



ISSUE 324 WANDONG/HEATHCOTE JUNCTION MONTHLY NEWSLETTER : APRIL, 2023 ABN 17 022 858 565

Email—whatsnewswhj@gmail.com 700 copies

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Delivered to Wandong/Heathcote Junction/Wallan/Kilmore/Broadford/Whittlesea & Upper Plenty

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## WANDONG MURAL (CIRCA 1900) UNVEILED AT WANDONG PLAZA

On 24th March the Wandong Heathcote Junction Community Group unveiled the much anticipated Wandong mural circa 1900. After preferred sites for the mural were negated by Mitchell Shire, the Community Group was very thankful that Alpine Petroleum welcomed the addition to the Wandong Plaza. Apart from the volunteers of the Wandong Heathcote Junction Community Group and the Wandong History Group, much gratitude also goes to the donors that made the project possible, the Bendigo Bank (\$6,000) ARTC (\$3,000), Wandong Wallan Lions Club (\$1,800). And of course who can forget the local man who made the project possible by painting the mural, Mr Vivian Kenney. We thank you for your patience and making the project come to fruition.

### OUR EXCELLENT WANDONG I.G.A.

Wandong IGA excels at the IGA Awards of Excellence 2023 taking out medium store awards in five categories:

Delicatessen Department, Medium Store, Meat Department, Fresh Produce Department, Grocery and General Merchandise Department.

IF YOU MISS AN ISSUE OF "WHAT'S NEWS" go to website <[www.wandong.vic.au/local-news/whats-news](http://www.wandong.vic.au/local-news/whats-news)>  
 Wandong - Heathcote Junction - why would you live anywhere else. Until May 2023, Allen Hall (editor)  
**NEXT ISSUE DEADLINE: COPY & ADS 6 May 2023 DELIVERY from 17 May 2023**  
 Printed by Newspaper House, Kilmore

# Wandong Fire Brigade



## Good Friday Appeal

A big thank you to all who donated to the Royal Children's Hospital Good Friday Appeal. Wandong Fire Brigade's count in the Money Counting Room totalled \$9,077.60. We will back again next year!



# WANDONG TENNIS CLUB

Email: wandongtennisclub@hotmail.com  
or text Lisa on 0407 112 880.

Information is posted on our Facebook page.

[www.facebook.com/wandongtennis](http://www.facebook.com/wandongtennis)

Congratulation to our senior section 2 and junior section 3 on winning their premierships in our recently completed summer season

Section 2 seniors  
Andrew Brooks Brad Wolfe Maureen Buggy  
Michael White Reilley White



Section 3 juniors  
Flynn Ross Riley Mckendry River Challis  
Kade Faralla Max Markoski

## ANZAC DAY at WANDONG

Tuesday April 25<sup>th</sup>, 2023

12.00 pm

Commemorating 50 years since the end of the Vietnam War



WANDONG/HEATHCOTE  
JUNCTION



Also congratulations to Kade Faralla on winning the BDJTA section 3 best player



Winter Season will commence in May. Please contact the club if you are interested in playing

# What's Happening

## WANDONG OUTSIDE SCHOOL HOURS CARE



Service Phone Number:

**0497 877 771**

Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

### How to Enrol

Visit TheirCare website: [www.theircare.com.au](http://www.theircare.com.au) and click on 'Book Now' in the top right hand corner to register your child's details.

### Operation Times

Before School Care 6:30am – 8:45am

After School Care 3:30pm - 6:30pm

Pupil Free Day 6:30am – 6:30pm

Holiday Program 6:30am – 6:30pm

## ANNIVERSARY CONGRATULATIONS

25 Apr David & Sandra Bartolo W  
3 May John & Noelene Pyle K  
4 May Mandy & Goran Coter W  
9 May Phillip & Maureen Buggy HJ  
16 May Brian & Rose Dove W  
17 May Neil & Chris Douthwaite HJ  
17 May Norman and Anne Rose K

## GAZEBOS AND CHAIRS FOR HIRE

For your next function why not hire a gazebo and chairs from the Wandong – Heathcote Junction Community Group.

For hire are:  
two 6m X 3m gazebos,  
a 3m X 3m gazebo  
8 wooden trestles  
and 50 outdoor chairs.

Call David on mobile  
0409 164 660  
to arrange hire.



**MYKI RETAILER**

## COMMUNITY WEBSITES

[www.wandong.vic.au](http://www.wandong.vic.au)

[www.upperplenty.com](http://www.upperplenty.com)

## Mitchell Bushwalking Group

The group walks once a fortnight, with some evening walks during the summer months.

Please contact:

Mary 0428 479 469  
or Wayne 0451 519 734

or email

[mitchellwalksgroup@gmail.com](mailto:mitchellwalksgroup@gmail.com)

for more information



## BIRTHDAY GREETINGS

We wish the following people a very happy birthday

12 Apr	Katherine Kovacic	WP
13 Apr	Georgia Shingles	W
14 Apr	Simone Burns	HJ
14 Apr	Jason Watson	Ywa
15 Apr	Kelsey Batey	W
15 Apr	Chris Ryan	KE
16 Apr	Neil Douthwaite	HJ
16 Apr	Vincent Hutchison	HJ
16 Apr	Shelby Reeves	W
16 Apr	Georgia Limbrick	B
19 Apr	Natalie Hannemann	W
21 Apr	Lucas Rhead	HJ
21 Apr	Alan Knight	W
22 Apr	Byrn Dickinson	W
23 Apr	Charlie Kilroy	W
24 Apr	Ali Marstaeller	B
24 Apr	Craig Johnson	HJ
24 Apr	Luke Weller	HJ
24 Apr	Taryn Kneebone	W
24 Apr	Brian Cawthorne	Wallan
25 Apr	Avril Thomas	K
25 Apr	Ivan Kovacic	WP
25 Apr	Rochelle Gough	HJ
25 Apr	Joel Page	Cl
25 Apr	Phil Waite	W
25 Apr	Jack Rayner	Wallan
26 Apr	Glenn O'Brien	W
27 Apr	Bob Brown	HJ
27 Apr	Kane Chisholm	HJ
28 Apr	Joanne Gedye	HJ
28 Apr	Krystal Dickinson	W
29 Apr	Amy Littlewood	K
30 Apr	Isobel Mumberson	HJ
1 May	Jarad Kelly	HJ
1 May	Jamie Marstaeller	Wallan
5 May	Keston Waldie	W
5 May	Kathryn Ryan	KE
6 May	Alastair MacDonald	W
7 May	Norm Hulett	HJ
7 May	Mitchell Smith	HJ
8 May	Jessica Dickinson	W
10 May	Jamie Champion	HJ
11 May	Morgan Smith	W
12 May	Gaye Georgelin	HJ
12 May	Ken McDonald	HJ
13 May	Phillip Buggy	HJ
13 May	Di Vidal	W
15 May	Erin Gough	HJ
15 May	Ian Jarvie	Dromana
17 May	Jacqui Candy	W
17 May	Aiden Bartolo	UP
17 May	Daniel Kirwan	W/sea
18 May	Ian Flannery	W

## GET "WHATS NEWS" BY EMAIL

If you would like to receive "Whats News" by email each month, send your name and email details to : [whatsnewswhj@gmail.com](mailto:whatsnewswhj@gmail.com)

Remember

"Whats News" is also available on the website [www.wandong.vic.au](http://www.wandong.vic.au)

## Wandong Playgroup

New members are welcome at playgroup.  
You can start anytime of the year.  
Come along and check it out.

The first session is free and  
then it's \$5 per family  
plus payment of Playgroup Victoria  
membership to cover insurance.

Playgroup is for parents, guardians,  
grandparents and careers and their  
0-5 year old children.

Come and look!

Anytime is a good time to start.

Every Tuesday (during school terms)  
9.30am till 11.30am

At Wandong Community Centre,  
LB Davern Reserve  
Dry Creek Cres, WANDONG

FOR FURTHER INFORMATION  
ABOUT PLAYGROUP CONTACT:  
Andrea 0413 212 946



### **ALL TOWING**

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how they like it!*



## Wandong IGA

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*8am-8pm*

*Come on in and support  
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See in store for many  
great specials.

**Great Range of:**

Groceries

Meat

Produce

Deli

Dairy

Freezer

Liquor

Wandong Licensed Supermarket  
3272 Epping Kilmore Rd, Wandong

**5787 1911**



## LOCAL CHURCH NEWS

### E. A. S. T. E. R.

At this time of the year we would like to thank Big Business for the money and effort that they put into spreading the word Easter. It will be a reminder to many who may not have embraced the season or up till now have not taken much interest in this important event.

Every time an Easter egg or a chocolate of some sort is purchased the Easter message is there in large print to remind us of the true meaning of this time!

The graphic details of the death and resurrection of Jesus Christ.

E.---entered Jerusalem.

A.---arrested.

S.---sent for trial.

T.---tried and crucified.

E.---exit from the grave.

R.---resurrected to rule.

There is a story of a court case where a man who had committed a serious crime was brought before the court. The Judge in this case turned out to be the prisoners own father, the man pleading with his father said, "Dad can't you please let me go free I'm very sorry for what I did". The Father said "Son I cannot pardon you, what you did carries the death penalty and I have no option but to sentence you to the electric chair". Then the Judge took off his Judicial robes, came down from his place of power and sat in the electric chair to take the punishment himself.

This story helped me to understand what God offers us through Jesus' death and resurrection.

Allan Gray

### SAVE WANDONGS HERITAGE LISTED ST MICHAELS CHURCH

Please help by donating your 5 cents in the collection tins at Kemps Bakery (Wandong) and Wandong Pharmacy

## ST JOHN'S ANGLICAN CHURCH, WANDONG

WANDONG AVE, WANDONG  
Enquires 9308 2452

Services: 8.30am  
1on 1st & 3rd Sundays  
ALL WELCOME

### Whittlesea Anglican Church

Serving Whittlesea, Upper Plenty.  
& surrounding areas

Christ Church: 9 Wallan Road, Whittlesea.

Vicar: Rev Ruwan Palapathwala 9014 0696

Web Site: [www.christchurchwhittlesea.org](http://www.christchurchwhittlesea.org)

Weddings/Baptisms by appointment

Sunday Services: 10.15am. Incl kids program

Services to the Community:

Whittlesea Opportunity Shop 7 Laurel St

9716 3144 Open M-F 10-4 Sat 9.30-12.30

Christ Church Craft Group

Friday 10-2, Church Hall BYO craft - any type  
we love to learn, Jenny 9715 1137

Anglican Care: quality provider aged services

[www.anglican care.com.au](http://www.anglican care.com.au)

Jobs at Anglican Care [www.careerjet.com.au](http://www.careerjet.com.au)



*To equip and release people into their God given destiny*

Meeting at 10.30am every Sunday  
at the Freedom Care Building,  
127c Northern Highway Kilmore Vic  
— entrance on Willomavin Road

Enquiries to ;

Pastor Frantz Heinzelmann

Mobile: 0411 794 188

[www.freedomcarechurch.org.au](http://www.freedomcarechurch.org.au)

All Welcome. Love to see you there



*Wandong District Church*

29 Wandong Ave,  
Wandong

Letting the  
LIGHT Shine  
in the World"

Services held at 5pm Sundays  
ALL WELCOME

Enquiries to:

Pastor Allan Laurens 5787 1020

Or David Moran 5787 1738

**WANDONG MEDICAL  
CENTRE  
Dr Hossein**

**Ph: (03) 5787-2277**

**Monday to Wednesday 9am - 5pm**

**Thursday 9am - 3pm**

**Friday - closed**

**Pfizer vaccines also available.**

**3307 Epping - Kilmore Road  
Wandong, Vic. 3758**

**THE SHACK IS BACK**

**The Upper Plenty Community  
Hall "THE SHACK"  
is open for hire.**

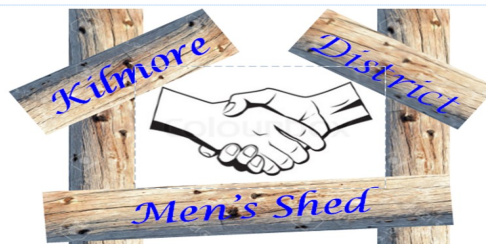
**For more information and  
bookings call Susan or Wayne  
on 5783 1456.**

**If not answered leave your name and  
number and we will return the call.**

**WANDONG AUSTRALIANA  
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BROADHURST LANE, WANDONG**



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•A LA CARTE•ACCOMMODATION  
ENQUIRIES AND  
BOOKINGS:  
(03) 5787 1401**



**Anyone wishing to join  
Kilmore District Mens Shed  
Should contact  
John Perrett 0418 288 024 or  
Ron Hamilton 0481 268 471**

**Operating hours are  
Tuesday and Thursday  
9.30 am - Approx. 1.30 pm**

**email: [Kilmoremensshed@gmail.com](mailto:Kilmoremensshed@gmail.com)**

**The Kilmore &  
District Hospital**



**Rutledge Street, Kilmore Phone: (03) 5734 2000  
Urgent Care Centre  
(Open 24/7 with Registered Nurses)**

**Acute Ward (30 beds)  
Maternity (including antenatal classes and  
dietician)  
Oncology  
Surgical Procedures  
District Nursing  
Aged Care –  
Dianella Hostel and  
Caladenia Nursing Home Website:  
[www.kilmoredistricthospital.org.au](http://www.kilmoredistricthospital.org.au)**



**MITCHELL SHIRE COUNCIL**



**How to keep up to date with Council online:**

- > E-News direct to your inbox, sign up now
- > On our website [www.mitchellshire.vic.gov.au](http://www.mitchellshire.vic.gov.au)

**Not online?**

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

**Or, contact Mitchell Shire Council on 5734 6200.**

## GARDEN SCENE WITH GAIL

Well, it's our second month of Autumn and quite a few of our deciduous plants lost their leaves earlier this year, perhaps because of the lack of rain early in the season and late rain in the Summer months, it was very dry. Towards the end of the hot months, it seems to be an uphill battle keeping moisture up to our much-loved plants, let alone our lawn areas. It is nearly a relief to get the first good rains of Autumn. But now much needed work in our gardens can begin, pruning to reshape, regenerate or perhaps change the way some of our plants look, their appearance in our gardens. Take for example the sturdy Olive tree. They can create lovely shade and make beautiful strong trees as focal points in the garden. But what if we want to change their overall look, have you thought about a topiary look. Select the main branches, stems that you favour, prune them at varying lengths to create more interest and encourage growth at the end, gradually, over time, creating a ball effect at each tip. This interesting plant would be great towards the end of a path, as a vista, drawing the eye to it and possibly accompanied by smaller softer plantings, keeping the Olive as the main feature but enhanced by the lower plants and even a seat to enjoy the garden from a different perspective. A coloured/decorative wall behind the grey/green leaves of the Olive plant can also look stunning or perhaps team this with an old door painted in interesting colours for a bit of character. We are only limited by our own imagination. This is also a great time to revamp our gardens, with an application of fertiliser, well-rotted cow manure and in a clayey soil, some fine white sand and Gypsum. Incorporate well into the garden beds, around established plants and top dress the lawns as well. Take care not to dig deeply around established plants so we avoid damaging the root system. Sometimes if roots have been damaged the plant will sucker from the root, these suckers should be cut off and not allowed to grow with the actual plant. This can happen with roses and we end up with the stock plant, (which is what our selected rose has been grafted on to) growing strong and taking over from our selected rose, to its detriment. April is a good month to plant bulbs such as Hyacinths, Tulips and Daffodils and there are so many varieties you could go crazy with choice. When planting bulbs try to have the soil well drained and maybe, if it's a heavy soil, sprinkle fine white sand directly into the hole before you pop your bulb in, plant twice the depth as the size of the bulb and don't disturb the soil after the planting. Keep it weed feed without the use of tools, so the bulbs are not damaged. If you are considering adding some Autumn colour to your garden, it's a great time to check out the plants colouring up now. Check size at maturity and type of root system before you purchase to ensure you know what you're getting. This can avoid sadly cutting the tree down at a later date because it was unsuitable for that spot. You may be able to order your plant now from a reputable nursery centre, possibly as bare-rooted stock however, a lot of nurseries will pot up the plants before they sell them to you. This can avoid the roots drying out and your plants stays healthy even if you don't get around to planting for a couple of weeks. If you are unsure about the planting procedure check with your nursery, a good nursery person will provide you with great tips on planting. Fuchsias and Roses are still flowering, and they look amazing, use a liquid fertiliser on them to keep them flowering for as long as possible and don't forget Pansies at this time of the year, they will flower for quite a few months and love liquid fertiliser to keep them happy.



*Bye for now.*

*Gail Mains - Kendrick (your local real estate agent)*



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Wallan, 3756

### Recreational & Competition Gymnastics

- Morning classes from crawling to 5years
- Afternoon classes from 5 years to adult
- Classes available Monday – Wednesday
- Trial class available for first time members

Visit our website for more information

[Birraleegymnastics.com.au](http://Birraleegymnastics.com.au)

## LIONS CLUB OF WANDONG - WALLAN INC.

President: Marilyn Moore  
PO Box 225, Wandong, Vic. 3758



I'm back again so we will get back to telling the truth. I suppose that you read the rubbish that he said about me. I must say that Elizabeth was privileged to have travelled the outback in 1966. Who else can say that! One other thing, that fish was real.

Now back to Lions. Lots going on. We have had a Bunnings down at Mernda, a business meeting and a dinner meeting at Magpie and Stump. Local para athlete Kirria Wright, and her mum were guests. Kirra needs to get to the national championships in Brisbane, hoping to qualify for the Paris Olympics. The club has agreed to offer some financial support.

Have you seen Vivian's mural at Wandong Plaza, it's pretty impressive. Among other things Vivian is also a Lion. The mural is not exactly where Viv wanted it, but you can blame the council for that.

We are going to celebrate our 50<sup>th</sup> year anniversary in May, past members of the club are encouraged to join us. The club has had its ups and downs, but is still going strong.

As you learned from the previous issue we have just returned from Rarotonga in the Cook Islands, where we arrived without luggage, thanks to Jet Star, and didn't get any baggage for three days. It was a good excuse to buy more clothes. There is no truth to the story that I almost drowned in the lagoon, it is highly exaggerated. I was only yelling to test the reflexes of my family, which I must say were pretty ordinary.

Now Bill had to call an ambulance for Marie. Marie is so important that two ambulances turned up. After they checked her over they decided they didn't want her. They offered Bill a ride, but he declined. He wanted a Rolls Royce. It has been reported that Steve cut the clothes line whilst mowing. He worked hard to get it fixed before Tanya came home. Her mistake was to leave him unsupervised. Speaking of Tanya, she omitted to order the meals at the Magpie and Stump last Friday, poor Steve nearly collapsed from hunger.

Cliff and Diane stayed at Bendigo at the Shamrock Hotel, a bit posh for them. Any way Cliff looked out the window to observe some nasty person had stolen his aerial and fancy bull bar. He went out, swearing revenge, to discover that it wasn't his car. His car was further down the street, perfectly safe. I worry about him some times.

I finally have some dirt on one of the boys, we did a BBQ with them last week, they appeared to do a lot of taste testing on the merchandise. Peter's behaviour was worse, he piled a great stack of uncut sausages on the BBQ and tried to set Steve on fire whilst he cut and sliced at the snags before the bottom ones burnt. I was beginning to think those boys were untouchable.

I think that will do for this month. I am late getting it in now. Don't take any notice of what others say about me I am squeaky clean. Catch you next time. Clyde Riley

## WANDONG PUBLIC HALL

Progress on the external area of the hall being painted is going slowly, though we have had a new window made and installed above the door leading to our shed and are currently waiting for the window in the community room above the kitchen to be made and replaced. Once this is all done the committee will work on getting a repaint done on the inside of the hall and the wooden floor refurbished.

We are still in need of a secretary if you feel you may be able to assist us in some small way. Please call Christine to discuss what this role entails.

Our regular user groups are always keen to have more people come along they are listed below:

- Dance classes for pre-schoolers Tuesday and Thursday mornings during term time.  
Contact Claire Bennett 0420 418 425
- The Craft group attend every Monday, it's an informal group, bring along some lunch, and something to do if you feel like it.. There is always someone on hand to help with crafty questions in the group and this has been our longest running group.
- The Lightwood Flats book club meet monthly - contact is Christine Cram Ph: 0458 238 270
- Wandong Country Knitters also meet monthly, contact is Coralee Souter. Ph: 0479 163 548
- Wandong Heathcote Junction Community Group hold a monthly meeting Ph: 0413 832 411
- Wandong History Group Monthly meeting – Karen Christensen Ph: 0432 120 736
- True Nature Retreats Yoga Classes Monday Evening 6.30 – 7.30 Cost \$20, concession \$15  
CONTACT: Christopher 0428 826 003 <https://truenatureretreats.as.me/>

The hall is available for hire phone Christine for bookings on 0448604770. Christine has an answering service so please leave a message if she cannot answer the phone, she will respond promptly.



# WANDONG-HEATHCOTE JUNCTION COMMUNITY GROUP

P.O. Box 242, WANDONG 3758 Tel: 0413 832 411



## WEBSITE

In March the <[www.wandong.vic.au](http://www.wandong.vic.au)> website received 705 visits. If any business or group has noticed any change which needs to be corrected to their entry, please let us know. To add your business or group email: [whatsnewswhj@gmail.com.au](mailto:whatsnewswhj@gmail.com.au)

## EASTER EGG BASKET RAFFLE

The Community Groups annual Easter egg basket raffle was drawn on Saturday 1st April. All proceeds go to projects and facility maintenance in Wandong Heathcote Junction. This year all the winners were from Wallan. 1st = Jones 2nd = Leanne 3rd = Rebecca

## WANDONG MURAL CIRCA 1900

Installation of the Wandong mural circa 1900, commissioned by the WHJCG and painted by Mr Vivian Kenney, has been completed at last. As usual the WHJCG received no favours from Mitchell Shire in erecting the mural in preferred sites but we do thank Alpine Petroleum for allowing us to erect the mural in Wandong Plaza. We also thank all sponsors of the mural including the Bendigo Bank, ARTC, Wandong Wallan Lions Club and the Wandong History Group and of course a massive thanks to Vivian Kenney who painted the mural free of charge. The WHJCG will shortly beautify the area around the mural with plants and mulch.

## MAINTENANCE

In response to letters exchanged with Mitchell Shire regarding projects and the maintenance problems in Wandong Heathcote Junction, Mitchell Shire officers met three of our members on Friday 17th February.

One request made over many years and again at the meeting was to fix the problems at the Wandong Bushfire Memorial Park car park. Potholes at the car park entrance (see photo) are filled regularly when requested by the WHJCG, bollards and signs are regularly hit by vehicles and the drain between the car park and the Epping Kilmore Road is dangerous and a disgrace, you could lose your car in it (see photo). Mitchell Shire officers have told the WHJCG that nothing is planned in the near future but we should submit the project for consideration in the budget which we have done. We want the drain put underground, bollards along the road removed, the car park sealed and parking to be angle parking off the road. The Shire refuses to recognise that this car park, toilets and park are the most visited on a daily basis in Mitchell Shire.



A month ago several loads of rubbish were dumped (see photo) beside the Wandong Broadford Road at Clonbinane - Mitchell Shire was advised and asked for comment but no response yet.



# Wandong Primary School



## School-Wide Positive Behaviour Support Award

Wandong Primary was awarded the Bronze level award for the implementation of a School-Wide Positive Behaviour Support (SWPBS) framework.

At Wandong Primary School, we are proud of the commitment that has been made to implementing School Wide Positive Behaviour Support – an evidence-based approach that focuses on enhancing the academic, personal and social outcomes of all students. It is preventative and switches the focus from negative behaviours to positive expectations and interactions.

This comes after two years of commitment and hard work on behalf of all staff to embed this framework consistently across the school.

At Wandong Primary School, we see incredible value in the SWPBS framework and have seen first-hand the impact it has had on our students and the culture and climate within the school. We remain committed to continuing this work and have already commenced working towards achieving Silver implementation status. This acknowledgment is a credit to all staff, students, families and the wider community at Wandong Primary School.

We thank you for your support and the ongoing part you play in assisting our students to achieve the greatest personal and social outcomes - skills that will support them to be successful in every aspect of their lives.

## 2024 Enrolment Information

Our second “Touring Wandong” session, similar to the first was at capacity. The final ‘Touring Wandong’ session is on WEDNESDAY 3<sup>rd</sup> of MAY at 10:00 am. We ask that our young people stay home, eat dinner and prepare for bedtime. It also means the mums and dads can focus on the information.

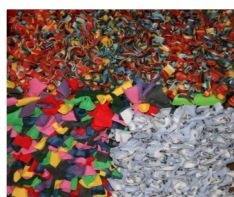
“STARTING AHEAD TO STAY AHEAD” - The first year of primary school is one of the most critical years in a child’s education. During this time, children learn the foundational skills that they will need to become effective readers, writers and mathematicians. There is a strong link between children who succeed in Foundation and those who go on to excel in later years of primary school, and beyond. We want our students to have the best of everything right from the start. The best teachers, the best education and the best opportunities. We designed Launchpad to give our students the best chance to excel from the moment they walk through our doors. Children enrolled for Foundation 2024, will be offered our onsite “Launchpad Learning for students”. These onsite sessions will run in the second part of the year to provide another opportunity for your child to start ahead, to stay ahead.

## Key Dates

Friday 7th - Sunday 23rd April: School Holidays  
Monday 24th April: Curriculum Day - No Students  
Tuesday 25th April: Anzac Day Holiday - No Students  
Wednesday 26th of April: Students Commence Term Two

## Snuffle mats for sale

The Snuffle Mat, is great mental stimulation for your pet. It can be used to reduce anxiety, slow down a fast eater or simply as a fun reward for your fur baby. Not only good for dogs, but cats and Guinea Pigs all love a snuffle mat. My mats come in three sizes and are double knotted and thick, every mat hand made here in Wandong.



Email:  
[wandongite@hotmail.com](mailto:wandongite@hotmail.com)

## VOLUNTEERING OPPORTUNITIES

### TRANSITION VILLAGE WALLAN



Contact –  
**Judy Clarke – tel 0404 740 261**  
**Ian Dempsey – tel 0419 890 015**



## THE COMBINED PROBUS CLUB OF WHITTLESEA INC.

REGISTERED # A0041714F

Established 2001

### MEDIA INFORMATION

MICHAEL B HALLEY PUBLICITY OFFICER

## Two dog night

In the outback a weather indicator is often the statement it's a two dog night! The guest presenter at the April meeting of The Combined Probus Club of Whittlesea was a Black English Labrador dog called *Lola* a professional *Assistance Dog*.

She was accompanied by her constant companion Andrew Hall a retired Army Warrant Officer who served for twenty-seven years. Andrew is the Montmorency Eltham RSL Sub-Branch Senior Vice President and Welfare Officer. Andrew assists with welfare for service, ex-service veterans and war widows who seek support. He provides information, advice and any welfare assistance for the individual circumstance.

Andrew acted as Lola's interpreter as we learnt about *Assistance Dogs*.

Lola graduated from the Department of Veteran Affairs [DVA] Psychiatric Assistance Dog Program and came to live at Andrew's family home just on three years ago. There, every night is a one dog night! Lola can detect that a sleeping Andrew is under stress and wakes him either gently or more demandingly.

Most attendees were familiar with Guide Dogs trained to help the visually impaired or Hearing Dogs, but Service Dogs like *Lola* are especially trained for people with stress related illness. Andrew, like many veterans suffers from Post-Traumatic Stress Disorder [PTSD]

A medical definition of PTSD is "a mental health condition that's triggered by a terrifying event — either experiencing it or witnessing it. Symptoms may include flashbacks, nightmares and severe anxiety, as well as uncontrollable thoughts about the event". Andrew briefly advised details of his service in combat zones and how he was not aware of the illness that caused him to be medically retired after long stints in hospital. Eleven percent [11%] of current serving personnel have been found to be suffering with PTSD which is lower than the 15% of Vietnam veterans. Over the last 18 years over 1300 suicides have been reported and females are more likely.

*Lola* undertook years of training to help Andrew meet his clinical recovery goals. She and nineteen others were placed with returned veterans who had suffered mental distress. This was the start of the DVA Psychiatric Assistance Dog Program for veterans with a diagnosis of post-traumatic stress disorder (PTSD). Assistance dogs are provided to veterans to help support their treatment for PTSD. *Dogs for Life* is one of the dog training providers contracted to assist DVA to support veterans nationally.

Andrew associated with several of the dogs but they did not click. Finally he met Lola and an immediate life-long bond commenced. At that time Andrew was at a low point and was almost a total introvert, spending much time indoors inactive. Lola made him get active and during the six months that both of them undertook training the Dog for Life was confirmed. Seventeen of the veterans completed the trail and also have their dog for life.

Lola has never barked or bitten and is a bit unique as she can revert to a normal dog. She was loose in the auditorium and engaged with the public, but she was ever vigilant that Andrew was under duress. She reacted when his voice tone changed. He did not feel it, but Lola sensed something and came to his side and altered him with a nudge! He explained that Lola is given a seat on Qantas planes and the crew often lets her wander around the aisles. They leave it to individual passengers to decide if her skill is drug detection!

Like other assistance dogs a fostering of puppies for 18 months is necessary. During this time they and the foster family undergo training to prepare them for the intensive course as adults. During Covid Andrew transported five graduates to Western Australia by road and explained his first experience of separating the foster families. There is a CRITICAL need for foster families. Andrew said fostering gives not only the veteran but the family life benefits! There is no use by date for the Assistance Dogs but eight to ten years is the anticipated active life. The retired dog remains with the family. Andrew does not know if he will be in need of a further companion after Lola retires but is confident that her assistance has completely changed his life. He explained that Lola has also improved the quality of his wife's life, who was previously his only carer.

A number of questions were fielded by Andrew; to one Andrew advised that similar programs for non-service personnel are provided by National Disability Insurance Scheme [NDIS].

Finally, the speaker co-ordinator Teresa Carlin presented Lola and her assistant with a gift each to a round of applause from the audience.

*Written by Michael Halley (Publicity Officer)*



### Contacts at the Club

**Glenda Vincent is Membership 0431 517 008**

**Cheryl Manicolo is Secretary 03 9715 1420**

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*Kilmore  
&  
District*

PO Box 550, Kilmore 3764  
President: Elaine De Gabrielle  
Secretary: Mark Perrott  
Contact: [info@u3akilmoreanddistrict.com.au](mailto:info@u3akilmoreanddistrict.com.au)

The AGM has come and gone and the new committee are working hard to ensure U3A runs as smoothly as ever. There is a good mix of new faces and some more experienced members on the committee and they are all becoming familiar with their new roles. Thanks to those who have put in such hard work over the past few difficult years, you deserve a well-earned break from official duties and we know you will continue to enjoy the opportunities that U3A has to offer.

Classes are up and running and we have three new options on offer; Upholstery, play reading and a ukulele sing along group. Details of the classes are posted on the website so check it out at <https://u3akilmoreanddistrict.com.au/> We could do with a few more participants in both the ukulele group and the play reading group so please contact the convenors if you are interested in joining either of these. They are a lot of fun.

The U3A recorder ensemble, Kandis, played out at the Kilmore Community Garden Harvest Festival event held on Saturday 25<sup>th</sup> March at the Anglican Church. It was a chilly start to the day and a bit windy, however the rain held off and pancake sales raised \$400.00 for the Mitchell Shire Suicide Prevention Network. Those who attended enjoyed the musical interlude and it was great for the band to be able to perform in public again.

The Garden group have had some pleasant and instructive outings to various gardens around the district. They meet on the second Thursday of the month behind the Kilmore Soldiers Memorial and visit a different garden each month. It is a great opportunity to share knowhow, swap seeds and plants and of course to socialise. Most of the gardens visited are stunning by the look of the photos.

The picture is from the March outing to Axedale.

Completion of the JJ Clancy Community hub is fast approaching with a late April deadline. Our secretary gave an update on progress to date at the AGM and there will be opportunity for our members to have a walk through when the work is complete. It is going to be a great venue with plenty of work space and car parking.

Email us on [info@u3akilmoreanddistrict.com.au](mailto:info@u3akilmoreanddistrict.com.au) or write to PO Box 550, Kilmore, 3764 if you would like to take advantage of the opportunities available for furthering learning and socialising with like-minded people. New members are always welcome.

Cheers, Amanda Oades



## **MAKE A DIFFERENCE - BECOME A VOLUNTEER**

If you are young, elderly, retired or working, please consider joining a community group and enjoy the rewards of volunteering. Join one of the community groups operating in Wandong Heathcote Junction.

Wandong Heathcote Junction Community Group Inc: Call 0413 832 411

Wandong Wallan Lions Club: Call 0418 142 172

Wandong History Group: Call 0432 120 736

# Lauren Kathage MP

## Labor Member for Yan Yean

For help with State Government issues such as housing, roads, transport or education, please phone my office on **9432 9782**.



 3/14 Yan Yean Rd, Diamond Creek VIC 3089

 [lauren.kathage@parliament.vic.gov.au](mailto:lauren.kathage@parliament.vic.gov.au)  03 9432 9782

Authorised by L. Kathage, Suite 3, 14 Yan Yean Road, Diamond Creek VIC 3089. Funded from Parliamentary budget.

# HE'S HERE FOR US

**Rob Mitchell MP**  
Member for McEwen

[Rob.Mitchell.MP@aph.gov.au](mailto:Rob.Mitchell.MP@aph.gov.au) | 03 5716 3000

Authorised by R Mitchell ALP, 57-59 High St, Wallan.



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# Wandong Fire Brigade



## Graeme Edwards (pictured) awarded a Wandong Fire Brigade Life Membership

Captain Yorin Miller and President Sandra O'Connor were proud to present Graeme Edwards with Wandong Fire Brigade Life Membership in March. Graeme has been a valued member of the brigade for over 25 years taking on various roles including firefighter, 4<sup>th</sup> Lieutenant, 3<sup>rd</sup> Lieutenant, VBFV delegate and Junior Leader. Graeme was awarded the National Emergency Medal for his role in the Victorian 2009 Fires and in 2016 was awarded the National Medal.



## Wandong Fire Brigade Open Day & Recruitment & Trivia Night

Wandong Fire Brigade will be opening its doors for tours of the station on Saturday 29<sup>th</sup> April 2023 from 12noon – 4pm. There will be activities for young and old. Plenty of people to ask questions about your fire plan. Our Fun day in 2022 was cancelled due to being busy with the floods. Soon after the fire season, we will be starting a recruitment drive, so drop by and see if joining the brigade will suit you! We are also excitedly planning a Trivia night for the Winter months.

## Good Friday Appeal

Wandong Fire Brigade members will be collecting for The Royal Children's Hospital Good Friday Appeal again this year. It is something we look forward to every year. We will be set up on Epping-Kilmore Rd near the Magpie & Stump, and also at Wandong Plaza.

## Only working smoke alarms save lives.

As we change our clocks back at the end of daylight savings, it is a great time to check the smoke alarms through the house. If you missed it on the 2nd April, do it right now! It could save your life.

Some handy tips to remember

- \* smoke alarms should be installed in every living area and bedroom
- \* smoke alarms should be tested monthly by pressing the test button until the alarm sounds
- \* smoke alarms should be cleaned with a vacuum cleaner at least once a year
- \* smoke alarms should be interconnected, so that when any alarm activates, all smoke alarms will sound
- \* smoke alarms should be replaced after 10 years - this includes smoke alarms attached to mains power
- \* smoke alarms should be installed on the ceiling at least 30cm from the wall, or where installed on the wall at least 30cm from the ceiling

## Fire Restrictions

The fire danger period in the Mitchell Shire end on Monday 10<sup>th</sup> April 2023. Even though we are beginning to experience milder conditions, there is still the potential for fires to occur. If you burn off after the conclusion of the fire danger period, please be mindful that the vegetation is still dry and its easy to lose control of your small burn-off. Take care and make sure you have water available at all times and never leave your burn-off unattended. It is important to always register your burn with the Burn-Off Notification Line on 1800 668 511. For more information see <http://www.cfa.vic.gov.au/warnings-restrictions/can/>.

## Junior Fire Brigade

Wandong Junior Fire Brigade meet up between 6.30 and 8pm on Mondays at the station. Junior members are between 11 and 16 years old and live in the local area. The juniors achieved their Level 2 First Aid certificates recently, as well as having a visit by Ambulance Victoria to the fire station. They also travelled to Kilmore fire Station to learn about the various roles involved when a big fire is on. The juniors are looking forward to assisting with the Royal Children's Hospital Good Friday Appeal this year.

## Fire Equipment Maintenance

Installing and Maintaining your Fire Suppression Equipment is required under the Building Code of Australia. Trained Wandong Fire Brigade members volunteer their time to provide this service to the Community and in turn raise funds for the Brigade to purchase equipment that protects the Community. All servicing carried out is compliant with the required Australian Standards. Our Forward Command Vehicle and FEM trailer have been provided through the work of these volunteers, and local individuals and businesses utilising this important service. If you are in need of Fire extinguishers, hose reels, fire blankets or ongoing maintenance of your equipment contact John Simpson on 0421 319 203 to discuss your needs.

# WANDONG JUNIOR FOOTBALL CLUB

Please contact the Club via email [wandongjfc@gmail.com](mailto:wandongjfc@gmail.com) for further information.  
Or, search our face book page or Team App page by typing "Team App Wandong Warriors".

## AGE GROUPS SEASON 2023

The new ages groups will be under 9, under 10s, under 12s and under 14s

## NEW PLAYERS WELCOME

We are recruiting new players, so feel free to come to training and keep on our Facebook page for further details details on season 2023 training and season dates.



**SEASON 2023**  
**PLAYERS WANTED!!**  
BOYS AND GIRLS WELCOME TO JOIN OUR  
UNDER 9'S, UNDER 10'S, UNDER 12'S AND UNDER 14'S TEAMS!



**REGISTRATION FEE ONLY \$50 PER PLAYER**  
**INCLUDES REGISTRATION, PLAYING GUERNSEY AND SHORTS!**

### TRAINING

We are training Tuesdays and Thursdays 4:30-5:30pm  
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We look forward to seeing you all back for season 2023!

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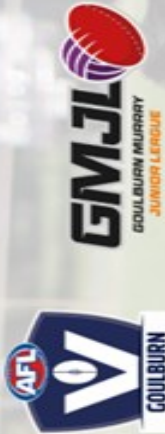
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# WANDONG WARRIORS FIXTURE

## OFFICIAL SEYMOUR SEASON FIXTURE 2023



<b>23rd April</b> <b>Round 1</b> Alexandra v Seymour St Mary's v Tabilk Wandong v Yea Broadford v BYE	<b>30th of April</b> <b>Round 2</b> Broadford v Yea Seymour v St Mary's Tabilk v Wandong Alexandra v BYE	<b>7th of May</b> <b>Round 3</b> Alexandra v Broadford Wandong v Seymour Yea v Tabilk St Mary's v BYE	<b>14th of May</b> <b>Round 4</b> Yea v Alexandra Broadford v St Mary's Seymour v Tabilk Wandong v BYE	<b>21st of May</b> <b>Round 5</b> Alexandra v St Mary's Wandong v Broadford Seymour v Yea Tabilk v BYE
<b>28th of May</b> <b>Round 6</b> Wandong v Alexandra Broadford v Tabilk St Mary's v Yea Seymour v BYE	<b>4th of June</b> <b>Round 7</b> Tabilk v Alexandra Broadford v Seymour St Mary's v Wandong Yea v BYE	<b>GENERAL BYE KING'S BDAY</b>	<b>GENERAL BYE INTERLEAGUE</b>	<b>25th of June</b> <b>Round 8</b> Seymour v Alexandra Yea v Wandong Tabilk v St Mary's Broadford v BYE
<b>GENERAL BYE SCHOOL HOLIDAY</b>	<b>9th of July</b> <b>Round 9</b> Yea v Broadford St Mary's v Seymour Wandong v Tabilk Alexandra v BYE	<b>16th of July</b> <b>Round 10</b> Broadford v Alexandra Seymour v Wandong Tabilk v Yea St Mary's v BYE	<b>23rd of July</b> <b>Round 11</b> Alexandra v Yea St Mary's v Broadford Tabilk v Seymour Wandong v BYE	<b>30th of July</b> <b>Round 12</b> St Mary's v Alexandra Broadford v Wandong Yea v Seymour Tabilk v BYE
<b>6th of August</b> <b>Round 13</b> Alexandra v Wandong Tabilk v Broadford Yea v St Mary's Seymour v BYE	<b>13th of August</b> <b>Round 14</b> Alexandra v Tabilk Seymour v Broadford Wandong v St Mary's Yea v BYE	<b>Finals Fixture</b> Final Rd 1 - 20th of August Final Rd 2 - 27th of August Grand Final - 3rd of September	<b>Times</b> Under 9 & 10 - 9:45 am Under 12 - 11:00 am Under 14 - 12:30 pm Under 16 - 2:00 pm	<b>Fixture applies to the following:</b> Seymour U9 Seymour U10 Seymour U12 Goulburn Murray U14 Seymour

# Darraweit Guim Primary School News



Hello for students and staff at DGPS.

## THE NEW FENCE

We are super excited to watch our new fence being erected around the school. We have used the old named fence posts to make a feature at the front of the school and to keep in with a little nostalgia. We thank our local fencer, Warren, for doing such a great job.



## REBUILDING AFTER THE FLOOD

Our buildings are nearly ready for us to move back into. Here are some photos of the re-instatement of our original buildings. It will be nice to get rid of the big construction area fences!!



Finally, last week we celebrated of acceptance and respect for all cultures through 'HARMONY DAY'

We participated in some wonderful whole school activities, which culminated in a 'Orange' colour run.



## 2024 ENROLMENTS

We are very proud of our little school and would love to encourage families to come in and see what we do.

Please contact me,  
Carol Booker - Principal, on 5789 1234 to arrange a tour.

## WANDONG CFA JUNIORS



## BECOME A JUNIOR VOLUNTEER TODAY!!

Aged 11-15? Learn teamwork, leadership, emergency response skills, community service and more.

WHERE: WANDONG CFA 83 Rail Street Wandong

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# MITCHELL AGILITY DOG CLUB (MAD)



MITCHELL AGILITY  
DOG CLUB

MAD is a public dog training club operating in the Mitchell shire.

MAD offers weekly dog training classes year-round for a single membership fee (about \$60 per year) plus a \$2 fee per class. When time and trainers permit we also offer other dogs sports opportunities to our members including Rally, Tracking, and tricks as well as social opportunities like group walks.

All new members to our club start in our FOUNDATION Class.

This class is offered weekly and there is no minimum or maximum amount of time members spend in this class.

This class has a fluid syllabus so exercises are regularly switched up or swapped out to keep it fresh and continue developing new skills.



In this level we focus on teaching good training practices; this includes

1. *deciding what behaviours we want to teach and breaking the behaviour into small achievable steps towards the goal.*
2. *We go over how we can shape, lure or capture these behaviours depending on the dog and skill.*
3. *How we can mark them (let the dog know when they are doing what we want)*
4. *and reward the dog effectively in a way that reinforces the correct behaviour.*

In this level we also build the dog's engagement and focus in training (not all dogs can concentrate for a full hour straight away in a group setting) as well as their motivation, body awareness and confidence.

Some of the specific behaviours we cover in the foundation level include:

- Offering eye contact and connecting with the owner.
- Basic obedience behaviours - Sit, stand, drop, stay, recall.
- Lifestyle skills such as resting on a mat calmly (great for cafes!), walking on a loose leash, passing or ignoring other dogs.
- Nose or paw targeting
- Stretching and strengthening exercises
- Proprioception (body awareness) and confidence in novel items (eg wobble boards, going through tunnels or stepping between the rungs of a ladder, going over a seesaw or dog walk, stepping up or in boxes)
- Tricks! Including; Spin, go around a cone, perch on a pedestal, jump through a hoop, straddle and weaving through legs.



Once members are ready to move up they then begin developing more specific skills in the area's that interest them. Typically this is advancing in Obedience (including Rally) or Agility. **Obedience** helps members to train their dogs as well-adjusted, controllable companions. It helps build reliability even with distance and distractions and mentally gives your dog a work out while building your bond together.

Obedience works on set exercises that are done in close proximity to the handler and builds in precision and complexity.

**Agility training** compliments obedience training in building a working relationship between dog and handler.

It is a fast and active sport and requires a happy and motivated pairing of dog and handler.



Some member's may pursue trials and titling in these sports, others will use it to enrich the lives of their canine companion and improve their home life, some may use it to maintain their dog and their own health, fitness and well-being, others enjoy the social aspects of the club and the enjoyment of being around other dog enthusiasts.

Our training methods are strongly based in positive reinforcement techniques.

We utilise reinforcers such as food, toys/play and praise as motivators or as a reward for your dog performing the appropriate or sought after behaviours.

Handlers are taught how to train their own dogs and for best results are expected to practice what is taught at home each week.



At the moment the Club does set intake days regularly throughout the year.

**Our next new member intake day is SUNDAY 30th APRIL 2023**

*Other dates for 2023 will be...*

*16th July,*

*1st October*

*and Wallan Pet expo (TBC but approximately 18th November).*

If you are interested head down to the back oval (behind the stadium) of LB Davern reserve in Wandong between 9-10am on that day.

We will be doing intro sessions one-on-one and manning admin the whole time so arrival is flexible in that time frame.

If after this session you would like to become a club member we will have membership forms available at the desk and can accept card, bank transfer or cash payments for membership fees.

Bring:

- Yourself,
- Your dog (\*\*on collar and lead\*\*),
- A copy of your dog's vaccination record (a photo is sufficient)
- Plenty of dog treats
  - we suggest about 2 cups worth for a medium/large dog and a mix of low value (eg. kibble, diced vegetable) and high value (eg. diced prime 100 roll, cooked chicken)
  - If your dog likes toys you can bring this down as well



For more information find us on Facebook

<https://www.facebook.com/MitchellAgilityDogClub>

Or email us at [mitchellagilitydogclub2016@hotmail.com](mailto:mitchellagilitydogclub2016@hotmail.com)



The L.B.Davern Reserve is open to all our community, so please come down and enjoy this great facility ,join the various clubs , just walk through along the G-Day trial, take the kids down to play on the play equipment or just play and exercise on the oval.

Junior Football and Netball Clubs are busy organizing their activities ready for the 2023 season. Registrations and preseason has started, watch out for them and please support our Junior Clubs.

It's good to see the Reserve back to life with our community supporting their groups and other activities enjoyed by those who participate. The Broadford Senior Football club are down at the Reserve in preseason training and the Wandong Primary with their sporting activities.

We will see continued developments that will complement our sport groups and community. We are very lucky to have a Reserve that has character and bush ambience atmosphere that complements our communities.

The following projects below:

Construction work of stage 1 Fitness Pod, opposite the G Day has been completed and the disability excess path has also been completed. A great asset to the Reserve and its good to see it being used by all.



The Community Centre Refurbishment is in its early stages of design architecturally confirmation stage.



**Community Centre around 2000**



**2023**

**Wandong Netball club was successful in their Grant application With Bendigo Bank for their seating project, which is now complete**







**CONTINUED FROM PAGE 22**

Toilet project over at the Horse Riding Clubs has commenced, a long overdue project.



We are currently in the process of planning stage for the drainage rectification of the west and North side of the oval-looking at a September start commencement for project.

If anybody in our community would like to share any photos of History of L.B Davern Reserve for us to share on What's News please send to [kooraw@bigpond.com](mailto:kooraw@bigpond.com)

**L.B.Davern Reserve**

**We have come a long way to have a facility that we all can be proud of.**



**Our Community building** is also a great asset to hold kids parties, family type events and private functions of all sorts. Please consider when planning a function.

Contact our booking officer  
Darlene Gunter 0418 312 762.  
Get in quick as bookings are coming in fast.

**For all L.B.Davern Reserve Bookings to either:**

**-Oval Bookings, Stadium bookings and enquiries -**  
Mitchell Shire Council  
Recreation and Open Space unit ph. 5734 6200.

**-Community Centre and Sports Pavilion contact:**  
Darlene Gunter  
Booking Officer for the WHJSCC  
on 0418 312 762

**Rob Telfer**  
**President,**  
**L.B.Davern Reserve Committee**  
**12 Dry Creek Cres,**  
**P.O.Box 303, Wandong 3758**  
**Mobile 0408 393 250**



**To our community, we need your help; We need to catch any persons vandalizing our Reserve!!!!**  
**If Residents notice anything out of the ordinary please contact the police on 000**  
**It is in our community interest that we all keep our Reserve safe for all to use!!**



# WANDONG NETBALL CLUB



## 2023 REGISTRATIONS

Thank you to all players who have registered for the season.

Our 2023 Coaches are; U9 - Jo Mazurek and Amy Hall, U11 Jo Pascoe, U13 – Cassandra McKenzie and Jodie Carland, U16 – Chris Mazurek.

With 6 teams on the roster this year we are please to announce a *waiting list for a second U11 team.*

If you child is interested in playing please email Jo [wandongnetball@gmail.com](mailto:wandongnetball@gmail.com) to go on the list.

We still have 3 places left for the U9 team

If you are interested in playing in our 9 & under group, please contact us before registering so we can ensure we have a spot for you.

After this confirmation, registration can be made via <https://netballconnect.worldsportaction.com/login>

Game Days: Saturday mornings with season starting 29/04/2023

U9 Training Day: Thursdays 4:00pm - 5:00pm.

## NetSetGo REGISTRATIONS

The Wandong Netball Club is proud to host our annual NetSetGo comp.

We run our program in Term 4 each year at the Wandong Memorial Stadium.

The NSG program is designed for children aged 5-10 and is a fun, inclusive and diverse program aimed to provide future potential players, with the basic skills required to understand and enjoy Netball.

This year we are opening registrations early so that every NetSetGo-er can take advantage of the new and exciting opportunities and events that will occur over the next few months.

**Program Dates:** Commencing Wednesday Oct 4th – Wednesday 13th December weekly.

**Time:** 4:30pm – 5:30pm

To register please log in to Netball Connect, follow the prompts, and select NetSetGo -NetSet Program.



## GET ACTIVE KIDS

Round 6 of the Get Active Kids Voucher Program is now open and the Wandong Netball Club is a registered partner. Victorian families with a Health Care Card or Pensioner Concession Card can apply for up to

\$200 to support their child's sport and active recreation activities.

Find out more at [www.getactive.vic.gov.au/vouchers](http://www.getactive.vic.gov.au/vouchers)

Applications close Wednesday, 10 May 2023.



## BENDIGO BANK SEATING

We would like to say a huge Thank You to the **Bendigo Bank** team, Wallan branch.

Late last year, exiting Committee Member Kath Ricardo, applied for a Grant from the Bendigo Bank.

We were thrilled beyond words when we heard the great news that we had been approved for seating.

These seats not only look fantastic but provide comfortable seating for *40 people* to view games and training.

This will benefit not just the Netball Club, but the wider community for years to come.

**Bring on the 2023 season – GO WANDONG!**

**The Wandong Netball Club is a child safe club.**

**For more info please visit**

<https://www.playbytherules.net.au/online-courses>



**Under 13 White enjoying the new seating after training**

Hi everyone,

This month I would like to have a quick chat about Carer Gateway's In Person Peer Support program.

**What is In Person Peer Support?**

In Person Peer Support is the opportunity to learn from peers through the sharing of lived experience.

For carers, sharing of knowledge and the support of a peer who 'has been there' can offer reduced levels of worry, tension and distress.

Studies have shown the benefits of peer support to include gaining skills, increasing self-knowledge, sharing positive experiences and forging connections with others.

**What is an In Person Peer Support Group?**

The In Person Peer Support Group is a FREE facilitated peer support group for carers enabling connection with other carers. The group allows for personal connections and sharing of personal stories and experiences amongst carers.

Over 4 – 6 weeks the group will cover the following four topics:

- Connection
- Finding Community
- Making Meaning of Now
- Finding Purpose

All sessions are flexible and tailored to different groups of carers.

Importantly In Person Peer Support is suitable for ALL carers, including young carers.

**I'm interested – what do I do now?**

Great! For more information or to register your interest please contact Jill Smith the In Person Peer Support worker at Familycare. Jill can be contacted on 5823 7034.

Until next time, Jason

## TIPS FOR ADULTS AT KIDS SPORT

<p><b>1. Keep it fun</b> don't take it <i>too seriously</i> <small>It's not the world titles</small></p> 	<p><b>6. Let coaches do the coaching</b></p> 
<p><b>2. Be enthusiastic</b> but don't <i>scream</i> &amp; <i>shout</i> instructions from the sideline</p> 	<p><b>7. Always remember, volunteers run kids sport</b></p> 
<p><b>3. Emphasise trying hard</b> <i>not winning</i></p> 	<p><b>8. Understand, uphold and support your club's code of conduct</b></p> 
<p><b>4. Cheer &amp; acknowledge good plays by all players</b></p> 	<p><b>9. Allow your child to play for themselves</b> <small>Let kids make the decisions on and off the field</small></p> 
<p><b>5. Accept decisions by officials</b> <small>they are human &amp; can make mistakes</small></p> 	<p><b>10. Think before you speak</b> <small>Your words may harm others</small></p> 

**We understand that retirement means you finally get to focus on living.... *save yourself time and stress***



**Have your medication  
PACKED and DELIVERED  
FREE\***

**CALL US ON  
5787 1010**



**\*FOR FIRST THREE MONTHS. CONDITIONS APPLY.  
PLEASE CALL OR SEE IN STORE FOR DETAILS**

# Clonbinane Rural Fire Brigade



## End To Fire Danger Period is 11 April 2023

Despite recent rainfall, it is still prohibited to burn off in the Mitchell Shire.

The Fire Danger Period for Mitchell Shire Council will cease at 1am on Tuesday 11th April 2023. It is a Mitchell Shire By-law that you must register your burn off. Register online or by phoning 1800 668 511. registering burn-offs online at [firepermits.vic.gov.au](http://firepermits.vic.gov.au) would ensure the burn could be added to the state-wide register and prevent unnecessary callouts by fire brigades to your property.

## Royal Children's Hospital Good Friday Appeal - Friday 7 April

The CFA has been part of the Royal Children's Hospital Good Friday Appeal for over 70 years.

Clonbinane CFA have been collecting for the Kiddies on Good Friday for several years now.

We are running a virtual tin shake and have also planned for the big red truck to travel the streets of Waterford Park and Clonbinane to collect. We appreciate your contribution to this worthy cause. Dig deep for the kiddies by following this link to donate.

<https://fundraise.goodfridayappeal.com.au/fundraisers/ClonbinaneFireBrigade>

## ANZAC Day

Clonbinane CFA will again be a part of the ANZAC Service at Wandong at 12 noon on 25/4/23.

## Burning Off

Conditions have to be right! Windy conditions greatly increase the likelihood that your burn off may get out of control.

From past experiences we know burn-offs can flare up a couple of days after the burn-off, which highlights the importance of making sure your burn-off is fully extinguished and keeping an eye on weather conditions not just for the day of your burn but for the following days. We'd urge anyone who has burnt off in the past few days to double check that it has been fully extinguished.

The CFA Chief Officer urges Victorians to take extreme care when burning off. "We encourage residents to take advantage of the current window of opportunity to clean up their properties before the next bushfire season, but the effects of an out-of-control fire can be devastating," he said.

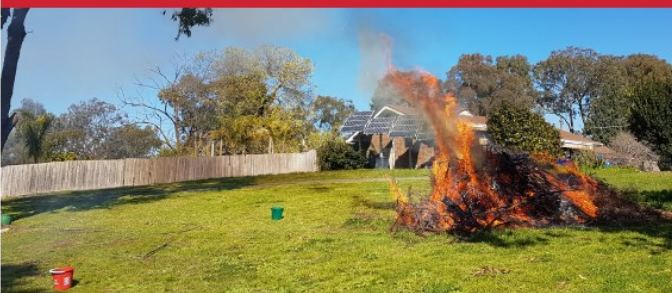
"It is absolutely essential that you have enough water on hand to put out a fire. There isn't enough time to run back to your house if your fire gets out of control. You should construct a fire break, free of flammable materials around any burn-off." Property owners have legal obligations when burning off. Failing to comply with local council by-laws and state legislation can lead to a fine.

All calls to Triple Zero about smoke sightings are cross-checked with that register, and firefighters are called out if nothing is listed for that location. False alarm calls to unregistered burn-offs take volunteer firefighters away from workplaces, families and other emergencies.

## Keep your burn off safe and legal:

- Always register your burn on 1800 668 511
- Check and monitor weather conditions - particularly wind
- Warn your neighbours beforehand that there will be smoke in the air
- Leave a three-metre fire break, free from flammable materials around the burn
- Have sufficient equipment and water to stop the fire spreading
- Never leave a burn-off unattended - stay for its entire duration
- If your burn-off gets out of control, call '000' immediately
- For further information <http://www.cfa.vic.gov.au/burnoff>

Are you burning-off  
safely?



Please check out the CFA website if you require any fire prevention information.

[www.cfa.vic.gov.au](http://www.cfa.vic.gov.au)

Cheers

John Mahoney- Captain

## ENDING OF THE FIRE DANGER PERIOD

The Fire Danger Period for Mitchell Shire Council will cease at 1am on Tuesday 11<sup>th</sup> April 2023.

# SUDOKU

Answers on page 32

Place the numbers 1-9 only once in each row, column & 3x3 block

		9		8		5		
	1							2
5			4	3		8		6
9		6			5			3
	5			7				
	4				8	1		9
		1	3					4
		4			9	6		
8	3			6				1

## THIS MONTHS QUIZ

Answer appears on Page 32 but no cheating!

1. Which is the only body part fully grown from birth?
2. What is the capital of Canada?
3. What color are Mickey Mouse's shoes?
4. What is Harry Potter's owl called?
5. What was Muhammad Ali's birth name?
6. Who invented the lightbulb?
7. What takes place in Hong Kong's Happy Valley?
8. Which planet shares its name with a dog?
9. Prior to 1935 what was Iran known as?
10. What is the name of Batman's butler?
11. Who was the lead singer of the band, Culture Club?
12. Who is the writer of "Merchant of Venice"?
13. What does CIA stand for?
14. Who founded the World Scouting Movement?

## Kilmore/Wallan RSL Sub Branch

meets the last Thursday night of the month and open every Wednesday 10am -12pm at Kilmore Memorial Hall

Contact Rod Dally 0417 522 835  
We have Pension and Welfare Officers to help veterans in the area.

## MITCHELL SHIRE COUNCIL



### How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website [www.mitchellshire.vic.gov.au](http://www.mitchellshire.vic.gov.au)

### Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

## Justice of the Peace for Victoria

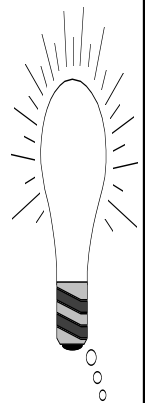
Sue Marstaeller

Mobile: 0438 871 520

*Sue is available to sign documents.  
Phone for appointment.*

## ROB & LEONIE FERRIS

**ELECTRICAL CONTRACTORS  
REC 3028**



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- \*Security systems
- \*Underground Mains
- \*Stove & hot water repairs
- \*New houses & rewires
- \*Safety switches & smoke detectors
- \*Commercial & Industrial
- \*Austel Licensed phone points

**Phone 5782 1746  
Mobile 0418 323 838**

# Whittlesea Community Network

92a Church Street Whittlesea 3757  
Ph: 03 9716 3361 Fax: 03 9716 3816  
Email [wchi@whittleseach.com.au](mailto:wchi@whittleseach.com.au)



It's starting to get chilly and a wee bit too dark in the morning but there's still lots happening here at the House! By the time you are reading this the Easter Bunny will have been and a new term will be fast approaching! In case you haven't seen our new website – it is up and running and allows you to book and pay for courses with just a few clicks! [www.wchi.com.au](http://www.wchi.com.au)

## **Power Saving Bonus Returns for 2023!**

A new round of the Power Saving Bonus returned on 24<sup>th</sup> March! Grab your most recent electricity account and your banking details and we can help you with your application. Sessions to assist will be held between 1.00pm – 3.00pm on:

Tuesday 2<sup>nd</sup> & Thursday 4<sup>th</sup> May

For assistance outside of these sessions call the House 9716 3361

## **Community Meals**

**Big Blokes Brunch** continues at the Whittlesea Community Activity Centre on Tuesdays! Join the blokes for brunch each week:

Tuesdays 11.00am – Noon \$2.00 per person

**Ladies Lunch** -join the ladies who lunch each fortnight at the Whittlesea Community Activity Centre Thursday 27<sup>th</sup> April and 11<sup>th</sup> & 25<sup>th</sup> May 11.30am – 1.00pm \$2.00 per person

## **Digital Essentials 1**

Tired of asking your kids and grandkids for help with technology? We can teach help!

Tuesdays for 8 weeks from 11<sup>th</sup> July 10.00am – 12.30pm \$20/concession FREE

**First Aid** (CPR, Provide First Aid & Provide First Aid in an Emergency in an Education & Care Setting)

Online learning + face to face Saturday 15<sup>th</sup> April \$85/\$150/\$195

## **Boat Licence**

Saturday 20<sup>th</sup> May 9am – 1pm OR 1pm – 5pm \$130 per person

Students from 12 years+ (students under 16 years are not eligible for PWC endorsement)

**\*\*Save the Date\*\***

## **Scooter Safety Session**

Are you thinking about buying a scooter to aid your mobility? Do you have a scooter but lack confidence in using it? Travellers Aid are coming to Whittlesea Community Activity Centre for this one-off session to answer all your questions and provide an opportunity to use a scooter to try it out!

Tuesday 2<sup>nd</sup> May 1.00pm – 3.00pm FREE

Please call to book 9716 3361 or book online at [Scooter Safety - 02 May, 1:00 PM \(socialplanet.com.au\)](http://socialplanet.com.au)

## **Celebrate Law Week – Money, Money, Money!**

Pop this date in your diary and join us as we celebrate Law Week with an informative session on MONEY. We will be consulting the experts on what it means to be a guarantor (and the potential risks), pay day lending pitfalls and alternatives, money scams, afterpay and credit card hidden costs. Its FREE, there's lunch and we guarantee you will learn something!

Friday 26<sup>th</sup> May, 2023 12 Noon – 1.30pm

Please register for catering 9716 3361 or book online at [www.wchi.com.au](http://www.wchi.com.au)

## **Fix It Friday RETURNS!**

Fix it Friday is back in 2023! Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre!

Meet experts from Whittlesea Community Connections, Social Worker, Espresso Legal, Uniting Financial Counselling, NDIS, Centrelink and Lift (Mental Health Program), Victoria Police, My Aged Care, No Interest Loan Scheme and heaps more!

Call 9716 3361 to register in advance, it's FREE

Friday 28<sup>th</sup> April 10am – 1.00pm

We can't wait to see all your smiling faces. A more comprehensive list of what is coming up at the House can be found on our website [www.wchi.com.au](http://www.wchi.com.au) or you can pick up a brochure from the House or call to book any of the above on 9716 3361. See you soon!

**All Weather Training Facility - Heathcote Jct**  
(Established 1995)

Puppy School - Social Classes  
Adult Classes - Trick Training  
Behaviour Problems



**Workshops**  
Dog Park Etiquette  
Intro to Agility  
Dock Diving  
Cross Country

**Alfoxton Dog Centre**

[www.alfoxton.com.au](http://www.alfoxton.com.au)

*Boarding Dogs / Cats -short and long term Farm Stays.  
Dogs have large indoor/outdoor pens. Also big play paddocks  
where your dog has room to get out and burn off their energy.*

*Cats and little Dogs get to hang out in fully enclosed and heated  
Mud Brick Cattery*

Phone: Anne **0402 118929**

**60 Junction Rd, Heathcote Junction, Vic**

Alfoxton is a registered Domestic Animal Business - Mitchell Shire

**Weather Report -  
March 2023**

**Heathcote Junction/Wandong**

The first month of autumn when we start the transition from summer to winter. What a happy thought. Conditions during the month were comfortable without any major weather events. Temperatures also made for comfortable conditions which cooled during the last two weeks.

Rainfall was light with only 18 mls in the first half of the month and 39 mls recorded in the second half.

Our supply dam at Sunday Creek recorded at 71% of capacity on 27<sup>th</sup> March – a significant drop from 97% in February, understandable with dry conditions for the first quarter.

For comparison, the total for the quarter in 2022 was 145 mls – this year 57.5mls.

**Stats**

March 2023 - 57.5 mls  
Previous year - 59.5 mls  
Average prev 10 years - 53 mls  
Total this year - 97 mls  
Total prev year-145 mls

**FRIENDS OF DISAPPOINTMENT**

Are you interested in the history, conservation and community of the Mount Disappointment State Forest and surrounding areas.

Join “Friends of Disappointment” to share history, photos and ideas.

<https://www.facebook.com/mountdisappointmentclonbinane/>



For information about coming MBUG rides, check out the website at

< [www.mbug.org.au](http://www.mbug.org.au) >  
or contact the Secretary,  
John on 5787 1333.

**QUIZ ANSWERS (from page 30)**

1. Eyes
2. Ottawa
3. Yellow
4. Hedwig
5. Cassius Clay
6. Thomas Edison
7. Horse racing
8. Pluto
9. Persia
10. Alfred
11. Boy George
12. William Shakespeare
13. Central Intelligence Agency
14. Robert Baden-Powell

**SUKODU  
solution**

3	6	9	7	8	2	5	4	1
4	1	8	5	9	6	3	7	2
5	2	7	4	3	1	8	9	6
9	8	6	1	4	5	7	2	3
1	5	2	9	7	3	4	6	8
7	4	3	6	2	8	1	5	9
6	9	1	3	5	7	2	8	4
2	7	4	8	1	9	6	3	5
8	3	5	2	6	4	9	1	7



## **The Well Mannered Dog - Building Boundaries** By Anne Zelvys IACP-CDT

### **Understand the difference between DISCIPLINE and PUNISHMENT ... ?**

As a society we see hitting or smacking as aggression. Humans can often resort to this option when they become frustrated by situations they cannot control. Our objective is to build a bond with our dogs thus we need to avoid creating confusion for the dogs ..... but *human emotional responses* just don't make sense to a dog.

If your dog behaves in a manner that is problematic, but you do nothing hoping the problem will just go away. Then your dog is unable to see the boundary .... hence this bad behaviour will continue....

**Consider :** *Discipline & Punishment may appear similar, but actually have very different meanings!*



**DISCIPLINE** - Is when you have set clear boundaries for behaviour. If the dog crosses the boundary then the Authority Figure (YOU) should step in and block the behaviour UNTIL the dog stops and withdraws from the action... Behaviour stops, then you stop... then ignore dog and go back to what you were doing.... (do not praise the dog for stopping, as this prevents the dog from seeing where he made the mistake).

If the dog then breaks the boundary again - the Authority Figure once again steps in to block the behaviour. Again you stop when the dog stops and withdraws from the action. The dog starts to see a pattern, hence will diminish this behaviour.

**Example:** *Dog barks – you growl using enough energy that makes the dog to stop barking – the second the dog is quiet you then drop your energy and even turn away... now wait to see what his next choice is.... Hopefully he will remain quiet or even walk away.*

**PUNISHMENT** - Is when you apply physical or mental restraints when your dog breaks your rules. Sounds similar ! However the difference is; that should verbal/physical restraints CONTINUE when the dog attempts to withdraw from the action, then you have now fallen into the category of Punishment.

**Example:** *Dog Barks – you growl or perhaps even hit the dog - he moves away and becomes quiet however you keep yelling and threatening. The dog cannot see what is wrong, hence dog becomes confused.*

**Don't be afraid to try** - Many families can be scared of enforcing discipline. Nobody wants to think that they would hurt their dog either physically or mentally. But if we are honest with ourselves, most people are afraid that the animal will become upset and no longer love them, so often the humans just do nothing... which causes confusion for everyone...

Well here is some good news – Your dog will love you whether you discipline him or not. The love your dog shows is a dog love, which is different to a human love. After all, human love is varied and fickle whereas animals show love in an uncomplicated and honest fashion. What a dog finds really cool is when humans understand them.

*If we learn how to create **clear boundaries**... we build respect, and this is really the best basis for love..... Remember, respect works best when it goes both ways.*

(© Original property - this is not to be reproduced without the written permission of the author)



## **Alfoxton Dog Centre**

All Weather Training Facility - Wandong & Coburg

www:[alfoxton.com.au](http://alfoxton.com.au) Ph: 0402 118 929

**Puppy School - Social Skills - K9 Ninja - Trick Classes - Behaviour Issues**



## Neighbourhood Watch

Let's watch out for each other

### South Mitchell

## Pet Fraud

**A dog or cat can help with loneliness, give you companionship and someone to talk to, and sit with you during the evenings. This can be another way a criminal can defraud you!**

Some of our aims are to minimise the incidence of preventable crime and deter criminal activity, but we also try to reduce the fear of crime. A dog or cat could be of benefit in order to give the person a companion and a built

in security system. Dogs are known to be a good deterrent to thieves but cats can also warn you of an intruder outside. Some researchers have postulated that socially excluded or lonely people may be more likely to view certain place or events as threatening (De Donder et al., 2005).

Pet scams have exploded in the wake of COVID-19. In Australia they have increased by more than 1000% over the last two years. Many people have seen the value of owning a pet when they were based from home, but along with the demand for pets came the number of scammers who were, and are still, greedily awaiting for the naive buyer to contact them.

Sometimes it comes with a plea for more money but in other cases, you are led on for weeks on end thinking that you have just purchased that very cute and loving puppy only to find that there is no cute puppy at the end and the breeder doesn't even live there anymore.

Some people are happy to get a new family pet from a shelter but others are prepared to pay significantly more and buy from breeders. If you choose to buy from a breeder, we suggest:

- Check whether the images are posted anywhere else on the web;
- Check the testimonials of the breeder;
- Be extra cautious if the use a WhatsApp phone number. They start with 0480-0 or 0488-8;
- Verify that the breeder is part of a Applicable Organisation which deals with the breeding of animals; and
- Ensure the breeder has a source number issued by Animal Welfare Victoria.

**It is an offence to sell a dog, puppy, cat or kitten without the source number and animal's microchip number included in the advertisement.**

**Any source number quoted should be verified with Animal Welfare Victoria.**

The ACCC says anyone who believes they may have given personal information or money to a scammer should contact their bank or financial institution as soon as possible. It also recommends reporting the incident via its Scamwatch website and to local police.

For more information, <https://www.choice.com.au/outdoor/pets/products/articles/pet-scams>

### Hotlines:

**000**

**Emergency**

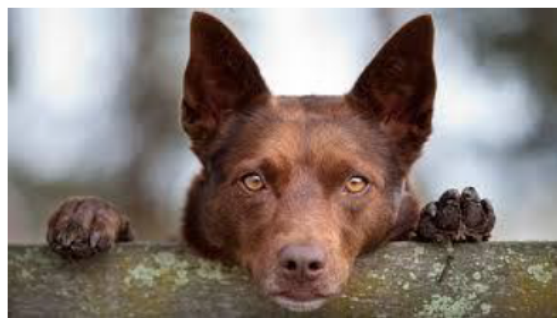
**131 444**

**Police Assistance Line**

**1800 333 000**

**Crime Stoppers**

Online Reporting: <https://www.police.vic.gov.au/palolr>



For more information visit:

<https://sites.google.com/view/south-mitchell-nhw/home>



[www.facebook.com/southmitchell.nhw.inc](http://www.facebook.com/southmitchell.nhw.inc)

email: [newsletters.smnhw@gmail.com](mailto:newsletters.smnhw@gmail.com)

# WANDONG HISTORY GROUP



The history group hosted the annual "Back to Wandong" luncheon in March, it was a great day and its good to see that people are keen for this day to continue. Unfortunately Marie McIntosh was unable to join us this year, she was the founder of this get together many years ago but this year she was not so well. Hopefully she makes a full recovery soon.

We are still battling Heritage Victoria with the Hume and Hovell issue, they are telling us they don't have the resources to look into the matter and even if they do get to it the process will be slow and possibly a hearing will be needed before the matter is decided by the heritage council. This is very frustrating and will determine the chances of anyone holding any commemorations of the journey. We will continue to press Heritage Victoria through the various channels available to us.

Our next big event is the ANZAC Day service at Wandong, this event just gets bigger each year and is not only a great opportunity to honour our soldiers but for the town to come together as one. This year we will be paying tribute to those who fought in the Vietnam war, also honouring a local soldier who died much to young in the Boer War.

If you would like to be part of this dedicated team looking after our history and heritage contact us we love having new members and there is a job for everyone no matter what your skill level.

Stay safe everyone.

Karen

[www.wandongheathcotejunctionhistory.com.au](http://www.wandongheathcotejunctionhistory.com.au)

[Wandonghistorygroup4@gmail.com](mailto:Wandonghistorygroup4@gmail.com)

PH 0432120736



## UPPER PLENTY MERRI CATCHMENTS LANDCARE GROUP



INVITE YOU TO A WEED CONTROL FIELD DAY  
'DEMONSTRATING EFFECTIVE WEED CONTROL TECHNIQUES'

**Date:** Saturday 15<sup>th</sup> April

**Time:** 10am -12pm

**Location:** Cleves Road South, Upper Plenty

Address link: <https://goo.gl/maps/V4yPJNaHQqETc6pcA>

**Morning tea provided.**

**Demonstration activities**

**EcoBlade** demonstration - Regional Vic Farm Services

**Demonstrating rig and backpack spraying** – Daniel Young TREC Land Services

**Drone spraying demonstration** - Drone Spraying Australia

Contact Chris Cobern 0413 855 490 or email: [chriscobern@mcmc.org.au](mailto:chriscobern@mcmc.org.au)



**COVID-Safe Rules:**

**Do not attend the activity if you are unwell with cold/flu symptoms.**

**Do not attend if you have been in contact with someone where there is a risk you may have been exposed to COVID-19 in the last 7 days.**



# Your local team.

## Nutrien Harcourts Kilmore.

It's an ideal time for sellers! The local property market is strong and we have achieved excellent sale results for a range of properties in recent weeks. Nutrien Harcourts Kilmore combine a global network and innovative marketing techniques with our local expertise throughout the **Mitchell Shire**, **Macedon Ranges** and surrounding regions. Speak to us to find out what your property may be worth in the current market and how many buyers we have ready to purchase it today.

Ph: 5782 0400

[kilmore.nutrienharcourts.com.au](http://kilmore.nutrienharcourts.com.au)

**Nutrien Harcourts**