



ISSUE 320 WANDONG/HEATHCOTE JUNCTION MONTHLY NEWSLETTER : NOVEMBER, 2022 ABN 17 022 858 565

Email—whatsnewswhj@gmail.com 700 copies

EDITOR - Allen Hall, 20 North Mountain Rd, Heathcote Junction 3758 Ph - 0413 832 411

Delivered to Wandong/Heathcote Junction/Wallan/Kilmore/Broadford/Whittlesea & Upper Plenty

Copy online at www.wandong.vic.au



"What's News" is produced as a non - profit newsletter for the Wandong / Heathcote Junction Community. The opinions expressed in this newsletter are not necessarily those of the editors. Publication of Advertisements should not be taken as endorsements of products. Letters to the editors are always welcome, but will only be considered for publication with authentic names and addresses available for publication. Although every care is taken in preparing "What's News" the editors cannot accept any responsibilities or liabilities for errors or omissions.

REMEMBRANCE DAY AT WANDONG

A small crowd of about thirty residents gathered at the Wandong Heathcote Junction War Memorial for the Remembrance Day service.

Pictured is Mr Peter Dore, MC, beside the Wandong War Memorial.

On the downside, Mitchell Shire failed to recognize the importance of the day - see page 31



REJUVENATING WANDONG'S EXHIBITION SPACE

For over three years the Wandong History Group has been forced to work from home or hold restricted activities in between Covid 19 lockdowns. With its leased premises undergoing restoration, the ability to stage exhibitions or displays was severely limited however now that the restoration of St. Michael's Catholic Church is complete (see page 19), the Group is excited about its future. To help rejuvenate activities and the new exhibition space, the Wandong History Group was successful in being awarded a grant of \$18,529.00 from the AMaGA Regional Collections Program, which was used to purchase new room dividers and display towers which will enable us to stage new and exciting exhibitions. See Page 15 for more information.



IF YOU MISS AN ISSUE OF "WHATS NEWS" go to website <www.wandong.vic.au/local-news/whats-news>

Wandong - Heathcote Junction - why would you live anywhere else. Until December 2022, Allen Hall (editor)

NEXT ISSUE DEADLINE: COPY & ADS 3 December 2022 DELIVERY from 14 December 2022

Printed by Newspaper House, Kilmore



Victorian
Labor

Lauren Kathage

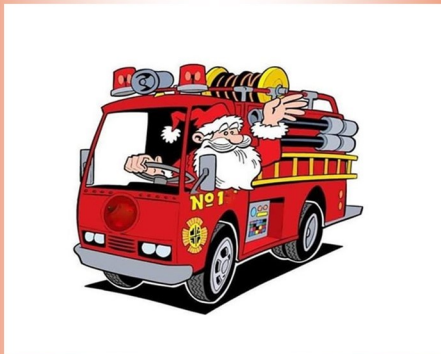
YOUR LABOR CANDIDATE FOR YAN YEAN

✉ lauren.kathage@vic.alp.org.au

📘 [laurenkathageyanyean](https://www.facebook.com/laurenkathageyanyean)

📷 [@laurenkathage4yanyean](https://www.instagram.com/laurenkathage4yanyean)

Authorised by Chris Ford, Australian Labor Party, Victorian Branch, 438 Docklands Drive, Docklands 3008.



It's almost that time of year again when you can book Santa to visit your house on the back of our fire truck!

Wandong Fire Brigade transports Santa to visits in the Wandong / Heathcote Junction area.

Get in quickly, as bookings fill up fast. Cost is \$5 per child. For bookings, contact Heath on wandongssanta@gmail.com or 0419 359 374.

Information needed for Bookings:

- * Number of Kids (and ages)
- * Address for visit
- * Preferred dates and times
- * Contact phone number

Follow our Facebook page 'Wandong Fire Brigade' for all Santa updates.

WINDOW CLEANING

Residential, Commercial, Builders

Over 25 years experience

David
0448 564 414

Snuffle mats for sale

The Snuffle Mat, is great mental stimulation for your pet. It can be used to reduce anxiety, slow down a fast eater or simply as a fun reward for your fur baby. Not only good for dogs, but cats and Guinea Pigs all love a snuffle mat.

My mats come in three sizes and are double knotted and thick, every mat hand made here in Wandong.

Email: wandongite@hotmail.com

Ph 0432 120 736

What's Happening

WANDONG OUTSIDE SCHOOL HOURS CARE



Service Phone Number:

0497 877 771

Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

How to Enrol

Visit TheirCare website:

www.theircare.com.au

and click on 'Book Now' in the top right hand corner to register your child's details.

Operation Times

Before School Care 6:30am – 8:45am

After School Care 3:30pm - 6:30pm

Pupil Free Day 6:30am – 6:30pm

Holiday Program 6:30am – 6:30pm

ANNIVERSARY CONGRATULATIONS

18 Nov Shane & Gaye Georgelin HJ
18 Nov Avril & Lee Thomas K
28 Nov Peter & heather Waldie W
30 Nov Kath & Vlado Kovacic WP
5 Dec Paul & Tara Duncan HJ
6 Dec Rosemary & Rob Hobson HJ
15 Dec John & Denise Simpson HJ

GAZEBOS AND CHAIRS FOR HIRE

For your next function why not hire a gazebo and chairs from the Wandong – Heathcote Junction Community Group.

For hire are:
two 6m X 3m gazebos,
a 3m X 3m gazebo
8 wooden trestles
and 50 outdoor chairs.

Call David on mobile
0409 164 660
to arrange hire.



MYKI RETAILER

COMMUNITY WEBSITES

www.wandong.vic.au

www.upperplenty.com

Mitchell Bushwalking Group

The group walks once a fortnight, with some evening walks during the summer months.

Please contact:

Mary 0428 479 469
or Wayne 0451 519 734

or email
mitchellwalksgroup@gmail.com

for more information



BIRTHDAY GREETINGS

We wish the following people a very happy birthday

16 Nov	Adam Georgelin	HJ
17 Nov	Ros Hulett	HJ
19 Nov	Allison Henske	W
19 Nov	Lesley Clarke	HJ
20 Nov	Marie Edwards	HJ
20 Nov	Lewis Lotherington	K
20 Nov	Christine Gordon	W
22 Nov	Richard Zimbardi	K
24 Nov	Gerard Goodison	HJ
24 Nov	Jamie Smith	W
25 Nov	Lyn Morley	K
25 Nov	Timothy Armitage	W
26 Nov	Kate MacDonald	W
26 Nov	Lynette Warburton	HJ
27 Nov	Kaye Weller	HJ
28 Nov	Jessica Ford	W
28 Nov	Tayla Albert	HJ
28 Nov	Jasleen Hall	B
2 Dec	Mark Ford	W
4 Dec	Jarrold King	Wallan
4 Dec	John Pyle	K
4 Dec	Shelley Jackson	B
4 Dec	Shelley Kilroy	W
8 Dec	Kristy Plumbe	C
9 Dec	Mandy Cotter	W
9 Dec	Oliver Duncan	HJ
10 Dec	Amy Batey	W
11 Dec	John Tilbrook	W
11 Dec	Kylie Plumbe	C
11 Dec	Ida Zimbardi	K
12 Dec	Gemma Leech	HJ
13 Dec	Shane Georgelin	HJ
14 Dec	Megan Drenth	HJ
14 Dec	Jake Gedy	HJ
14 Dec	Mary Cawthorne	Wallan
16 Dec	Kim Marstaeller	Wallan
16 Dec	Lucas Bartolo	UP
17 Dec	Peter Waldie	W



OKR 98.3 FM
More Music

GET "WHATS NEWS" BY EMAIL

If you would like to receive "Whats News" by email each month, send your name and email details to :
whatsnewswhj@gmail.com

Remember
"Whats News" is also available on the website
<www.wandong.vic.au>

Wandong Playgroup

New members are welcome at playgroup.

You can start anytime of the year.

Come along and check it out.

The first session is free and
then it's \$5 per family
plus payment of Playgroup Victoria
membership to cover insurance.

Playgroup is for parents, guardians,
grandparents and careers and their
0-5 year old children.

Come and look!

Anytime is a good time to start.

Every Tuesday (during school terms)

9.30am till 11.30am

At Wandong Community Centre,

LB Davern Reserve

Dry Creek Cres, WANDONG

FOR FURTHER INFORMATION
ABOUT PLAYGROUP CONTACT:

Andrea 0413 212 946



ALL TOWING

Tilt Tray Tow Truck

ANYTHING MOVED

Cars Boats Caravans

OLD CARS REMOVED FREE

Competitive Rates

GOOD OLD FASHIONED Country Service

Aaron - 0425 832 466

A & J Metal Recyclers - ABN 67103013404

Philman Excavations

House and Shed Sites, Driveways,
Horse Arenas, Retaining Walls

★ Excavator

★ Bobcat

★ Truck and Trailer

★ Float Hire

★ **AUGER & ROCKBREAKER**

Supply and deliver crushed rock, sand and topsoil

Phil Mansfield

0418 532 969, 5781 1501 ah

OH&S and fully insured

*It's all about locals and
how they like it!*



Wandong IGA

Open every day

8am-8pm

***Come on in and support
your local store.***

See in store for many
great specials.

Great Range of:

Groceries

Meat

Produce

Deli

Dairy

Freezer

Liquor

Wandong Licensed Supermarket
3272 Epping Kilmore Rd, Wandong

5787 1911

KINDNESS IN ACTION

Our states at the moment are in severe flood crisis. Many people are devastated and are feeling frustrated, anxious, depressed, angry, unsure of their future because of the loss of homes and possessions. But let us reach out to these people with kindness and show we care by doing what we can to make life a little happier for them in these difficult times.

The Bible tells us in *Philippians 4 verse 32: We are to be kind to each another*. Kindness cares and there are many who feel right now that nobody cares about them. Anyone can be kind whether they be Christian or not; but there is a quality of kindness which is peculiar to the Christian. We see this fruit reaching perfection in people like Mother Theresa every day of her life bore the **stamp kindness** she chose to grow kindness from that seed of God planted within her. Many were nourished as they received this luscious fruit from her life.

Kindness is not expecting to gain. Kindness smiles into tired eyes and lends a hand. Kindness feeds the hungry. Kindness weeps with those who weep. Kindness always reaches out and touches. Kindness needs to find its loveliest expression in our homes.

I will repeat again that the Bible tells us : *To be kind and compassionate to others in times of joy and also in times of sadness*. We see the need and we become the hands and feet of Jesus who has shown us by His example what true kindness really is.

So, I challenge each person who reads this article to look around, find a need and fill it, find a hurt and heal it. True kindness should not just be words and talk; but true kindness which shows itself in action.

We are the Hands of Christ He uses us each day to show His love and kindness to everyone in every kind of way.

Shirley Kawalski,
Uniting Church Broadford.

SAVE WANDONGS HERITAGE LISTED ST MICHAELS CHURCH

Please help by donating
your 5 cents in the collection tins
at Kemps Bakery (Wandong) and
Wandong Pharmacy



LOCAL CHURCH NEWS

ST JOHN'S ANGLICAN CHURCH, WANDONG

WANDONG AVE, WANDONG
Enquires 9308 2452
Services: 8.30am
on 1st & 3rd Sundays
ALL WELCOME

Whittlesea Anglican Church

Serving Whittlesea, Upper Plenty.
& surrounding areas

Christ Church: 9 Wallan Road, Whittlesea.
Vicar: Rev Ruwan Palapathwala 9014 0696
Web Site: www.christchurchwhittlesea.org
Weddings/Baptisms by appointment
Sunday Services: 10.15am. Incl kids program

Services to the Community:

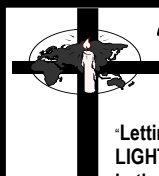
Whittlesea Opportunity Shop 7 Laurel St
9716 3144 Open M-F 10-4 Sat 9.30-12.30
Christ Church Craft Group
Friday 10-2, Church Hall BYO craft - any type
we love to learn, Jenny 9715 1137
Anglican Care: quality provider aged services
www.anglicancare.com.au
Jobs at Anglican Care www.careerjet.com.au



To equip and release people into their God given destiny

Meeting at 10.30am every Sunday
at the Freedom Care Building,
127c Northern Highway Kilmore Vic
— entrance on Willomavin Road

Enquiries to ;
Pastor Frantz Heinzelmann
Mobile: 0411 794 188
www.freedomcarechurch.org.au
All Welcome. Love to see you there



Wandong District Church

**29 Wandong Ave,
Wandong**

Services held at 5pm Sundays
ALL WELCOME

Enquiries to:
Pastor Allan Laurens 5787 1020
Or David Moran 5787 1738

WANDONG MEDICAL CENTRE

Dr Hossein

Ph: (03) 5787-2277

Monday to Friday 9am - 5pm

AstraZeneca & Pfizer vaccines also available.

**3307 Epping - Kilmore Road
Wandong, Vic. 3758**

THE SHACK IS BACK

**The Upper Plenty Community
Hall "THE SHACK"
is open for hire.**

**For more information and
bookings call Susan or Wayne
on 5783 1456.**

**If not answered leave your name and
number and we will return the call.**

**WANDONG AUSTRALIANA
MOTEL - TAVERN - RESTAURANT
BROADHURST LANE, WANDONG**



**•FULLY LICENSED•SMORGASBORD
•A LA CARTE•ACCOMMODATION
ENQUIRIES AND
BOOKINGS:
(03) 5787 1401**



**Anyone wishing to join
Kilmore District Mens Shed
Should contact
John Perrett 0418 288 024 or
Ron Hamilton 0481 268 471**

**Operating hours are
Tuesday and Thursday
9.30 am - Approx. 1.30 pm**

email: Kilmoremensshed@gmail.com

The Kilmore & District Hospital



Rutledge Street, Kilmore Phone: (03) 5734 2000

**Urgent Care Centre
(Open 24/7 with Registered Nurses)**

**Acute Ward (30 beds)
Maternity (including antenatal classes and
dietician)
Oncology
Surgical Procedures
District Nursing
Aged Care –
Dianella Hostel and
Caladenia Nursing Home Website:
www.kilmoredistricthospital.org.au**



MITCHELL SHIRE COUNCIL



How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

GARDEN SCENE WITH GAIL

Well, it looks as though November will provide great Spring weather, finally however, the rain apparently is going to continue until mid-January but how good will our gardens look. Warm weather with rain, it's nearly like Queensland and so good for applying fertiliser, the rain waters it in for us. What a time saver. It's difficult to think of dry soil, dry garden beds and dry weather while we are being spoilt with ample rain however, we do need to be conscious of conserving water where we can. If you are on town water, consider a water tank if you have the space. With this weather it is nearly enjoyable to pull out weeds, they come out so easy and with less need to use a small garden fork there is minimal damage to any roots close to the surface. Root damage can result in suckers of the plant emerging around the base and they need to be removed right down at soil level or even just under. Well, aren't our gardens alive with colour and perfume, the beautiful blue of the Ceanothus, the lovely Azaleas, Camellias and the intoxicating smell of Jasmine and roses. As the flowers finish, prune back to regenerate and reshape the plant. (if needed) Roses will keep flowering until Autumn, they are fantastic plants and you can continue fertilising until Autumn as well. If Aphids are feeding on your rose buds, chewing on that fresh new growth, mix up a solution of garlic with a small amount of dishwashing liquid and spray those pesky suckers, a new generation of Aphids appears every 72 hours, just imagine their family dinners as they feast on the new rose buds. If you underplant Roses with Garlic or even Society Garlic, this can assist in keeping Aphids at bay and water your roses in the morning rather than in the evening to keep powdery mildew at bay, this menace thrives on warm, damp nights. Gardenias are just beautiful with their heady perfume, and with their shorter stems they make a lovely posy. As the weather heats up and we're watering more, water at the base of the Gardenia or water before their leaves heat up because cool water on hot Gardenia leaves can make the leaves transparent which can certainly affect the way chlorophyll works in the leaves and less sun may be absorbed therefore less energy is transferred. Our lawns are lush and green at the moment, growing while we watch it. If you need to fertilise your lawn you can use a weed and feed which helps eliminate broadleaf weeds and feeds the narrow leaf grass. If your ground is quite hard in Summer and slippery in Winter perhaps an application of Gypsum would be beneficial along with fine white sand sprinkled in with it. While Gypsum doesn't alter the pH in your soil it groups the soil particles together very minutely and allows moisture, air, and light into the soil between these soil particles and that will create a healthier soil and the fine white sand assists in this method of breaking up a clay-based soil. Keep in mind, a clay soil is high in organic matter however, because of the structure of the soil the plants are unable to access this organic matter. Alternatively, if you have a sandy soil you need to add lots of organic matter to increase the soils' ability of being able to hold moisture, so the plants have time to take up that moisture. Well-rotted cow manure is fantastic for this. Keep in mind there are many plants that grow better in a sandy soil such as Protea, Waratah, Leucadendron and most of the plants that come from W.A, Kangaroo Paws, some Grevilleas, Adenanthos and many more. You can apply Sulphate of Potash to your plants that flower prolifically through the warmer months such as Roses and Hydrangeas, it gives them a continuous source of wood ash, specifically for flowering. Enjoy our last month of Spring.



Have a fantastic month.

Gail Mains Kendrick (Your Local Real Estate Agent)



WANDONG-HEATHCOTE JUNCTION COMMUNITY GROUP

P.O. Box 242, WANDONG 3758 Tel: 0413 832 411



WEBSITE

In October the <www.wandong.vic.au> website received 989 visits. If any business or group has noticed any change which needs to be corrected to their entry, please let us know. To add your business or group email: whatsnewswhj@gmail.com.au

WOULD YOU BELIEVE?

In response to letters exchanged with Mitchell Shire regarding all the maintenance problems in Wandong Heathcote Junction, the C.E.O. has either pleaded innocent or handballed the issues back to the WHJCG to respond or remedy. Meetings that we expected Mitchell Shire to organise every three months as per its proposal, are now up to the WHJCG to arrange. MSC had advised the mesh fencing between Rail Street and the railway lines were VicTracks responsibility. After WHJCG advice that this was not the case, MSC has now asked the exact location of the damaged fencing because some mesh fencing is VicTrack and some is MSC. Replacement of the wooden sculpture in the Lions Park is apparently not a MSC responsibility so WHJCG needs to provide a recommendation for MSC to accept (but not pay for). MSC advises it clears the drain on the corner of Rail and Affleck Street but to our knowledge this has never been done by MSC - WHJCG clears it regularly.

MSC blames the wet weather for the failure to mow grass but we can find the patches of dry days to mow our properties, etc. Looks like WHJCG will again have to mow the unsightly grass on our main roads.

LIONS CLUB OF WANDONG - WALLAN INC.

President: Marilyn Moore
PO Box 225, Wandong, Vic. 3758



Ok. This report is being compiled by the official Lions scribe.

I would like to start by refuting the dreadful dispersions on my character penned by Steve. To suggest that I can't stand on my own two feet is just wrong. I might sue him. Oops! Sorry I just tripped over a rock.

Apart from writing nonsense Mr Munro has been hard at work for the club. We were contacted recently regarding the plight of a flood refuge from Seymour who required transport to his medical appointments. Steve to the rescue driving him around. Nexus provided funds for his medication and Hogan's kept him fed. That's the community at work.

This same Steve Munro has been out and about talking to local businesses collecting goodies for our Christmas raffle. The response has been remarkable. Whether this was due to Steve's persuasive personality or standover tactics I am not sure. It is probably just due to the generosity of our community. This is the first Christmas raffle that we have held for some time. There will be a collection of prizes and all the funds will go to helping our community. You will find details on our Facebook page and we will be out selling tickets at various places.

While on the subject of selling, cakes are now available and can be found at the banks and other outlets in our towns.

Now what have people been up to. Bill had a birthday this week. He now claims that he is 18. I think that this requires some interpretation. In the last issue Mr Forbes claimed that he had been married 59 years. It now transpires that it is only 58. Poor Marie thinks that it has been a lot longer than that. Poor old Bill has had a landslip under one side of his shed. I have a vision of him standing below the shed holding it up like Samson. I think the shed will win.

Marilyn informed me proudly that a recent MRI discovered the she had a brain. We never doubted it. Brian on the other hand prefers the torch test. You have no doubt heard of this test. You shine a light in one ear and see whether it comes out the other. I am not sure whether Brian passes or fails the torch test.

Back to Mr Munro. After serving himself with some ice cream He carefully put the container away in the microwave. When discovered later it was what has been described as a sloppy mouldy mess. He is quite domesticated our Steve.

I don't have any dirt to dish out on Daniel and Peter other than that they are computer nerds and I don't understand half of what they are talking about. I shall have to get hold of their wives to dob them in.

That will do for now. Just remember not to believe everything that is written about me. It is probably true.

Catch you next month.
Clyde Riley.

FOR SALE:

TRADESMAN TRAILER

Solid built 6x4 trailer with butterfly doors and timber carry bars. Includes key start 8 kva generator.

Good tyres, ready to be used.

\$2,000 or near offer.

Wandong area

- Call David on 5787 1738



KILMORE GOLF CLUB



Our golf course has been closed now for a number of weeks. The volunteers have been cutting areas which are not too wet but safety issues are a concern using larger machinery on fairways. Once the course becomes drier the course can be cleaned and tidied when players would be most welcome to use the course. Use the Honesty box to pay with new prices -\$20 for 9/18 holes weekday or \$25 weekend 9/18 holes. Payment can be made using cash or by direct debit. Remember to fill in the slip from the voucher booklet and take with you. Score cards are available in the box.

KGC are now offering a Social Golf Pass for \$200 per year which will enable non -members to use the course 7 days a week provided the course is open and play does not interfere with competitions held Wednesday (9-1) and Saturday (10-2) A colour coded Social pass will be issued which should be displayed at all times. This offer commences 1st October and pro rata options are available. Further information is available from Info@kilmoregolfclub.com or our website and Facebook.

JUNIOR COACHING CLASSES RESUME FOR TERM 4

Classes run for 4 consecutive weeks. Coach is Golf professional Nathan Roberts and sessions are:

- Juniors 5-9 years old - 12pm 'til 12:45pm
- Juniors 10+ years old - 12:45pm 'til 1:30pm

All equipment can be provided at no extra cost

Any questions please call Nathan Roberts 0405 327 427.

Kilmore Function room is available for hire for birthdays, weddings, funerals. Perhaps if organisations are planning Christmas breakups then this is the time to book.

Contact the club on 5782 1123 to secure your booking or email: info@kilmoregolfclub.com.au



*Kilmore
&
District*

PO Box 550, Kilmore 3764

President: Elaine De Gabrielle

Secretary: Mark Perrott

Contact: info@u3akilmoreanddistrict.com.au

Just when you think things can't get any more challenging, Mother Nature ups the ante and adds floods on top of frigid temperatures, flu and covid. Our thoughts go out to all those directly affected by the recent flooding and we wish you well with the massive clean-up you face and the impact on your lives and livelihoods.

Kilmore and District U3A has by no means been the only organisation disrupted by the recent weather events, the huge rainfall inconveniencing the community as a whole with the resultant waterlogging and damage to services and infrastructure. Sadly the recorder group had to cancel their performance at the Kilmore Community open day because key players were unavailable due to both road flooding and Covid.

Water damage to the John Taylor room at the Kilmore Library necessitated a last minute change of venue for the morning tea on November 4th. The event went ahead as scheduled thanks to the efforts of the committee to secure the supper room of the Town Hall and communicate the change to attendees. The convenors and committee have worked incredibly hard over this most challenging year to keep the classes going and look after the members and we extend a huge thank you to all for your efforts.

The Book Club meet on the third Thursday of the month at the U3A centre, greatly assisted by the Mitchell Shire Library who procure sets of books for the participants. "Scrublands" by Chris Hammer was the latest book of the month, generating some lively discussion. It is unanimously recommended by the group as a great read. Borrow the book from the library of better still, come and join the book club. For more information check out the website: u3akilmoreanddistrict.com.au or contact info@u3akilmoreanddistrict.com.au

Some members of the gardening group are also associated with the Pretty Sally Garden Club who will have an open day on 26th November. There will be six local gardens to view between the hours of 10am and 3pm, maps available from 1 Powlett St, Kilmore on the day. Cost will be \$20 for adults, \$15 for seniors, children free. For more information call Kay Hanvin on 0418 504 104.

Christmas fast approaches and our Christmas Breakup luncheon is going to be held at The Royal Oak Kilmore 12.00pm on 8/12/22. It will be a two course Christmas menu for \$25.00 with 4 main courses and two desserts to choose from. All U3A members and partners are invited, but get in early as we will have a cut-off point! Details are on the website.

Cheers Amanda Oades

LABOUR PROMISES A WANDONG PRIMARY SCHOOL UPGRADE

At the ANZAC Day service earlier this year, in the centre of Wandong, student leaders from the school spoke confidently in front of those gathered. Grandparents, babies on knees, and all generations in between witnessed the compassion and poise of the generation that will be our nation's leaders in a world that we can't yet imagine.

Wandong Primary School is preparing them for the task. The hard-working staff, backed up by a passionate principal, are imparting a love of learning - guiding each student to reach their potential through a strong focus on literacy, numeracy and resilience within a balanced curriculum.

This made it such a joy to announce that a re-elected Labor Government would invest \$10.1 million dollars to upgrade and expand the school.

This investment means our local students can continue to receive the education they deserve, in facilities that allow them to grow and learn to their full potential.

We have already invested record amounts into our local communities, including \$498,000 towards the recently refurbished Wandong Kinder and \$720,000 for the Wandong Community Centre.

This will allow our thriving community to have better access to state-of-the-art communal facilities - and means more opportunities for more events and initiatives to bring our community together.

The values of Wandong Primary School - pride, kindness and curiosity - could be the values of the whole of Wandong and Heathcote Junction. The government is investing in our community so that we can confidently live out these values in ways we can't yet imagine.

Lauren Kathage
Labor Candidate for Yan Yean



WANDONG PUBLIC HALL

We are nearing the busy time of the year when peoples thoughts turn to Christmas and the activities around that major part of the year. Bookings for the hall increase during this time of year so get in early if you are thinking of using the hall for your festivities.

The Robertson family reunion was held at the Wandong public hall on the 29th October with many family members attending. A large family tree and images relating to Robert Affleck Robertson were on display.

The Wandong Hall Committee is still in need of a secretary to function properly to manage the hall and meet the needs of or regular user groups and casual hirers. If you feel you may be able to be part of the committee in some small way please call Christine to discuss what the role entails.

Our regular user groups are always keen to have more people come along they are listed below:

Dance classes for pre-schoolers Tuesday and Thursday mornings during term time.

Contact Claire Bennett 0420 418 425

The Craft group attend every Monday, it's an informal group, bring along some lunch, and something to do if you feel like it.. There is always someone on hand to help with crafty questions in the group and this has been our longest running group.

The Lightwood Flats book club meet monthly - contact is Annie Beaman Ph: 5787 1698

Wandong Country Knitters also meet monthly, contact is Coralee Souter. Ph: 0479 163 548

Wandong Heathcote Junction Community Group hold a monthly meeting Ph: 0413 832 411

Wandong History Group Monthly meeting – Karen Christensen Ph: 0432 120 736

The hall is available for hire phone Christine for bookings on 0448604770. Christine has an answering service so please leave a message if she cannot answer the phone, she will respond to all enquiries promptly.

Wandong Primary School



Launchpad Graduation

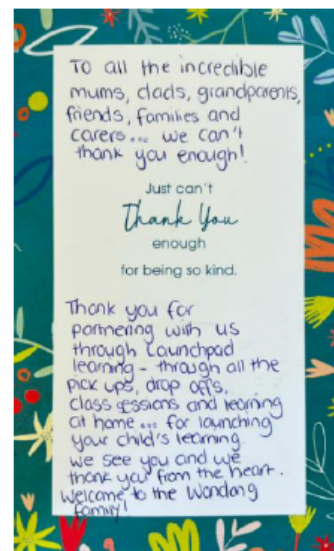


The beginning of this month marked our 2023 Foundation students' graduation from the Launchpad Program. Our on-site preschool classes wrapped up for the year, as our formal transition to school sessions begin.

We can't thank our incredible families enough for the immense amount of work they have put into launching their children's learning ahead of next year. Through pick-ups, drop-offs, our home program and on-site classes, we have seen your work every step of the way.

As we finish off our end of program assessments, we are amazed at how many children already know their Term One letters and sounds (and more) and are beginning to blend sounds to read!

Launchpad's motto is "Starting Ahead, to Stay Ahead" and so from the bottom of our hearts, we thank you for working with us to give our future students this opportunity! Without you all it just wouldn't be possible!



Reminders:

- Term Four is a hat term.
- 2023 Booklist are available to order online. (booking details in school newsletter)

Term 4 Key Dates

November:

- Monday 7th Foundation Day Camp
- Monday 7th – Tuesday 8th Grade 1/2 Overnight Camp
- Monday 7th - Wednesday 9th Grade 5/6 Camp
- Thursday 17th Arts Spectacular Matinee 1.30pm – 3.30pm, Dusk 5pm – 7pm
- Wednesday 23rd DET Professional Practice Day STUDENT FREE

December:

- Thursday 8th Whole School Christmas Box Car Event LB Davern
- Tuesday 13th Foundation 2023 Teddy Bear Picnic
- Thursday 15th Grade 6 Graduation 2022
- Friday 16th End of Year House Pool Party
- Tuesday 20th Last day of Term 4 – Early dismissal 1.30pm

MAKE A DIFFERENCE - BECOME A VOLUNTEER

If you are young, elderly, retired or working, please consider joining a community group and enjoy the rewards of volunteering. Join one of the community groups operating in Wandong Heathcote Junction.

Wandong Heathcote Junction Community Group Inc: Call 0413 832 411

Wandong Wallan Lions Club: Call 0418 142 172

Wandong History Group: Call 0432 120 736

Wandong Fire Brigade



Wandong Fire Brigade Service Awards and National Medal Presentations

Wandong Fire Brigade celebrated our awards dinner at Trackside Kilmore in October, our first one in 3 years. Jack Ramsay was presented with the 2022 M A Scanlon Award, voted for by brigade members, and Jen Moore was awarded the 2022 Captain's Award. Over 450 years of service was acknowledged with long service awards presented to many members.

The National Medal is a prestigious award that recognises long and diligent service by members of recognised government and voluntary organisations that risk their lives or safety to protect or assist the community in enforcement of the law or in times of emergency or natural disaster. We were proud to have two of our members were awarded the National Medal for their long and diligent service to the CFA. Huge congratulations to Paul Brislin and Yvette Curlis, we appreciate your ongoing service to the Community.

Keep informed. The huge amount of rain and water that we have had through the State has the potential to increase the risk for grass fires later in the season.

The best way to keep yourself and your family safe is to be informed of any incidents or emergencies nearby. The free VicEmergency app is the official app for emergencies within Victoria. Users can see any emergencies nearby as well as setting up user defined watch zones. Other sources of information can also be used to keep you informed, these include the CFA website, VicEmergency website and ABC radio. Every burnoff should be logged by calling FireCom on 1800 668 511.

Santa is Coming to Town

It's that time of year again when you can book Santa to visit your house on the back of our fire truck. If you're looking to make your Christmas party a little different, or just want Santa to visit your kids or grandkids, then booking a Santa visit with us is the perfect thing to do.

Get in quick, as bookings fill up fast. Cost is \$5 per child and they will receive a bag of lollies as well. For bookings, contact Heath McSolvín on either 0419 359 374 or wandongssanta@gmail.com

Training

Senior training sessions are held on Wednesday evenings from 7pm. For more information contact Lt James Stephens on 0418 221 458. We recently held a joint training session between the junior and senior members at L B Davern, and the juniors really shined with their knowledge of the equipment, how each piece is used and where it is held on the vehicle. Juniors and seniors shared tips in an exercise on hose bowling, setting up a collar tank, draughting water and putting water on a fire. The day was enjoyed by all, and we look forward to future combined sessions.

Juniors

Juniors are held on Monday nights 6.30 – 8pm during the school term. We have a few juniors who will move up to seniors over the next 12 months so will be opening up to new junior members. If you are a young person between the ages of 11 and 15 years of age and would like to do some fun activities, learn new skills and meet others involved in helping the community, come try out the Junior firefighting program. Call Terry 0413 644 319 or Jack 0431 563 290 to find out more. No costs involved.

Fire Equipment Maintenance

Installing and Maintaining your Fire Suppression Equipment is required under the Building Code of Australia. Trained Wandong Fire Brigade members volunteer their time to provide this service to the Community and in turn raise funds for the Brigade to purchase equipment that protects the Community. All servicing carried out is compliant with the required Australian Standards. Our Forward Command Vehicle and FEM trailer have been provided through the work of these volunteers, and local individuals and businesses utilising this important service. If you are in need of Fire extinguishers, hose reels, fire blankets or ongoing maintenance of your equipment contact John Simpson on 0421 319 203 to discuss your needs.



WANDONG HISTORY GROUP



The Wandong History Group is on the lookout for some old farm machinery to become part of our static display in front of the 20 foot container that we have had placed behind St Michaels Catholic church on Dry Creek Cres, Wandong.

We would be grateful for any machinery from Wandong's historic past that would help us build this display.



WANDONG CFA JUNIORS




BECOME A JUNIOR VOLUNTEER TODAY!!

Aged 11-15? Learn teamwork, leadership, emergency response skills, community service and more.

WHERE: WANDONG CFA 83 Rail Street Wandong

WHEN: MONDAY NIGHTS 18.30-20.00

CONTACT: Jack 0431 563 290 OR Terry 0413 644 319



Richard WELCH


LIBERAL FOR YAN YEAN

RichardWelch.com.au | RichardWelchYanYean
0422 403 571 | Richard.Welch@vic.liberal.org.au

REAL SOLUTIONS
for all Victorians.

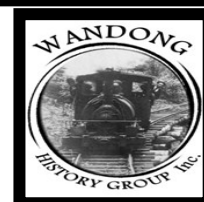
LIBERAL VICTORIA

Check out my plans here →



Authorised by C McQuestin, Level 12, 257 Collins Street, Melbourne 3000

WANDONG HISTORY GROUP



History Month has been a busy time for the group, our first event was the re-opening of St Michaels church and a great crowd turned out to see the refurbished building.

Many locals who had not seen the church for some time were surprised at how it came up after the renovations, a great day was had by all. (SEE PHOTOS PAGE 19)

Our second event was the long planned Robertson reunion. Members of the family came from far and wide, some coming from Queensland, others from Briagolong for a great get together. This event has been planned for some time but Covid of course meant it had been delayed so we were pleased to finally be able to have this event which coincided with the release of our latest publication, From Scotland to the Antipodes, building a dynasty, this book follows the lives of many of the Robertson family members and their connections to Wandong. The book is available now - anyone wishing to purchase a copy, please contact us, details below.

We will soon be launching our website, a few more bits to add, every story may not be complete but we are adding information continuously and looking for feedback on the site once it's live. We are hoping the site will be easy to navigate and ask that anyone who has suggestions for improvements to let us know. We will advise through the What's News when the site goes live.

If you would like to be part of this dedicated team looking after our history and heritage contact us. We love having new members and there is a job for everyone no matter what your skill level.

We are looking for suggestions as to how Wandong should celebrate the anniversary of the Hume and Hovell expedition and we would like ideas to come from the community for this great event.

Stay safe everyone , Karen

Wandonghistorygroup4@gmail.com

PH 0432120736



WANDONG HISTORY GROUP

REJUVENATING WANDONG'S EXHIBITION SPACE



For over three years the Wandong History Group has been forced to work from home or hold restricted activities in between Covid 19 lockdowns. With our leased premises undergoing restoration, our ability to stage exhibitions or displays was severely limited however now that the restoration of St. Michael's Catholic Church is complete, our Group is excited about our future. To help rejuvenate our activities and our new exhibition space, the Wandong History Group was successful in being awarded a grant of \$18,529.00 from the AMaGA Regional Collections Program. We are delighted to have received this competitive grant which was used to purchase new room dividers and display towers which will enable us to stage new and exciting exhibitions. We look forward welcoming visitors to our new facility to view our collections. We gratefully acknowledge our project was "Supported by the Victorian Government through Creative Victoria. The Regional Collections Access Program delivered in partnership with AMaGA Victoria, PGAV, NGV and Regional Arts Victoria".



Australian Government



REGIONAL
ARTS
VICTORIA



Although the delivery of the beautiful room dividers and display panels was delayed by several weeks, the panels did arrive just in time for them to be hastily erected for our History Month Exhibition held on 29th October 2022. This event was attended by the descendants of Robert Affleck Robertson who in 1884 established the thriving industrial hub of Wandong. Visitors were intrigued by the photographic display – 'Tramlines and Saw Mills of Mt. Disappointment' as well as enjoying the launch of our Group's new publication – *'From Scotland to the Antipodes: Building a Dynasty'*. Our History Month Event included an extensive family tree displaying details of over 600 descendants of Robert Robertson.

Our event was enhanced with the new and easily assembled display panels which were readily assembled and moved into place, while the picture hangers made erecting the display easy. This funding also provided a moveable display cabinet with back lighting enabled secure viewing of artefacts associated with the building restoration to be exhibited. Our space was further enhanced with a medical grade Hepa air purifier providing visitors with a safe and pollutant free environment in which to view the exhibition.



Not all banks offer 100% offset on their home loans.

We're not all banks.

Our Complete Home Loan offers 100% offset on fixed and variable home loans. Which means you could own your home sooner.

Find out more. Search Bendigo Bank home loans.

📍 Community Bank · Wallan, Kilmore and Broadford



B Bendigo Bank

Terms and conditions, fees, charges and lending criteria apply. All information including interest rate is subject to change without notice. Full details available on application.. Full offset facility is available for Bendigo Complete Home Loan for both fixed and variable loans. Offset facility can only be linked to one loan at any one time. A maximum of 6 offset facilities can be linked per loan account. Linked offset facility must be in same customer name/number. Credit provided by Bendigo and Adelaide Bank Limited ABN 11 068 049 178 Australian Credit Licence 237879. (1728832-1767000) OUT_26318587, 18/10/2022



For all your Steel
Roofing, guttering,
Wall Cladding,
flashing needs
made right here in
Kilmore.

Independent Manufacturer

Kilmore Industrial
Estate,
123 Northern Hwy,
Kilmore, 3764

(03) 57 822 300

www.shedcity.com.au
sales@shedcity.com.au



Farm sheds, Machinery sheds,
Barns, Garages, Carports,
Garden Sheds,
Paddock shelters,
Stables, Aviaries.



MODERNISE YOUR KITCHEN OR BATHROOM...

*without the
hassle and
expense of
replacing!*

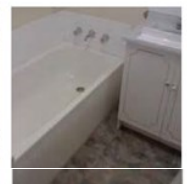
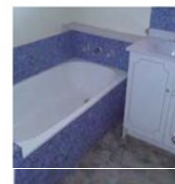
Superior Resurfacing,

the resurfacing
specialists, can
makeover your
kitchen or
bathroom surfaces
to look bright and
fresh again using
our exclusive
polyglass product.



BEFORE!

AFTER!



BEFORE!

AFTER!

**You could save up to 70% on
replacement and renovation costs!**



CALL NOW!

0407 421 292

Email: info@superiorresurfacing.com.au



For more information visit our website
www.superiorresurfacing.com.au



VICTORIA
State Government

**Made for
more
possibilities**

Victoria Police is made for ambitious people looking for a career with more challenges, excitement, purpose, and possibilities.

[Q police careers](#)

Authorised by the Victorian Government, 1 Treasury Place, Melbourne

 **MADE
FOR
MORE**



**Have you
met Mel?**

Mel is your local branch manager and lending expert.

If you're thinking about your dream home, or in the market for a new car, she's here to help.

Have a chat with Mel today.

 **gmcu.**

76a Sydney St. Kilmore
(03) 5781 1221
mhall@gmcu.com.au
gmcu.com.au

Goulburn Murray Credit Union Co-operative Limited ABN 87 087 651 509 AFSL/Australian Credit Licence No. 241364. Terms & Conditions, fees & charges and eligibility criteria may apply.

Proud subscriber of What's News



Steph Ryan MP

Member for
Enviroa
Deputy Leader of The Nationals

For assistance with State Government matters
Tel 03 5762 1600, 25 Bridge St, Benalla VIC 3672
or email steph.ryan@parliament.vic.gov.au

StephRyan.com.au

HE'S HERE FOR US

**Rob
Mitchell MP**
Member for McEwen

Rob.Mitchell.MP@aph.gov.au | 03 5716 3000

Authorised by R Mitchell ALP, 57-59 High St, Wallan.



www.mousedetailing.com

MOUSE DETAILING

Mobile Car Detailing Services

Call Karen
0412 489 033

Enquos Available



HOME

TIMBER AND HARDWARE

GO WHERE THE TRADIES GO

PRETTY SALLY HOME & GARDEN
96 High St. Wallan PH: 5783 2800

WALLAN EQUIPMENT HIRE

HOME
TIMBER AND HARDWARE
GO WHERE THE TRADIES GO

PRETTY SALLY HOME & GARDEN
96 High St. Wallan PH: 5783 2800



WANDONG HISTORY GROUP



On Saturday 8th October the re- opening of the refurbished St Michaels church at Wandong was attended by a great crowd



LEFT:
Father Prakesh holding the metal cross found in the garden.

BELOW:
Members of the Wandong History Group

BELOW:
Parish Priest Fr Prakesh, Clare Clancy and Peter Appleton cutting the ribbon to officially reopen St Michaels Church at Wandong



Saturday 8th October 2022

The re-opening of St Michaels Catholic church at Wandong.





Hi from the WHJSC Committee,

Spring has not been a good start, with constant rain and flash flooding throughout Wandong and Heathcote Junction. Dry Creek through the Reserve has been in flood and plenty of debris has built up throughout the creek.

The Oval is saturated and that includes the recreation area at the back of the Reserve and the road way to the Stadium and Tennis courts have pot holes all the way through and we cannot forget our local roads throughout the District, so please take care when driving through. Also be aware of snakes through the Reserve as we have had several sightings.

With this crazy unseasonal weather has affected our summer sports programs not getting off to a good start. Wandong Tennis / Kilmore Cricket / Standardbred Riding Club / Kilmore and District Adult Rider's Club / Wandong Primary.

What is our community up to down at the Reserve, not much at present but once the sun comes out the following will apply.

- Walking the dogs
- kids in the playground
- individuals/groups doing their fitness workouts
- mums with the kids in the pram
- riding bikes
- playing kick to kick football
- passing shots in netball
- shooting hoops at the basketball ring
- riding the horses
- training dogs to behave
- Wandong primary doing their sporting activities on the Oval
- Wallan basketball in the Stadium
- Having a hit of tennis
- Doing a round of activities at the newly installed exercise pod

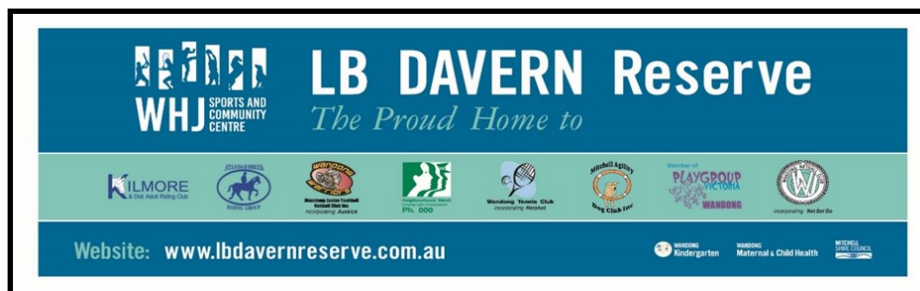
L.B.Davern Reserve Update in pictures:



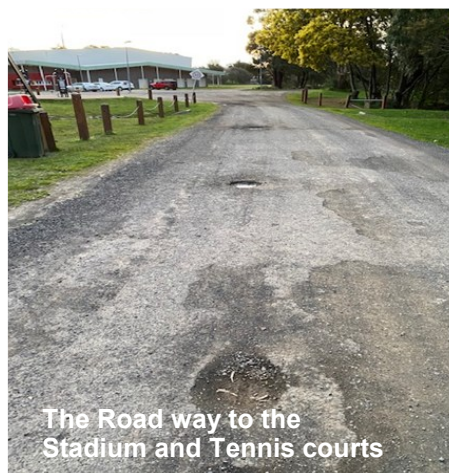
LEFT
Wandong Tennis
Club court fence
RIGHT and
BELOW LEFT
Dry Creek
in flood



The Reserve Oval good for the Ducks!



If anybody in our community would like to share any photos of History of L.B Davern Reserve for us to share on what's News please send to kooraw@bigpond.com



The Road way to the Stadium and Tennis courts



The Saturated L.B.Oval



To our community, we need your help;

We need to catch any persons vandalizing our Reserve!!!!

If Residents notice anything out of the ordinary please contact the police on 000

It is in our community interest that we all keep our Reserve safe for all to use!!

Please note:

Somebody or persons are filling up the Reserve bins with their own rubbish, the Reserve bins are provided for user groups and the community using the Reserve.

Our Community building is also a great asset to hold kids parties, family type events and private functions of all sorts. Please consider when planning a function.

November and December weekends are booking out quickly-

Contact our booking officer

Darlene Gunter 0418 312 762.

Get in quick as bookings are coming in fast.

For all L.B.Davern Reserve Bookings to either:

-Oval Bookings, Stadium bookings and enquiries -
Mitchell Shire Council
Recreation and Open Space unit ph. 5734 6200.

-Community Centre and Sports Pavilion contact:
Darlene Gunter
Booking Officer for the WHJSCC on 0418 312 762



Rob Telfer
President,
L.B.Davern Reserve Committee
12 Dry Creek Cres
P.O.Box 303, Wandong 3758
Mobile 0408 393 250





THE COMBINED PROBUS CLUB OF WHITTLESEA INC.
REGISTERED # A0041714F
Established 2001

Tactile and tasty

Maria Naughton, Senior Brand Manager-SPC Care, was the guest presenter at the Combined Probus Club of Whittlesea's November meeting where she gave a comprehensive overview of how the traditional company has moved to produce better food for the future.

The 2018 Royal Commission into Aged Care Quality and Safety found that the share of people who feel their care needs are always met is only 24% in residential care and only 20% in home care. In regards to food, it recommended an urgent review of the Aged Care Quality Standards which includes providing appropriate requirements to meet resident nutritional needs and ensure meals are desirable to eat, having regard to a person's preferences and religious and cultural considerations, adequate nutritional care and providing high quality dementia care.

SPC management took the recommendations seriously and formed a dedicated division focused on improving nutrition for the older population living in care facilities and at home. So the last Australian-owned canning company in Australia, mainly by acquisition, morphed into several specialist units. Maria told us that SPC is now focused internally as Smart, Passionionate and Collaborative, but to the market as the SPC Care division.

One thing where the company products were not fully meeting consumer needs was the ease of opening packages. This was impeding independence and unlikely return sales by dissatisfied customers. The presentation focused on *The Good Meal Co* and *SPC ProVital* brands which are now the growth areas for the company.

Good Meal Co is a competitor to other ready-made meals delivered to home, but also has a presence in facilities serviced by HealthShare NSW, Meals on Wheels and as an NDIS provider. The full information about the product range and how consumers may access the meals for home delivery is detailed on the brand's website www.goodmeal.com.au

For our purposes, Ms Naughton explained the features and benefits of their products, and showed the tempting menu range, stating that butter chicken was her favourite. This listicle was shown: -

- All products are made in Australia
- State-of-the-Art production facility
- Certified to the highest international food standards including HACCP and SQF
- Agile and innovative – can bring products to life rapidly.
- Wide range of packaging formats
- Strict quality controls
- Sources the highest quality ingredients and produce
- Products are made fresh and snap frozen to lock in nutrients
- NDIS accredited

The SPC ProVital brand's portion-control packaging was specifically developed using guidelines established by Arthritis Australia and provides a more accessible fruit snack for consumers with fine motor skill difficulties. This improved packaging has garnered many Australian and international awards for accessible design.

Single-serve packages of SPC ProVital diced peaches were distributed among the audience to examine and ask questions. Those who had been confronted with "easy-to-open" snack packs in the past were overwhelmed by the positive changes that have been made.

The basic round tub is now a decagon that reduces in dimension from top to bottom. This allows arthritis sufferers a range of places to grip the tub as they remove the closure. The more able can grip closer to the top whilst the more infirm may get a better grip lower down.

The lidding has also been re-engineered and is now more user friendly. The peel tab is prominently marked in bold colour for optical assistance. The contents are noted on the side panels and visual below the top. The tear tab is much larger than the earlier versions and has an added feature, a Braille-like tactile section gives added grip!

The same preparation and processing of the diced fruits that go into the tubs occurs with the traditional cans. The quality control of the fruit was discussed in some detail even to the beneficial laxation effects of products such as ProVital Fibre Right Apple and Prune puree or ProVital Pear juice.

Unable to resist the tactile easy-to-open tab, one member sampled the contents which were described as tasty and sweet. A spirited question session came to a close, after which the Speaker Co-ordinator, Teresa Carlin, called members to applaud Maria and handed over a small token of appreciation.

Written by Michael B Halley

Contacts at the Club

Andrew McCormack is Membership 0438 578 652

Cheryl Manicolo is Secretary 03 9715 1420

Email whittleseaprobus@hotmail.com

Clonbinane Rural Fire Brigade



CLONBINANE CFA OPEN DAY- SUNDAY 27 NOVEMBER 2022

The brigade is hosting an Open Day

Sunday 27th November 2022

10 AM to 1 PM

- Fire truck display
- Sausage sizzle
- Kitchen fire display
- Kids activities-colouring in books and giveaways
- Fire station tours
- Grass and bushfire safety information
- Community fire safety information
- Special guest appearance from Lightning McQueen for the kids

This is a family and community focused event- all welcome.



Floods and Rain Event

Following the recent rain event and flooding extra care is required on our damaged roads. Slow down, as large potholes are numerous. Debris from flooding still remains on our roads. Be aware trees are still falling over due to waterlogged ground.

Clonbinane CFA will be assisting regions to our north in flood support and recovery.

Fire Threat Ahead

With the rain will come significant grass growth. Get on top of it early. We have a focus on the threat from grassfires this summer as the grass and weeds grow then die off. Grassfires move quickly, especially on windy days.

Lightning Strikes and Fire Breaks -TAKE a BREAK, Take a FIRE BREAK

Be vigilant at this time of the year for lightning strikes. Not only do they start grass and scrub fires but they can also start a structure or house fire. If you believe your home has been hit then you should check all compliances for damage near the socket. Check your TVs telephone equipment, modems etc.

Firebreaks can reduce fire spread in low to moderate fire danger conditions. In a fire, trees, shrubs and tall grasses with large seed heads within 20 metres of a firebreak can produce embers that cross the break (spotting), or under some conditions allow flames to cross the break. However, these firebreaks allow faster access for firefighting vehicles and produce a line of defence if back burning is required.

In open areas or paddocks, consider putting firebreaks on your private land. A 3 metres minimum mineral earth boundary firebreak may stop a fire leaving your property or entering your property from neighbouring properties. Grass slashing and vehicles are often the cause of grass fires. A wide mineral earth firebreak will give you added protection and reduce the risk of the fire spreading further.

All the best with the mowing and we look forward to seeing many of you at our Clonbinane CFA Open day on Sunday 27th November from 10 am.

John Mahoney- Captain

As a carer, you'll often put the needs of the person you care for before your own needs. Remember it's OK to look after yourself too.

In fact, it's very important that you look after your own mental and physical health. When you are physically and mentally healthy, you can provide better care. You can also keep caring for longer.

It's also important that you look after yourself every day. It can be easy to keep pushing yourself until you can't push yourself anymore. You might become ill or be too stressed to continue care. Taking care of yourself every day and taking regular breaks can stop this from happening.

In this newsletter update we will take a look at some ways to look after your Mental Health.

You can get support through the Carer Gateway phone counselling service by calling 1800 422 737 and Selecting Option 2 to speak to our team. A professional counsellor can talk through your worries and help you to manage stress.

You can also find local services to get counselling at your home or at a private clinic. You may be able to get a [mental health care plan](#), which will pay for up to 10 appointments with mental health services through Medicare.

You can also visit:

[beyondblue\(link is external\)](#) or call 1300 224 636

[Lifeline\(link is external\)](#) or call 13 11 14

[MensLine Australia\(link is external\)](#) or call 1300 789 978

Alternatively support is also available by reaching out to the Carer Gateway online Community Forum which provides a safe, anonymous space to connect with other carers and support each other. The Community Forum can be accessed at <https://forum.carergateway.gov.au/s/>

There are a number of discussion topics in the Community Forum including:

- Self-Care
- Tough Times
- Relationships
- Managing Health
- Good Resources

You can also join a Carer Support group in your community. Groups are usually free and meet in a public place, such as a community hall or hospital. You can join a general support group for all carers.

You can also join a group for your situation, such as for:

- young carers
- parents or grandparents
- your language or cultural background
- particular conditions such as Alzheimer's disease

Another option to consider is exploring relaxation and mindfulness techniques which have been shown to help with preventing and managing stress:

- Practise relaxation techniques – meditation or breathing techniques can help with stress or poor sleep. You can learn relaxation techniques from an instructor or course, or apps such as [Smiling Mind\(link is external\)](#) or those available from [ReachOut\(link is external\)](#).
- Practising mindfulness – mindfulness is about focusing on what's going on right now rather than thinking about the past or worrying about the future. This can help you to enjoy day-to-day pleasures and reduce stress.

For more information and support please reach out to the team at the Carer Gateway by calling 1800 422 737 or heading to the website <https://www.carergateway.gov.au/>

Until next time,
Jason



Neighbourhood Watch

Let's watch out for each other

South Mitchell

Cyber-attacks and Identity Theft

Recently Optus and Medibank Private have announced that they have had cyber-attacks on its customer data.

The criminal claims to have stolen 200GB of data and has sent a ransom note to the company, threatening to leak sensitive customer information. The personal information which might have been exposed includes the customer's names, addresses, dates of birth, phone numbers and proof of identity details such as your licence number or passport.

If you are concerned about these particular cyber-attacks, you can contact Medibank Private on 13 23 31 or AHM on 13 42 46.

Alternatively, if you were affected by the Optus breach, VicRoads can flag your existing licence and arrange a replacement, just visit <https://www.vicroads.vic.gov.au/licences/renew-replace-or-update/flag-your-driver-licence>. Passports are still safe to use for international travel, however, Optus has agreed to reimburse the costs associated with replacing a passport due to the breach.

If you are concerned that your identity has been compromised or you have been a victim of a scam, contact your bank immediately and call IDCARE on 1800 595 160.

If your identity has been stolen, you can apply for a Commonwealth Victim's Certificate. Visit <https://www.homeaffairs.gov.au/about-us/our-portfolios/criminal-justice/cybercrime-identity-security/identity-protection-recovery>

If you believe you are a victim of a cybercrime, go to ReportCyber at cyber.gov.au.



Identity Theft

Identity theft continues to be one of the most common crimes in Australia. According to the Australian Institute of Criminology, the annual economic impact exceeds \$2 billion.

Identity crime also provides a foundation for many other forms of serious crime. Fraudulent identities may be used for money laundering, tax evasion, dealing with stolen motor vehicles, or to protect the true identities of organised crime members. In addition to this, organised crime groups may sell stolen identity information to other criminal networks.

When a person has their identity stolen, in YOUR NAME they may:

- Apply for a credit card or run up debts;
- Open a bank account;
- Apply for government benefits;
- Purchase a vehicle;
- Apply for a job;
- Apply for a mobile contract; or
- Obtain a passport.

Many victims experience repeated victimisation. This can result in difficulties you may have when trying to prove your own identity at a future date when applying for a passport, property or just Centrelink benefits. It can impact on your credit rating but if you have obtained a Commonwealth Victim's Certificate if exposed, then you can seek assistance in rectifying problems you have suffered as a consequence of the crime.

Hotlines:

000

Emergency

131 444

Police Assistance Line

1800 333 000

Crime Stoppers

Online Reporting: <https://www.police.vic.gov.au/palolr>

For more information visit:

<https://sites.google.com/view/south-mitchell-nhw/home>



www.facebook.com/southmitchell.nhw.inc

email: newsletters.smnhw@gmail.com

**We understand that
retirement means you
finally get to focus on
living.... *save yourself
time and stress***



**Have your medication
PACKED and DELIVERED
FREE***

**CALL US ON
5787 1010**



***FOR FIRST THREE MONTHS. CONDITIONS APPLY.
PLEASE CALL OR SEE IN STORE FOR DETAILS**

SUDOKU

Answers on
page 29

Place the numbers 1-9 only once in each row, column & 3x3 block

					2			
1		3	4					5
2				5		4		1
3	4				5		9	
8		7				3		4
	9		3				1	7
6		5		3				9
4					8	7		2
			1					

THIS MONTHS QUIZ

Answer appears on Page 29 but no cheating!

- Which country invented ice cream?
- Which country borders 14 nations and crosses 8 time zones?
- The unicorn is the national animal of which country?
- What type of animal is a Flemish giant?
- Iceland diverted roads to avoid disturbing communities of what?
- What does the word "Halloween" mean?
- Is the pumpkin a fruit or a vegetable?
- Where do the Ghostbusters set up their headquarters?
- What symbol is on Captain America's shield?
- What is the longest-running Broadway show?
- What percentage of our bodies is made up of water?
- Which watch company has a pointed crown as its logo?
- Which singer's real name is Stefani Joanne Angelina Germanotta?
- What is the softest mineral in the world?
- How many ribs are in a human body?
- What's the most expensive home in the world?

Kilmore/Wallan RSL Sub Branch

meets the last Thursday night of the month
and open every Wednesday 10am -12pm at
Kilmore Memorial Hall

Contact Rod Dally 0417 522 835
We have Pension and Welfare Officers
to help veterans in the area.

MITCHELL SHIRE COUNCIL



How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

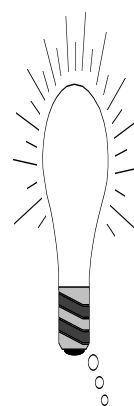
Justice of the Peace for Victoria

Sue Marstaeller

Mobile: 0438 871 520

*Sue is available to sign documents.
Phone for appointment.*

ROB & LEONIE FERRIS ELECTRICAL CONTRACTORS REC 3028



- *Light & power points
- *Security systems
- *Underground Mains
- *Stove & hot water repairs
- *New houses & rewires
- *Safety switches & smoke detectors
- *Commercial & Industrial
- *Austel Licensed phone points

Phone 5782 1746
Mobile 0418 323 838

Whittlesea Community Network

92a Church Street Whittlesea 3757
Ph: 03 9716 3361 Fax: 03 9716 3816
Email wchi@whittleseach.com.au



Summer is apparently just around the corner.....meanwhile most of us have webbed feet! If you are paddling around in our Neighbourhood drop in for a chat, we have a new Community Access area which now houses our "Little Library" for book exchange and our "Community Pantry" in case you find yourself in need of non perishable food items. Come and check it out!

Community Meals

Big Blokes Brunch is a great way to start each week at the Whittlesea Community Activity Centre on Tuesdays! Bring a mate the food is great:

Tuesdays 11.00am - 1.00pm \$2.00 per person

Ladies Lunch -join the ladies who lunch each fortnight at the Whittlesea Community Activity Centre and meet our Chef - Dave and his team!

Thursday November 24th 11.30am - 1.00pm \$2.00 per person

Crafternoons

Join us each week on Mondays and dabble in all sorts of crafts! **We are currently preparing for Christmas with cards, decorations and all manner of things Xmas!**

Join anytime just let us know you are coming so we can have materials available.

Mondays each week during Term 1.00pm - 3.00pm \$2.00 per session

GRAB A TICKET IN OUR "Boomerang Bags Charity Raffle"

Fantastic prizes: 1st Thermomix TM6, 2nd Prize Janome Sewing Machine and 3rd Prize Dinner for 2 at Whittlesea Bowls! Tickets just \$20 each and available from the House.

Boat Licence - The weather is on the improve - time to hit the water!

Saturdays November 26th and December 10th

9.00am - 1.00pm \$130 per person (students over 12 years are eligible). PWC Licence is included unless you are under 16 years

First Aid

(CPR, Provide First Aid & Provide First Aid in an Emergency in an Education & Care Setting) Online learning + face to face Saturday 3rd December \$85/\$150/\$195

Fix It Friday

Fix it Friday is back face to face! Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre!

Meet experts from Whittlesea Community Connections, Centrelink, Social Worker, Espresso Legal, Uniting Financial Counselling, NDIS, Centrelink, Victoria Police, My Aged Care, Under 60s Home Assistance, No Interest Loan Scheme and heaps more! Solve lots of drama at one place on one day!

Call 9716 3361 to register in advance, it's **FREE**.

Friday 25th November 10am - 1.00pm

There is a **new round** of Power Saving Bonuses now available to **ALL VICTORIAN HOUSE-HOLDS**. You must have an electricity account with your name on it to apply and it is available on the basis of one per household. Ask us for assistance to apply!

SAVE THE DATE

- The Whittlesea Community House Christmas Party will be held on Thursday 15th December, 2022. Stay tuned for details!

THANK YOU EVERYONE!

To all of you who have placed items into the food donation bin at Whittlesea IGA we would like to say a huge thank you! These items are packed up each week as emergency pantry parcels for folks that we meet each week.

Your kindness is VERY much appreciated.

A more comprehensive list of what is coming up at the House can be found on our website www.wchi.com.au or you can call to book any of the above on 9716 3361. See you soon!

All Weather Training Facility - Heathcote Jct
(Established 1995)

Puppy School - Social Classes
Adult Classes - Trick Training
Behaviour Problems



Workshops
Dog Park Etiquette
Intro to Agility
Dock Diving
Cross Country

Alfoxton Dog Centre

www.foxton.com.au

*Boarding Dogs / Cats -short and long term Farm Stays.
Dogs have large indoor/outdoor pens. Also big play paddocks
where your dog has room to get out and burn off their energy.*

*Cats and little Dogs get to hang out in fully enclosed and heated
Mud Brick Cattery*

Phone: Anne **0402 118929**

60 Junction Rd, Heathcote Junction, Vic

Alfoxton is a registered Domestic Animal Business - Mitchell Shire



Classes held at:
R.B Robson stadium
Wallan, 3756

**Recreational & Competition
Gymnastics**

- Morning classes from crawling to 5years
- Afternoon classes from 5 years to adult
- Classes available Monday – Wednesday
- Trial class available for first time members

Visit our website for more information

Birraleegymnastics.com.au

**Weather Report -
October 2022**

Wandong/Heathcote Junction

A most unusual month - the first four days were warm, sunny and comfortable. Then the rains came – 114 mls on 5/10 – 12.5 mls on 6/10 and a further 14 mls up until the 16/10. No report of flood damage. Then from 17/10 to 30/10, a further 70 mls to make the month total of 210.5 mls.

This was little compared with the rainfall in northern areas, resulting in sever flooding and resultant damage to homes and businesses.

By comparison to the total rainfall for October last year which was 102 mls. Rain was recorded on 17 out of the 31 days this month
Needless to say, our Sunday Creek supply dam is full.

Stats

October 2022	-	210.5 mls
Previous year	-	102 mls
Average prev 10 years	-	56 mls
Total this year	-	936 mls
Total prev year	-	711 mls

FRIENDS OF DISAPPOINTMENT

Are you interested in the history,
conservation and community of the
Mount Disappointment State Forest and
surrounding areas.

Join "Friends of Disappointment" to share
history, photos and ideas.

[https://www.facebook.com/
mountdisappointmentclonbinane/](https://www.facebook.com/mountdisappointmentclonbinane/)

QUIZ ANSWERS (from page 27)

1. China
2. Russia
3. Scotland
4. Rabbit
5. Elves
6. "Hallowed evening" or "holy night"
7. Fruit
8. Fire station
9. A star
10. The Phantom of the Opera
11. 60% to 65%
12. Rolex
13. Lady Gaga
14. Tale
15. Twenty four
16. Buckingham Palace

**SUKODU
solution**

9	5	4	7	1	2	6	8	3
1	7	3	4	8	6	9	2	5
2	6	8	9	5	3	4	7	1
3	4	1	8	7	5	2	9	6
8	2	7	6	9	1	3	5	4
5	9	6	3	2	4	8	1	7
6	8	5	2	3	7	1	4	9
4	1	9	5	6	8	7	3	2
7	3	2	1	4	9	5	6	8

Puppy Chewing Everything !

By Anne Zelvys IACP-CDT

Puppies, just like very young children, seem inclined to pick up just about ANYTHING and put it in their mouth...

Stones, slugs, leggo blocks, coins, mulch etc... it all goes in, chewed, then either dropped out or eaten.

If swallowed we then have to hope that this will pass thru the pups digestive system without any ill effects to the animal. Natural items such as bugs, bark, sticks will generally be processed by your pup's system, but plastic, foam, toys, balls can be problematic and then a risk of a blockage that causes everyone distress.

So why do they seem to need to chew?

Basically, pups (and human toddlers), are exploring their environment and will seek out to see what is edible and what isn't... With human babies we control this behaviour closely, so by the time they are perhaps a year or two old most children have dropped this behaviour..... This can be more difficult with our pups. From the time the pups are about 4-5 weeks old they should have access to a natural environment and so we start to see them taste or chew different materials... Pups are now becoming independent of their mum and are trying new food sources. Then when pups are about 9 weeks old they move to their new family's environments and have the opportunity to explore and find more things to chew and taste. For pups this is great fun and a way to amuse themselves.

Around 4 months of age pups also are teething, when their adult teeth are coming thru. This always seems to make a dog more inclined to chew on anything at their disposal.

Another reason for chewing is that Nature is clever, If the diet is deficient in nutrients, dogs seek out vitamins and minerals from their environment... Consider how horses eat grass (which only holds nutrients from the top 20cm of soil). Therefore if horses are kept in limited grazing they often start to seek different nutrients that their body is lacking and will eat the bark off trees, because this bark is gaining nutrients via the root system deep within the earth. Dogs on limited diets will do the same... eating dirt, chewing on bricks, licking rocks... this is nature's way for the animal to help balance their dietary needs.

Once a pup is around 6-7 months old the dog generally learns what is good and what is not - so then they are less inclined to chew **everything** and start to discriminate what they like to chew, especially if they have a good diet that provides variety to help their bodies find that balance.

Remember the action of putting things in the mouth is a "Behaviour" - WE CAN CHANGE BEHAVIOUR.

So how do we stop this behaviour ?

Most dogs grow out of this, but some dogs just love to chew...Remember "**mouth going the brain not**" so we have to remember that a dog is really unaware they are chewing on the chair leg. Some breeds like Labradors, Goldies, Danes will often be a problem with this behaviour and even swallow a large selection of items.... Here are some tips.

Step one: Ensure your dog has a varied diet - I prefer to use a raw diet, a wide range of meat, veggies and fruit this provides the dog with a mix of nutrients that can increase the stomach's ability to produce a strong immune system. Having bones is also a chance to use their teeth and jaws. Providing supplements from natural sources rather than relying on processed or synthetic vitamins or minerals.

Step two : Preventing dog getting bored - Providing natural materials like dirt, ensure that you have sticks that are sourced from different trees as these provide different flavours and minerals. Also fresh herbs and veggies to chew. Contrary to 'dr google', most plants are NOT going to kill your dog.

Step three: Stop the habit developing : When your pup picks up something in his mouth get him to drop the item (don't just take it out of his mouth)... leave the item where you can keep an eye on the pup and should he try to pick it up again then block this behaviour Keep repeating until he chooses just to walk away from the item. Remember with pups, when you are not around ideally remove the temptation to avoid the dog developing bad habits....



(© Original property - this is not to be reproduced without the written permission of the author)

Alfoxton Dog Centre



WANDONG TENNIS CLUB

Email: wandongtennisclub@hotmail.com
or text Lisa on 0407 112 880.

Information is posted on our
Facebook page.

www.facebook.com/wandongtennis



Come along to our next Social Sunday tennis on Sunday 4th December between 11am and 2pm. Everyone welcome.

Come along and have a hit. BBQ lunch - gold coin donation, BYO drinks. All standards welcome.

Photos are from our last Social Sunday tennis day.



HOW DISAPPOINTING MITCHELL SHIRE

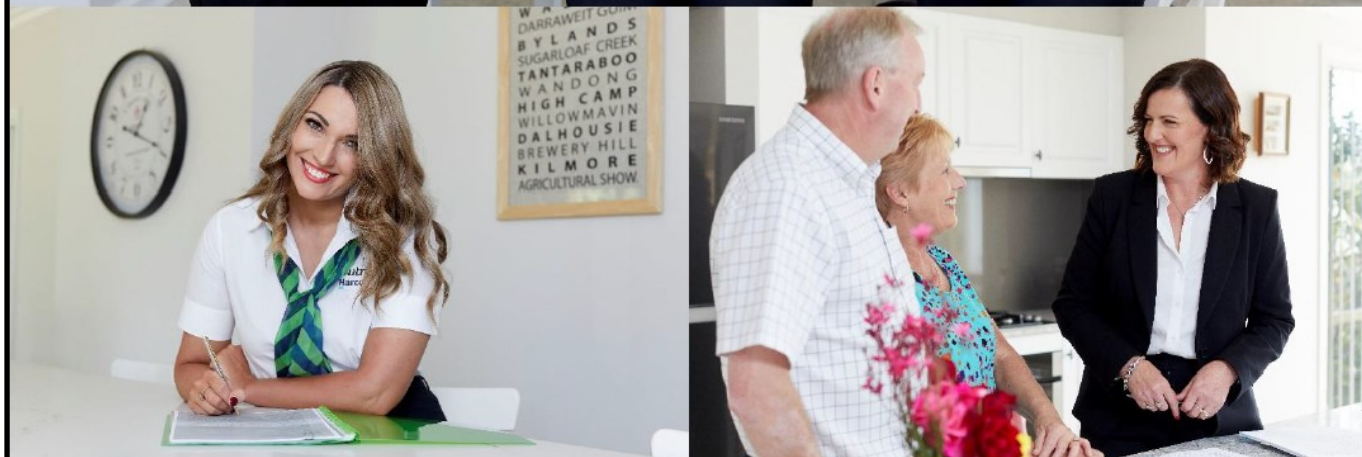
On Remembrance Day, Friday 11th November 2022, the Wandong History Group and Wandong Heathcote Junction Community Group staged the Remembrance Day service at the Wandong War Memorial.

It was most disappointing and distressing to arrive at the memorial to find the normal potholes full of water at the entrance of the car park, the toilets in a disgusting condition, the BBQs in a filthy condition (uncleaned for ages), the rubbish bin overflowing and the drinking fountain tap still leaking. The middle toilet was locked and could not be used, the other two toilets filthy. One had no toilet paper so we purchased some and obscene graffiti had to be painted over.



They remained in this condition for the following weekend.





Your local team.

Nutrien Harcourts Kilmore.

It's an ideal time for sellers! The local property market is strong and we have achieved excellent sale results for a range of properties in recent weeks. Nutrien Harcourts Kilmore combine a global network and innovative marketing techniques with our local expertise throughout the **Mitchell Shire**, **Macedon Ranges** and surrounding regions. Speak to us to find out what your property may be worth in the current market and how many buyers we have ready to purchase it today.

Ph: 5782 0400

kilmore.nutrienharcourts.com.au

Nutrien Harcourts