. What is the longest-running Broadway show?
10. What other name does "corn" go by?
11. In which year did World War I begin?
12. Which musical legend is Jay-Z married?
13. Who is the writer of "Merchant of Venice"?
14. Where can you find Petronas Towers?
15. What is a female donkey called?

Kilmore/Wallan RSL Sub Branch

meets the last Thursday night of the month
and open every Wednesday 10am -12pm at
Kilmore Memorial Hall

Contact Rod Dally 0417 522 835
We have Pension and Welfare Officers
to help veterans in the area.

MITCHELL SHIRE COUNCIL



How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

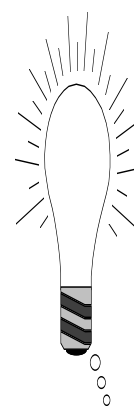
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Clonbinane Rural Fire Brigade



Preventing Fires in the Home

KITCHEN

The kitchen is the most common room where residential fires start. Unattended cooking causes most kitchen fires. 6-7pm is the peak time that fires caused by unattended cooking are reported to 000.

Cooking in the kitchen is the single largest cause of fire in the home. A fire in your kitchen can cause extensive damage. Kitchen fires are responsible for a high level of personal injury. Pay attention in the kitchen-

- Never leave cooking unattended; Stay in the kitchen.
 - Keep stove top, griller, oven, range hood and cooking area free from built up grease, dust and oil.
 - Combustibles such as tea towels and paper towels must be kept away from cooking and heat sources.
 - Make sure kitchen appliances are clean and in good working order.
 - Always supervise children in the kitchen. Keep them away from the stove and oven.
 - Keep pot handles turned in.
 - A fire extinguisher and fire blanket should be stored within easy reach but away from the cooking area.
- The CFA recommend that you only use a fire extinguisher or fire blanket if you feel physically and mentally capable of using this equipment safely.

SLEEPING AREAS

Many residential fires that result in fatalities and/or serious injuries start in sleeping areas. Most of these are caused by mechanical failure of heating systems, appliances and equipment.

- The risk of dying from fire is greatest at night when you are asleep. When we sleep, we lose our sense of smell. Without a working smoke alarm, you may not wake up in time to escape.
- Smoking in bed is very dangerous. Never smoke in bed.
- Ensure powered electrical appliances like phones, hairdryers, hair straighteners and laptops are not left on bedding.
- Turn electric blanket on 30 minutes before getting into bed and turn off as you get into bed.
- Keep electric blankets flat with controls at the side of the bed.
- Regularly check for broken or worn wiring and discolouration.
- Keep electric blankets flat with controls at the side of the bed.
- Stored electric blankets should be rolled and not folded.
- Never sleep with the electric blanket on. It causes hot spots and may result in a fire.
- Always have a working smoke alarm fitted to the bedrooms' ceilings.

Please contact the brigade if you require any house fire prevention information or check out the CFA website www.cfa.vic.gov.au

Cheers

John Mahoney
Captain



SAVE WANDONGS HERITAGE LISTED ST MICHAELS CHURCH

Please help by donating your 5 cents in the collection tins at Kemps Bakery
(Wandong) and Wandong Pharmacy

All Weather Training Facility - Heathcote Jct (Established 1995)

Puppy School - Social Classes
Adult Classes - Trick Training
Behaviour Problems



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60 Junction Rd, Heathcote Junction, Vic

Alfoxton is a registered Domestic Animal Business - Mitchell Shire

Weather Report - May 2023

Heathcote Junction/Wandong

May and autumn passed without any major incidents and now for winter.

Rainfall was recorded on all but one of the first ten days of May and amounted to 40 mls as part of the total of 73.5 mls for the month.

The weather bureau predicts a warm/dry winter and spring based on the disposition of the currents in the Pacific and Indian oceans.

Our supply dam at Sunday Creek was reported to be at 99% of capacity which holds well for coming seasons if the predictions are correct.

Stats

May 2023	-	73.5 mls
Previous year	-	37 mls
Average prev 10 years	-	74 mls
Total this year	-	245.5 mls
Total prev year	-	271 mls

FRIENDS OF DISAPPOINTMENT

Are you interested in the history, conservation and community of the Mount Disappointment State Forest and surrounding areas.

Join "Friends of Disappointment" to share history, photos and ideas.

<https://www.facebook.com/mountdisappointmentclonbinane/>



For information about coming MBUG rides, check out the website at

< www.mbug.org.au >
or contact the Secretary,
John on 5781 1604

QUIZ ANSWERS (from page 24)

1. John Lennon
2. Russia
3. Cuba
4. Rabbit
5. Rain
6. Jupiter
7. Atlantis
8. New York City
9. The Phantom of the Opera
10. Maize
11. 1914
12. Beyonce
13. William Shakespeare
14. Kuala Lumpur
15. A jenny

SUKODU solution

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3	8	2	9	1	4	5	6	7
9	2	4	6	8	7	3	5	1
7	6	1	2	5	3	9	4	8
8	3	5	4	9	1	6	7	2

Whittlesea Community Network

92a Church Street Whittlesea 3757
Ph: 03 9716 3361 Fax: 03 9716 3816
Email wchi@whittleseach.com.au



There's lots happening in term 2 here at the House! The Semester 1 Brochure is out and our new website is up and running and allows you to book and pay for courses with just a few clicks! www.wchi.com.au

Community Meals

Big Blokes Brunch continues at the Whittlesea Community Activity Centre on Tuesdays! Join the blokes for brunch each week:

Tuesdays 11.00am - Noon \$2.00 per person

Ladies Lunch -join the ladies who lunch each fortnight at the Whittlesea Community Activity Centre

Thursday 22th June 11.30am - 1.00pm \$2.00 per person

Digital Essentials 1

Tired of asking your kids and grandkids for help with technology? We can teach help!

Tuesdays for 8 weeks from 11th July 10.00am - 12.30pm \$20/concession FREE

First Aid (CPR, Provide First Aid & Provide First Aid in an Emergency in an Education & Care Setting)

Online learning + face to face \$85/\$150/\$195

Boat Licence

Saturday 17th June 9am - 1pm OR 1pm - 5pm \$130 per person

Students from 12 years+ (students under 16 years are not eligible for PWC endorsement)

Fix It Friday RETURNS!

Fix it Friday is back in 2023! Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre!

Meet experts from Whittlesea Community Connections, Social Worker, Espresso Legal, Uniting Financial Counselling, NDIS, Centrelink and Lift (Mental Health Program), Victoria Police, My Aged Care, No Interest Loan Scheme and heaps more!

Call 9716 3361 to register in advance, it's FREE

Friday 23rd June 10am - 1.00pm

We can't wait to see all your smiling faces. A more comprehensive list of what is coming up at the House can be found on our website www.wchi.com.au or you can pick up a brochure from the House or call to book any of the above on 9716 3361. See you soon!

Snuffle mats for sale

The Snuffle Mat, is great mental stimulation for your pet. It can be used to reduce anxiety, slow down a fast eater or simply as a fun reward for your fur baby. Not only good for dogs, but cats and Guinea Pigs all love a snuffle mat. My mats come in three sizes and are double knotted and thick, every mat hand made here in Wandong.

Email: wandongite@hotmail.com Ph 0432 120 736



Vacations - Taking Your Dog !

By Anne Zelvy's IACP-CDT

Last month I wrote about leaving the dog behind when the family go on holidays. Now we should also consider what if we choose to take the dog with us on our adventures. Since Co-Vid lockdown, many Caravan Parks, Camping Grounds and BnB's have now opened up to having families bring their dogs...



A dog can be a great addition to a family holiday. When you cart your dog with you this means you have to seek out new tracks, beaches and river to investigate. Many of our State Forests are a great place for dogs and owners to explore. But to ensure a successful time for all, we really need our dogs to know how to behave out in the real world. PLUS owners must take responsibility for their pets when dealing in the wider community. To achieve this the humans just need to keep things simple... and there are just two main things to consider to achieve success.

1. To keep everyone happy we need to ensure that our dogs are well behaved in many different situations.
2. We also need to have good management of our dogs so they are safe when we take them away.

The first point is really pretty straight forward. Start by getting your dog used to many different locations near your local community. If he can't deal with the everyday tasks of walking in the street or going to a dog park, he will not cope in the new places that you visit. Also, humans must keep a watchful eye and ensure that your dog is not being a problem and also to make sure that kids (strangers) never crowd or disrespect your dog.

You need to have a Management Plan... and the easiest ways to manage a dog when travelling is to teach them to be comfortable with using a crate. Then when you travel your dog has a secure place to wait while you set up your camp or go into town. The dog also has a mobile bedroom that leaves them safe from annoying kids plus prevents them from wandering off at night where they can get lost or chase wildlife.

Teach your dog - Crate To Wait.

This is a system all dogs should learn in their first 12 months. However if not used in the past you can begin at home and train your dog before you start travelling.... Your dog must understand that you insist he has to wait while you are busy, the dog must see the pattern. The following will help create this pattern for your dog.

- Step 1 20 minutes before you go to bed, take pup/dog for a walk around back yard to toilet.
- Step 2 Dog then into crate with blanket with a small water bowl... give dog a treat.
- Step 3 Dog might whinge... Ignore at first but if he begins to howl... Growl at dog and you might even need to throw a pillow at crate (have 2-3 small cushions ready)... repeat if needed... repeat if needed...
- Step 4 If a pup wakes about 4 hours after going to bed and fidgets and whines - he may need to be taken outside to go to the toilet - be quiet don't talk and after he has a wee, back inside (older dogs should be fine for all night)
- Step 5 Put dog back into crate, repeat Step 2 & 3 - should be fine until you are ready to get up.



When training dogs on crates - *Often night 2 & 3 are the worst, if you don't give in you should succeed.*

You might think this seem harsh, but you are creating a boundary that will set your dog up for life. Once he understands that the crate is his space he will be happy to go there and life will be much easier for the family as well. Plus consider should your dog ever have a major injury or medical procedure then the vet will usually advise that you need to keep the dog contained for much of the day.

Often pups learn easily, but then a Teenage Pup might decide at around 6 months old or so, that he doesn't want to go into the crate. It is a perfectly normal reaction for dogs to decide they want to push the boundaries.

However - BAD LUCK.... This is not up to your dog, this is up to you..... So you take your dog and just put him into the crate, shut the door and then give him a biscuit.

Your dog must understand that you pay the bills, so you make the decisions.

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Neighbourhood Watch

Let's watch out for each other

South Mitchell

The dos and don'ts of flying drones

Drones can be flown by individuals or by a business. Several laws cover the use of drones in Victoria. The Civil Aviation Safety Authority regulates the use of recreational drones.

You must not fly your drone in a populous area. A populous area is anywhere people are living or gathered for a purpose. If your drone were to fail and fall, it could pose a risk to the life, safety or property of a person in the area.



You can't fly over people at any time – no matter how high you fly above them. Major public events are often policed to make sure the public are safe. Leave your drone at home – live in the moment and enjoy these live events.

If your neighbour is using a drone or has a security camera pointed at your house and you're worried about your privacy, first try to talk to your neighbour. If you are concerned for your safety, contact your Police on 131 444.

If this doesn't fix the problem, you could ask your local community justice or neighbourhood mediation centre for help. The Privacy Act 1988 does not apply to individuals acting in a private capacity. CASA regulates drone use and their website includes rules which should be obeyed when operating a drone.

The dos and don'ts of flying a drone

You must:

- Only fly one drone at a time;
- Always fly your drone in visual line-of-sight — this means:
Flying only during the day, avoid flying through cloud, fog or smoke; and you can always see your drone with your own eyes — not by using goggles, binoculars or another device; and
- Not flying behind obstacles that stop you from always seeing your drone. For example, trees, buildings or other structures.

You **must not** fly your drone:

- Higher than 120 m (400 ft) above ground level — that's about the height of a 35-storey building or length of a football field;
- Closer than 30 m to people — other than those helping to control or navigate your drone;
- Over or above people at any time or height — a crowded beach, busy road, sporting event, concert or wedding are all populous areas;
- In a way that creates a hazard to another person, property or aircraft; and
- Near emergency operations or in prohibited or restricted airspace (use a CASA-verified drone safety app to help you).

Hotlines:

000

Emergency

131 444

Police Assistance Line

1800 333 000

Crime Stoppers

Online Reporting: <https://www.police.vic.gov.au/palolr>

For more information visit:

<https://sites.google.com/view/south-mitchell-nhw/home>



www.facebook.com/southmitchell.nhw.inc

email: newsletters.smnhw@gmail.com

WANDONG JUNIOR FOOTBALL CLUB



Please contact the Club via email wandongjfc@gmail.com for further information.
Or, search our face book page or Team App page by typing "Team App Wandong Warriors".

TRAINING

We are training Tuesdays and Thursdays 4:30-5:30pm
Stay tuned with FaceBook and TeamApp to find out more.

CLUB NEWS

Congratulations to Kade Faralla (pictured page 31) who played his 50th game for the Warriors. Well done Kade on a 50 magnificent games.

OVAL UPGRADES FUNDING ANNOUNCEMENT FOR LB DAVERN OVAL

There is some exciting news for Wandong Junior Football Club and other clubs that use our beautiful LB Davern Oval. It has been announced by Victorian Government Minister Ros Spence, Minister for Community Sport, that Wandong JFC have been successful gaining funding for their ground improvement projects. Head of AFL Victoria, Ben Kavanagh said "The Country Football and Netball Program continues to play an important role in helping clubs and communities across Victoria develop new and upgraded facilities."

Wandong Junior Football Club Stuart Fraser said "This project will deliver vital upgrades that will provide the youth of Wandong more participation opportunities".

"LB Davern Reserve, home of the Wandong Warriors Junior Football Club, is receiving \$195,000 to upgrade and reshape the sporting oval and install new drainage."

https://www.premier.vic.gov.au/country-footy-and-netball-clubs-score-more-funding?fbclid=IwAR1ILF2xUGNkSYDOwK_9qC4S7YouG9nN5esW_nUhGMid7244wSoLpQAMp5Y

FRIDAY NIGHT BLOCKBUSTER

Here's hoping every player who took the field Friday night 19th May had a blast emulating their AFL idols by playing Friday night footy under lights.

What a night it was for the WJFC, huge crowd, players experiencing something new and all bar a little bit of rain saw the night be a huge success.

The under 9's & 10's had the worst of the weather but did that wipe the smiles off their face? Absolutely not, as the lights started to take effect you could sense the excitement in the players and crowd. Like us Broadford has really strong numbers in both age groups so hats off to all coaches and team managers for optimising game time for all players.

The 12's were heavily undermanned and had to call on a few 10's players to fill some holes. Always a tough game against Broadford as two of the benchmark teams. I'm sure Grant and Ben will welcome the return match with all their players available.

With the 14's being 80% bottom age players it's no secret this side was dealt a crappy hand with the age groups changing from odds to evens making them a majority bottom age side for a second year running. Most weeks the results don't show the week to week commitment and improvement this side makes. It's all about learning in this situation but when nights like last night come along when they lead from start to finish and get to belt out the song afterwards makes it all worth while. The noise and excitement in the huddle at 3 qtr time the players showed knowing they were 15 minutes away from their first win of the year is what makes football clubs a great place to be apart of.

The fixture hasn't been kind to the Warriors with next week making it 4 home games out of our first 5 matches. With that said our volunteers have been amazing. Home games mean more hands are needed. Our team managers do a brilliant job week in week out organising parents to fill the job list. Like our last home game the timekeepers gig was the job to be rostered on to considering the outside elements. To all the parents who had an on field role out in the elements, thanks once again. Special mention to Trav and Cody Faralla who umpired two games.

As always we are so fortunate to have the Kilroy family, Allan Hall and their support crew (shout out to Dylan for your help) to run our canteen. With extra people in attendance they were kept busy all night. I know everyone who buys items at the canteen sees the work that goes on behind the counter, what people don't see is the canteen doors were locked at 10:40pm, well after everyone is home nice and warm. The WJFC can not express our gratitude enough to these hardworking volunteers. Absolute legends, the lot of you.

Thank you also to a Broadford parent Daniel Webster with help from a past WJFC coach Adam Hall and his daughter Chloe Hall (past WJFC netballer) who brought the goal post pads in at the end of the night.

Finally it was great to see a couple of past WJFC players in attendance last night. It was great to see Owen Recinos and Lachlan Hall back at their junior club supporting the warriors.

WANDONG JUNIOR FOOTBALL CLUB



ABOVE:
Congratulations
Kade Faralla
- 50 games

Night game photos
courtesy of:
Brooke Mendola



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