



ISSUE 316 WANDONG/HEATHCOTE JUNCTION MONTHLY NEWSLETTER : JULY, 2022 ABN 17 022 858 565

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Delivered to Wandong/Heathcote Junction/Wallan/Kilmore/Broadford/Whittlesea & Upper Plenty

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WILL MITCHELL SHIRE EVER COLLECT ROADSIDE RUBBISH

The Wandong Heathcote Junction Community Group has been collecting roadside rubbish for 20 years. While collection has predominantly been in the Wandong Heathcote Junction vicinity, its latest venture was to clean up the Wandong Broadford Road from Wandong to Clonbinane. A huge thanks to Rob Barker who managed the clean up and disposal of several trailer loads of rubbish at the Wallan transfer station. The road was a disgrace and as usual Council chooses to ignore any dumpings unless the community reacts. The latest dump on the Wandong Broadford Road was about a kilometre from the Wandong 80 KPH sign and had been there for months.

Now we learn that a Mitchell Shire officer has driven passed the rubbish collectors and queried the Groups safety procedures even though high visibility vests were evident and road signs placed at each end of the collection area. The Mitchell Shire officer finds no problem in driving past real problems such as blocked drains in Rail Street and Wandong Avenue, broken mesh fence on Rail Street and pot holes in the entrance to the memorial park car park. Other than providing transfer station access twice a month, the Shire provides no support for cleaning up, they don't do it and don't provide hard rubbish collection so encouraging roadside dumping.

The WHJCG thanks other road users whose behaviour is always considerate and safe and often show appreciation. Also pictured is Jassy Hall who with her mother Kerrie collected all the rubbish on Reservoir Road, Broadford, our Shires home town.



If the Shire does not thank you all, please accept the thanks of a grateful community. It is time the council had a program to clean up our road-sides, to better identify, request and progress and prioritise MSC action on road-side litter collection in the future?



IF YOU MISS AN ISSUE OF "WHATS NEWS" go to website <www.wandong.vic.au/local-news/whats-news>

Wandong - Heathcote Junction - why would you live anywhere else. Until August 2022, Allen Hall (editor)

NEXT ISSUE DEADLINE: COPY & ADS 6 August 2022 DELIVERY from 17 August 2022

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WANDONG SHOPFRONT OPENING SOON

ARTC

INLAND
RAIL
An Australian Government Initiative

We're excited to announce that our **ARTC Inland Rail shopfront** will be opening in Wandong from 28 July.

The shopfront, at Shop 7 Wandong Plaza, Wandong, will be open **Thursdays 9am-1pm**.

We know the local community is passionate about how Inland Rail is delivered in Wandong and Mitchell Shire and appreciate the importance of community feedback.

As we progress the designs, we are looking forward to more conversations with the community that will help us achieve the best possible project outcomes. We are committed to listening to local communities and we look forward to holding many conversations at our new shopfront.

Can't make it?

Book an after-hours appointment by:

☎ 1800 732 761

@ victoriaprojects@artc.com.au



Inland Rail is a 1700km freight rail project that will connect Melbourne to Brisbane. In Victoria we will be modifying existing structures at 12 sites along the North East rail line, including Wandong, to enable double-stacked freight trains to pass safely.

Want to know more?

ARTC is committed to working with communities and landowners, state and local government as a vital part of our planning and consultation work, and we value your input. If you have any questions or comments, please let us know.

☎ 1800 732 761 @ victoriaprojects@artc.com.au @ inlandrail.com.au/t2a

Wandong Primary School



Launchpad Learning

We are excited to announce our Launchpad Learning Program, set to take off this year! Launchpad Learning will be an on-site pre-Foundation program, for children enrolled to begin their first year of school at Wandong Primary School in 2023. Separate (and in addition to) our normal transition sessions, Launchpad Learning will offer:

- An engaged education program delivered by our trained teachers and Learning Specialists.
- Learning experiences to teaching your child to begin Reading and Writing before they start school.
- A fun, new learning environment with brand new learning resources.
- Parents invited to join in each session!
- A matching take home program, to continue the learning fun at home.

Launchpad Learning has one goal – to help your child academically start ahead, to stay ahead in their first year of school. Stay tuned for more details on how to register for our August class start!



Education Week Winners

Our Education Week winners enjoyed their special hot lunch for being nominated by the Student Representative Council for their creative writing and artworks, capturing what our school might be like in another 150 years!

NAIDOC Week

At the end of Term Two, students learned about indigenous culture and heritage, including participating in dance, bracelet making, creation stories and art works. Grades contributed to a giant Rainbow Serpent design, which wrapped its way around many of the schools' footpaths. Thank you to our parent helpers for organising these activities and days to celebrate our First Nations' peoples' history, culture and achievements.

Kaitlyn Hall & Jaclyn Adams - Teachers, Wandong PS.



What's Happening

WANDONG OUTSIDE SCHOOL HOURS CARE



Service Phone Number:

0497 877 771

Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

How to Enrol

Visit TheirCare website: www.theircare.com.au and click on 'Book Now' in the top right hand corner to register your child's details.

Operation Times

Before School Care 6:30am – 8:45am

After School Care 3:30pm – 6:30pm

Pupil Free Day 6:30am – 6:30pm

Holiday Program 6:30am – 6:30pm



OKR 98.3 FM
More Music

Whats News Advertising rates:

1/8 page ~ B & W \$15 Colour \$30

1/4 page ~ B & W \$30 Colour \$60

1/2 page ~ B & W \$60 Colour \$100

Full page ~B & W \$100 Colour \$180

GAZEBOS AND CHAIRS FOR HIRE

For your next function why not hire a gazebo and chairs from the Wandong – Heathcote Junction Community Group.

For hire are:
two 6m X 3m gazebos,
a 3m X 3m gazebo
8 wooden trestles
and 50 outdoor chairs.

Call David on mobile
0409 164 660
to arrange hire.

COMMUNITY WEBSITES

www.wandong.vic.au

www.upperplenty.com

Mitchell Bushwalking Group

The group walks once a fortnight, with some evening walks during the summer months.

Please contact:

Mary 0428 479 469
or Wayne 0451 519 734

or email
mitchellwalksgroup@gmail.com

for more information



BIRTHDAY GREETINGS

We wish the following
people a very happy

birthday

13 Jul	Cindy Flannery	W
14 Jul	Ella Hall	W
15 Jul	Brad Dawson	HJ
16 Jul	Noelene Pyle	K
16 Jul	Olivia Allen	HJ
18 Jul	Michael Mason	W
18 Jul	Andrew Fletcher	HJ
19 Jul	Kayla Johnson	HJ
19 Jul	Nicholas Rhead	HJ
21 Jul	Dale Dwyer	Wallan
22 Jul	Steven Barnes	HJ
22 Jul	Brian Dove	W
23 Jul	Hayley Day	UP
24 Jul	Bianca Gardiner	B
25 Jul	Brok Wightman	W
26 Jul	Cathy Bellomo	HJ
27 Jul	Vicki Seeley	HJ
27 Jul	Jessica Barnes	HJ
27 Jul	Sarah Dwyer	Wallan
29 Jul	Amelia Kovacic	WP
29 Jul	Ben McMahon	B
30 Jul	Eildh Murray	HJ
30 Jul	Steven McCarthy	HJ
30 Jul	Jake Duncan	HJ
31 Jul	Dawn McCormack	HJ
3 Aug	Jessica Kelly	HJ
3 Aug	Jenny Mifsud	W
4 Aug	Mick Lawrence	K
4 Aug	Ben Dodds	W
4 Aug	Terry Swanwick	HJ
5 Aug	Erin Hanson	W
5 Aug	Casey Johnstone	W
6 Aug	Kasey Georgelin	HJ
7 Aug	Brett Smith	W
7 Aug	Nicole Marshall	HJ
7 Aug	Robyn Robinson	HJ
7 Aug	Holly Ellison	W
8 Aug	Karen MacDonald	W
8 Aug	Brian Smith	W
8 Aug	Craig Stewart	W
9 Aug	Graham Robinson	HJ
9 Aug	Joseph Bellomo	HJ
9 Aug	Helen Stewart	B
9 Aug	Jaymi McLennan	W
10 Aug	Robyn Likos	HJ
12 Aug	Gail Plumbe	C
13 Aug	Joanne Waldie	W
14 Aug	Helen Stewart	W
14 Aug	Kate King	Wallan
15 Aug	Ken Bausch	HJ
15 Aug	Eileen Gray	HJ
16 Aug	Andrew Lawrence	K

GET "WHATS NEWS" BY EMAIL

If you would like to receive "Whats News" by email each month, send your name and email details to : whatsnewswhj@gmail.com

Remember

"Whats News" is also available on the website
<www.wandong.vic.au>

Wandong Playgroup

New members are welcome at playgroup.

You can start anytime of the year.

Come along and check it out.

The first session is free and
then it's \$5 per family
plus payment of Playgroup Victoria
membership to cover insurance.

Playgroup is for parents, guardians,
grandparents and careers and their
0-5 year old children.

Come and look!

Anytime is a good time to start.

Every Tuesday (during school terms)

9.30am till 11.30am

At Wandong Community Centre,

LB Davern Reserve

Dry Creek Cres, WANDONG

FOR FURTHER INFORMATION
ABOUT PLAYGROUP CONTACT:

Andrea 0413 212 946



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5787 1911

COME LET US WORSHIP

The Bible tells us in *Psalms 95 verse 6*: *Come let us bow down in worship, let us kneel before the Lord and Maker.*

For some time, there has been frustration, debate and tension in many churches about defining worship and agreeing what it should look like.

Older Christians are confused because of changes made to the style of worship. They wonder what happened to the old hymns that were so loved. They knew the page numbers, all the old verses by heart. Today there are no hymnals, the organ has been silenced and guitars, drums and cymbals have taken over and now we have groups of singers on stage leading the songs. We stand singing song lyrics that we aren't familiar with from a large screen.

What's happening if the church doesn't have these components the young people leave to where it is happening. Are we going to let the form of worship divide our churches? I hope not! While scripture affirms the vital essential nature of corporate worship: *Hebrews 10 verse 25: God's not bound within the walls of a church building.*

During Jesus' chat with the Samaritan woman at the well He overwhelms all her expectations of the Messiah: *John 4 verse 9.* Instead of condemnation Jesus spoke truth and loved her as she stood next to the well. Notice, NOT in a church. He revealed His intimate and His sovereign knowledge of His children. When we focus on who God is, what He has done and all that He has promised we can rejoice in His constant presence. As we worship with other believers not just in a church; but in our own living room, out in the community we can worship God anywhere or everywhere.

Next month my topic will be focusing on, impacting the community.

My prayer for you all is: Amazing God please help us worship You as we rejoice in who You are, what You have done for us and all You promise to do. Amen.

Shirley Kawalski,
Broadford Salvation Army.

SAVE WANDONGS HERITAGE LISTED ST MICHAELS CHURCH

Please help by donating
your 5 cents in the collection tins
at Kemps Bakery (Wandong) and
Wandong Pharmacy



LOCAL CHURCH NEWS

ST JOHN'S ANGLICAN CHURCH, WANDONG

WANDONG AVE, WANDONG
Enquires 9308 2452
Services: 8.30am
on 1st & 3rd Sundays
ALL WELCOME

Whittlesea Anglican Church

Serving Whittlesea, Upper Plenty.
& surrounding areas

Christ Church: 9 Wallan Road, Whittlesea.

Vicar: Rev Ruwan Palapathwala 9014 0696

Web Site: www.christchurchwhittlesea.org

Weddings/Baptisms by appointment

Sunday Services: 10.15am. Incl kids program

Services to the Community:

Whittlesea Opportunity Shop 7 Laurel St

9716 3144 Open M-F 10-4 Sat 9.30-12.30

Christ Church Craft Group

Friday 10-2, Church Hall BYO craft - any type
we love to learn, Jenny 9715 1137

Anglican Care: quality provider aged services

www.anglicancare.com.au

Jobs at Anglican Care www.careerjet.com.au



FREEDOM
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Meeting at 10.30am every Sunday
at the Freedom Care Building,
127c Northern Highway Kilmore Vic
— entrance on Willomavin Road

Enquiries to ;

Pastor Frantz Heinzelmann

Mobile: 0411 794 188

www.freedomcarechurch.org.au

All Welcome. Love to see you there



Wandong District Church

29 Wandong Ave,
Wandong

Letting the
LIGHT Shine
in the World"

Services held at 5pm Sundays
ALL WELCOME

Enquiries to:

Pastor Allan Laurens 5787 1020

Or David Moran 5787 1738

WANDONG MEDICAL CENTRE

Dr Hossein

Ph: (03) 5787-2277

Monday to Friday 9am - 5pm

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**Anyone wishing to join
Kilmore District Mens Shed
Should contact
John Perrett 0418 288 024 or
Ron Hamilton 0481 268 471**

**Operating hours are
Tuesday and Thursday
9.30 am - Approx. 1.30 pm**

email: Kilmoremensshed@gmail.com

The Kilmore & District Hospital



Rutledge Street, Kilmore Phone: (03) 5734 2000

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District Nursing

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Dianella Hostel and

Caladenia Nursing Home Website:

www.kilmoredistricthospital.org.au



MITCHELL SHIRE COUNCIL



How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

LIONS CLUB OF WANDONG - WALLAN INC.

President: Marilyn Moore
PO Box 225, Wandong, Vic. 3758



Report time has come around again. I am not sure what I have to say this month.

Some of us went around to our lockup under the Wandong stadium and had a bit of a clean-up and an inventory of what we own. Daniel and Peter were reasonably impressed with our bbq trailer and went through it and sorted the contents out. As a result we conducted a sausage sizzle outside Mitre 10 in Kilmore. This was the first time that the trailer had been out since covid started. In true Kilmore fashion it was cold and wet. I swear that in winter Kilmore is the coldest place in Australia. There were four of us. Daniel, Peter, Hugh and myself. We didn't make a great deal but it was good to get the brand out there again. Daniel organised the event. He is a real asset.

We look like recruiting some new members. Members of the local Sikh community are interested in coming on board. It will be interesting to watch the club going forward.

I don't have much dirt on our members. They seem to be ignoring me.

Bill and Marie Forbes finally got to see the Elvis exhibition in Bendigo. If you see some bloke walking around in a sequined white jumpsuit it is not the king, it's just Bill.

Marilyn is getting around a little better. We keep asking her to demonstrate her stair descending technique but she refuses an encore.

Finally I am being forced to report this incident although I am sure that it is of no interest to anyone. I won a \$75 meal voucher at the magpie and stump hotel. So far so good. I was cleaning up my desk and picked up some old envelopes and threw them in the fire. Unfortunately my pub voucher was in one of the envelopes. Certain disrespectful people thought that it was terribly funny. It is really difficult to get any sympathy from my wife. Catch you next time. Clyde Riley.

UPPER PLENTY PRIMARY SCHOOL

Term 2 has been a busy time with lots of fun and exciting things happening at UPPS!

In May, we had a whole school celebration for 'Mindfulness May'. Our Junior School Council members from each class carefully planned sessions centred around mindfulness. We learnt about what mindfulness is and why it is important. We discovered how we can practice mindfulness in everyday life. Classes participated in mindfulness walks, meditations, yoga, gratitude journaling and much more. Mindfulness May was a great way to support what we have been learning in our Resilience Project lessons, students commented on how calm, relaxed and thankful they felt.

We are continuing our AUSLAN studies across the school and students are loving sharing their learning with their teachers and families. Across the school, students have been learning about geography. We have enjoyed exploring geographical features and learning about the history of the Earth. Our 5s and 6s loved their excursion to the Melbourne Museum to see the new triceratops exhibit! Students participated in inter-school cross country, where we had some fantastic displays of persistence, determination and success by all students who attended. After a few years of interruptions, the upper primary students loved finally having the opportunity to travel to local schools and compete in interschool sports. As the weather gets colder, we were lucky enough to have a new chicken coop donated by a student and their family. It took a group effort to set up, but the school chickens have been loving their new spacious home.

As a school we learnt the significance of National Sorry Day, we learnt about the importance of remembering and acknowledging the mistreatment of Aboriginal and Torres Strait Islander people. We commemorated National Reconciliation week. This year's theme was 'Be Brave, Make Change'. This is to challenge us all to be brave and tackle the unfinished business of reconciliation so we can make change for the benefit of all Australians. Students learnt about the importance of paying respect to the traditional owners of the land and the meaning of Country. Our Foundation students beam with pride every time they lead our Acknowledgement of Country in assembly.

For our final day of school for Term 2, we celebrated by hosting a 'PJ and Movie Day'. Students came dressed in comfy pyjamas and participated in activities such as, writing about what they want to be when they grow up, watching movies based on our geography studies and creating dream catchers. We welcomed the holidays with open arms after such a short but busy term. We hope everyone has a safe, relaxing, and enjoyable break over the holidays and we look forward to even more exciting times in Term 3!

Kindest, Violeta and Tilly

GARDEN SCENE WITH GAIL

Our shortest day of the year has passed so it's into longer days which is fantastic for us gardeners. This is the month to begin our applications of Potash, (Sulphate of Potash or cold ash from our wood fires) one application every two to three weeks on our fruit trees, roses, any plants that are Spring / Summer flowering, this will enhance flower bud development so, produce more flowers. Incorporate the potash into new plantings when you've dug the hole and added well-rotted cow manure. Mix it in well as all these ingredients make for good soil structure and the better our soil structure (foundations) the better growth of our plants. Well, we have so many weeds everywhere, everywhere we look the weeds have popped through, as healthy as ever. I know weeding is tedious but there is still no easy way to remove the pesky things except get down and pull them out or with a long-handled hoe and rake away from the area. Sometimes this is easier than getting down on our knees and our knees get wet, very uncomfortable unless you have a weed mat, they are so handy. If we can get our weeds out while the ground is soft, they should come out roots and all, in theory we shouldn't need to weed that area again for a while particularly if you can follow up a good application of mulch. A few years ago, the thought was only apply a shallow layer of mulch so the cold wasn't held in the soil and around the roots of the plants but now a generous layer is advised. If you are thinking about replanting an area of your garden or adding more plants to your garden, consider our bees. Time always seems so precious, it's as though someone has reduced the hours in a day and we are constantly fighting time to achieve what we would like to do every day and I think this is one of the reasons that when planning our gardens (many house and land packages included) sometimes we opt for low maintenance plants such as Flax, grasses, succulents and minimum flowering plants however, in doing this our native birds and bees are really suffering. Without Lavenders, Roses, Daphne, Camellias, Grevilleas, Correae, Callistemons, Croweas and any flowering and / or scented plants, our birds and bees are struggling to do what they do best in keeping their populations healthy and happy. Our bee population is under threat and to make matters worse there has been a mite detected which could devastate the bee population. So, when planting do try to balance out our selection of plants, think of all the beauty that we gain from having those Wrens in our gardens, Wattlebirds, Rosellas, Honey Eaters and our native bees. If our bee population dwindles the effect will be far reaching. Our fruit supply and our cut flower industry among many other industries will be adversely affected. Gardening is so interesting and the fact that we can help our wildlife help us is amazing, we need to work together to get that balance. Enjoy July and keep warm.



Bye for now!

Gail Mains Kendrick (your local real estate agent)



Wandong History Group

We continue to organise our belongings in the newly renovated church. This will be ongoing for some time as there is a lot to do. We have been very lucky to be the recipients of a grant from the Regional Collections Access Program, this grant will allow us to purchase some professional display boards and stands and a new glass display case for the church. We also have received a grant through the National Volunteer Grant Program 2022 offered through the Mitchell Shire Council, this money will go towards the maintenance of our website which will be launched in the coming months.

The calendar for the last part of the year is busy with the upcoming lost Airmen day booked in for 6th August, then in October we will be holding the reopening event for the church and also the Robertson reunion, which will also have a book launch of the Robertson family history. We are taking pre-orders for this book, if anyone is interested in purchasing a copy, please contact me for an order form.

We will be holding regular exhibitions in the church once the new display stands arrive. We will let everyone know what these will be and when they will run from, we hope to see lots of visitors to the church in the near future.

If you would like to be part of this dedicated team looking after our history and heritage contact us. We love having new members and there is a job for everyone no matter what your skill level.

We are looking for suggestions as to how Wandong should celebrate the anniversary of the Hume and Hovell expedition and we would like ideas to come from the community for this great event.

Stay safe everyone

Karen

Wandonghistorygroup4@gmail.com

PH 0432 120 736



Wandong Fire Brigade



Wandong Junior Fire Brigade Recruiting

Juniors are looking to recruit new members! We meet 6.30 - 8pm Monday at the Wandong Fire Station. Juniors is a great way to meet new people and learn some funky skills. In recent sessions we have met up with local police, used VR technology, smoked out the station with a smoke machine and then rescued people using a thermal imaging camera (TIC), learnt first aid and investigated different types of fire fighting equipment. We have had some juniors move on to seniors so we are now looking for more kids to join the fun. If you are 11 - 16 years old and live in Wandong, Heathcote Junction, Clonbinane or Kilmore we would love to hear from you! There is no cost involved. Send us a message on Facebook or drop in to the station during school term Monday at 6.30pm.

Tap Leak at Wandong Plaza

The brigade is aware of the hydrant leaking water at the Wandong Plaza. Thanks to those who have reported it to members. We have attempted to flush out the hydrant to reseal the seal, but the issue is not resolved. It has been reported to Goulburn Valley water, and we believe it is the responsibility of the owners of the Wandong Plaza to follow up and rectify.

Fire Equipment Maintenance

Wandong Fire Brigade provide servicing and supply of fire suppression equipment (fire extinguishers and fire blankets etc). This is a main fundraiser for the brigade by our awesome volunteers, while providing essential equipment and servicing of the equipment to businesses and homes in the community. If you need any equipment or servicing contact John Simpson on 0421 319 203.

No Standing signs and access to the fire Station

The Mitchell Shire Council installed NO Standing signs either side of the driveway to the fire station 12 months ago. They are still regularly issuing fines to people as cars continue to park there. To avoid a fine (and allow brigade members to enter and exit safely) please pay attention to the signs. Even more importantly, do not park on or across the fire brigade property or driveway. Wandong Fire Station is an emergency service that is available 24 hours a day, 7 days a week. Access to the station is required at all times for members to enter, and for emergency vehicles to leave and return. Please do not park your vehicle on the grounds of the fire station, or park across the driveway, or block access to the driveway with your vehicle.

Burning Off

Mitchell Shire Council allows burning off, in town areas, on Wednesdays and Saturdays between 10am and 3pm. You must register your burn-off by calling the **CFA Burn Off Line** on **1800 668 511** or via the website <https://firepermits.vic.gov.au/>. We have had to turn out unnecessarily to burn-offs lately that really don't need our assistance.

Training

Training has resumed on Wednesday nights starting at 7pm at the fire station. A training session is also held on the 3rd Sunday of each month. For more information contact Lt James Stephens on 0418 221 458.

WANDONG-HEATHCOTE JUNCTION COMMUNITY GROUP

P.O. Box 242, WANDONG 3758 Tel: 0413 832 411



WEBSITE

In June the <www.wandong.vic.au> website received 766 visits. If any business or group has noticed any change which needs to be corrected to their entry, please let us know. To add your business or group email: whatsnewswhj@gmail.com

ROADSIDE RUBBISH COLLECTION

For 20 years the WHJCG has been responsible for the removal of roadside rubbish in the Wandong Heathcote Junction area of Mitchell Shire. Recently, led by Rob Barker, the WHJCG cleared trailer loads of rubbish from the Wandong Broadford Road only to receive a rebuke from Mitchell Shire. You might of thought it would be thankful but not our Shire.

We long for the day when Mitchell Shire supports the WHJCG instead of refusing project after project that would display our history, improve amenities and / or beautify our town.

KILMORE GOLF CLUB



The colder weather has seen a fall in the numbers of players in competitions and socially as Victorians head north for a warmer climate for the next couple of months.

Work continues on the course to ensure that it remains in good shape when the warmer and finer weather returns along with more players.

Members were saddened to hear of the passing of two former members of our Club; Bill Johnstone and Marty Hatten. Both were active members for many years representing the club at many golfing events in the district. The Club extend their condolences to the families at this sad time.

The offer of Voucher booklets still applies: 10 vouchers for \$100 which enables a person to play 9/18 holes at any time providing it does not interfere with competitions.

Check out our website for more information about our club: kilmoregolfclub.com.au or call the golf shop and leave a message: 03 5782 1123 for further information.

Kilmore Function room is available for hire for birthdays, weddings, funerals. Contact the club 57821123 or email: info@kilmoregolfclub.com.au

NEW MEMBERS

A NEW DEAL FOR 2022 EXTENDED to September 30th

NEVER BEEN A MEMBER OF KILMORE GOLF CLUB?

Then you qualify for our FIRST YEAR MEMBERSHIP FEE of \$400.

Offer includes:

- 12 months full membership.
- Access to Golf Course any day of the week
- Two complimentary lessons with a Golf Professional
- Six Guest Vouchers to invite your friends

Apply now, OFFER ENDS 30th September 2022.

Please email, with your contact details to: info@kilmoregolfclub.com.au

The golf shop is open each Saturday if you wish to seek further information.

WANDONG PUBLIC HALL

Now well into the depths of winter its hard to go out and face the cold, lucky the hall has fantastic heaters that keep it toasty and warm. Its great to see regular users back, such as the Audax group who have been using the hall many years for their annual Wandong ride.

Our adventure area is almost complete, just waiting on some fun painting to happen when the weather warms up, this small area has been transformed with a few different things from a regular playground that will entertain the kids and make them think a bit as well. We look forward to the images coming that will depict some of our native animals and a little bit of Wandong history, that's enough information for now, wait and see the result.

Our regular user groups are always keen to have more people come along they are listed below:

TAI CHI BACK AT THE HALL

Tuesday and Friday mornings. 9.15am for 45 minutes. \$10.00 per session/ \$120.00 a term.

Contact Donna Douglas 0438 765 335 for more information

The Craft group attend every Monday, it's an informal group, bring along some lunch, and something to do if you feel like it.. There is always someone on hand to help with crafty questions in the group and this has been our longest running group.

The Lightwood Flats book club meet monthly - contact is Annie Beaman Ph: 5787 1698

Wandong Country Knitters also meet monthly, contact is Coralee Souter. Ph: 0479 163 548

Wandong Heathcote Junction Community Group hold a monthly meeting Ph: 0413 832 411

Wandong History Group Monthly meeting – Di Vidal Ph 57871314

The hall is available for hire phone Christine for bookings on 0448 604 770. Christine has an answering service so please leave a message if she cannot answer the phone, she will respond to all enquiries promptly. Stay safe, Karen



**Kilmore
&
District**

PO Box 550, Kilmore 3764
President: Elaine De Gabrielle

Secretary: Mark Perrott
Contact: info@u3akilmoreanddistrict.com.au

Kilmore has certainly turned on some arctic temperatures over the past month but that hasn't stopped our intrepid participants from enjoying the many classes available to U3A members. Now that the winter solstice is behind us and the days begin to lengthen and eventually warm, let's hope Covid ceases to disrupt our lives so much. It has been extremely challenging for convenors to plan activities due to unavailability of hospitality staff at luncheon venues and last minute cancellations due to illness. However the luncheon club did enjoy a lovely two course meal at the Kyneton RSL (see photo right) followed by a wander around the op shops.

The Garden group got a bit creative and stayed out of the weather, enjoying a presentation about the Singaporean "Garden in the Bay" featuring some amazing orchids. The Garden Group meet on the second Thursday of the Month behind the Kilmore hall at 1pm for excursions and would welcome new members. There are guest speakers and propagation days planned for June 9th, July 14th and August 11th at the U3A Centre in Kilmore. Why not come along?

The exercise group meets each Wednesday at 10 am in the memorial hall, Kilmore. It starts with a 15 minute warm up using resistance bands followed by either gentle chair or cardio exercises. All levels of fitness are catered for. Regular activity is one of the most important things to do in order to maintain both mental and physical health as we age and can delay or even prevent many of the issues faced by older people. Improved mindfulness, strength and flexibility ensure seniors stay independent for longer. All U3A members are welcome. The next session will be held on the 13th July after the school holidays.

The presentation from Fisheries Victoria sadly did not eventuate due to illness, however the morning Tea went ahead as planned and the participants enjoyed an update on the new facility under construction at the JJ Clancy reserve. Then the President of the Kilmore Community Garden, Fiona McGettigan, talked about the establishment of the garden and progress to date. Community Gardens offer not only access to fresh produce but opportunities for social interaction, physical activities and education. The garden is behind the Anglican Church at 11 Union St, Kilmore.

For further information email: info@u3akilmoreanddistrict.com.au

Or check out the website: <https://u3akilmoreanddistrict.com.au/>

Cheers, Amanda Oades



KILMORE SHOW 2022 CANCELLED

The Kilmore Agricultural & Pastoral Society has made the difficult decision to cancel this year's show and go into recess until March 2023.

This decision has primarily been made due to the difficulties involved in running the show currently with a lack of volunteers and increasing regulations including Covid.

The Committee wishes to thank you for your support of the show over many years.

Elyse Kelly
Kilmore Agricultural & Pastoral Society

Mitchell Shire Concert Band

Due to the current COVID-19 pandemic, the Mitchell Shire Concert Band regular Saturday Bingo sessions at the Band Hall at Chittick Park, Seymour, have been suspended until further notice.

The Band has now resumed rehearsals on Tuesday evenings,
7pm to 9pm.

Any new players will be given a warm welcome



WHATS NEWS @ WANDONG NETBALL CLUB

TOPPING THE LADDER

This season the Wandong Netball Club are proud to announce that we have one team sitting on top of the ladder in their respective age group. The Under 11 Wandong Green team are undefeated winning all 8 games played. Congratulations to all the players, Coaches, Team Managers and parents for helping our teams achieve their best. Good luck for the remainder of the season everyone.

2022 RAFFLE

The Club has some amazing prizes up for grabs in this year's raffle.

Tickets are available to purchase at all home games, \$2 each or 3 tickets for \$5.

Raffle books will be coming home after the school holidays so keep your eye out, support the club by purchasing some tickets and hopefully you can be the lucky person who takes home the major prize.

Thanks to **Bunnings Craigieburn** for their ongoing support and for donating our top prizes. Prizes will be drawn on the 6th of August 2022

NetSetGo



We have been receiving lots of emails from families interested in registering for our NetSetGo sessions.

These sessions will run during term 4 with dates yet to be confirmed. Keep an eye on our socials for upcoming dates and registration details.

**raffle**
\$2 each or 3 for \$5

prizes up for grabs

1

\$500 Bunnings Voucher

2

BBQ donated by Bunnings

3

BBQ Meat Tray

4

Pack of 3 WNC Beanies

Raffle to be drawn on Wednesday 6/08/2022

PHOTOS

We have once again engaged the talents of the team at **JAG Imaging** Wallan to produce our 2022 team photos.

Please save the date for **Tuesday the 19th of July** – more details to come.

GOING PINK FOR A GOOD CAUSE

This year we are please to announce that we will be going **PINK** again to raise money for the Breast Cancer Network Australia.

Players, families, and spectators alike are encouraged to purchase a pair of Play 4 BCNA socks and or a beanie and wear them during our **PINK** round on the **23rd of July**.

All funds go directly to the Breast Cancer Network Australia.

Merchandise can be purchased via the link <https://pinksportsday.bcna.org.au/store>

We are also accepting donations on the day during matches at our bake sale as well as online via our donations page. Last year we raised over \$1,200. This year we would like to raise even more.

<https://pinksportsday.bcna.org.au/my-fundraising/719/wandong-netball-club>

If you would like to donate any goods for the **PINK** Day raffle, please contact Jo at wandongnetball@gmail.com



The Wandong Netball Club is a child safe club. For more info please visit

<https://www.playbytherules.net.au/online-courses>

Wandong Netball Club Inc. PO BOX 369 Wandong VIC 3758
Wandongnetball@gmail.com

Time for a home loan health check!

With interest rates on the rise, there's never been a better time to review your home loan.

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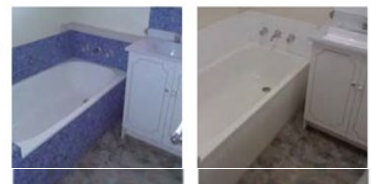
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Presents

2022 student Art Show/exhibition

FEATURING **amazing** STUDENT ART
WORKS created IN OUR VERY OWN
Wandong STUDIO, BY **kids** FROM 5
YEARS, UP TO ADULTS.

Three wonderful independent judges will award these artworks as the best in their category. This is a great opportunity for these artists to show the world their unique talents.

Judges, Kilmore art society, a local artist, an art teacher.

When : Sunday September 11th ,10am-2pm

Where: Wandong Hall- Rail st Wandong

For more info contact Sharon -0409 131 663

All are welcome to come along.

Proud subscriber of What's News



Steph Ryan MP

Member for
Enroa
Deputy Leader of The Nationals

For assistance with State Government matters
Tel 03 5762 1600, 25 Bridge St, Benalla VIC 3672
or email steph.ryan@parliament.vic.gov.au

StephRyan.com.au

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Hi from the WHJSC Committee,

The L.B.Davern Reserve is open to all our community, so please come down and enjoy this great facility, join the various clubs, just walk along the Say G-Day trail, take the kids down to play on the play equipment or just play and exercise on the oval.

We are now mid winter with cold wet conditions so be cautious of the wet trails throughout the reserve and be aware the creek can flood at any time, but don't let the cold and wet weather stop you from coming down to the Reserve to enjoy on what there is to offer.



It's good to see the Reserve full of life with our community back in supporting their groups and other activities enjoyed by those who participate.

- Walking the dogs
- kids in the playground
- individuals/groups doing their fitness workouts
- mums with the kids in the pram
- riding bikes
- playing football
- passing shots in netball
- shooting hoops at the basketball ring
- riding the horses
- training dogs to behave
- Wandong primary doing their sporting activities on the Oval
- Wallan basketball in the Stadium

Continued developments at the Reserve will complement our sport groups and community. We are very lucky to have a Reserve that has character and bush ambiance to complements our communities.



The Wandong Community Centre and L.B.Davern oval in 2004.

If anybody in our community would like to share any photos of History of L.B Davern Reserve for us to share on what's News please send to kooraw@bigpond.com

LB DAVERN Reserve

The Proud Home to

Website: www.lbdavernreserve.com.au

CONTINUED FROM PAGE 16

Summary advice for the Reserve:

Please check in with the Mitchell Shire Web Site for all updates as new stages unfold: www.mitchellshire.vic.gov.au/COVID-19

There are no immediate changes to current rules at this point for Regional Victoria-Mitchell Shire.

Did you know?

Our Community building is also a great asset to hold kids parties, family type events and private functions of all sorts. Please consider when planning a function.

Contact our booking officer
Darlene Gunter 0418 312 762.

Get in quick as bookings are coming in fast.

For all L.B.Davern Reserve Bookings to either:

-Oval Bookings, Stadium bookings and enquiries -
Mitchell Shire Council
Recreation and Open Space unit ph. 5734 6200.

-Community Centre and Sports Pavilion contact:
Darlene Gunter
Booking Officer for the WHJSCC on 0418 312 762



**To our community, we need your help;
We need to catch any persons vandalizing our Reserve!!!!**

If Residents notice anything out of the ordinary please contact the police on

000

It is in our community interest that we all keep our Reserve safe for all to use!!

Rob Telfer
(President, L.B.Davern Reserve Committee)
12 Dry Creek Cres
P.O.Box 303, Wandong 3758
Mobile 0408 393 250



Clonbinane Rural Fire Brigade



Safe Winter Driving

Our district roads are particularly dangerous now with wet roads that need repair. Frosty mornings are more likely and cold nights that bring black ice to the roads. There is also plenty of debris that is washed across the roads in places.

Wildlife crossing especially roos, wombats and deer are the hazards of country living and driving; there is particularly a higher likelihood of a collision with deer as the number of these ferals is greatly increasing. Some of these beasts are huge and with that comes the risk of vehicle right-off and injury. With recent heavy rainfall at times, some roads have potholes. Be wary after heavy rain that mud and stone may have been washed onto the road from poorly maintained driveways. One section of road that comes to mind and is on the Wandong - Broadford Road between Wandong and Clonbinane Road as well as Spur Road.

Be wary of school bus times. Narrow sections like the Spur Road hill require you to keep hard left. Buses and fire trucks also use the sharp Ryans Road right-angle corner in Waterford Park. Slow down and be prepared to stop to give way to heavy vehicles.

Always allow extra time if you need to get to Wandong to catch a train or if you are dropping the kids off at school. Rushing on our roads is a recipe for disaster, you gain little time by speeding. Drive to the road conditions rather than the specified speed limit. Many of our roads now have reduced speed limits due to increased traffic and heavy vehicle use.

Particularly dangerous locations for wildlife crossing are Saunders Road towards Kilmore and Spur Road between the Sunday Creek and Ryans Road. Not only does hitting a roo or wombat damage your vehicle, it puts you at risk of being seriously injured. Not to mention the suffering the animals receive. The only way to reduce the risk is to reduce your speed in these areas. After sunset, a speed of 60 KPH is recommended on these roads. A lower speed gives you the stopping distance that you might require. Brake heavily if you are approaching an animal on the road, do not try to swerve as the risk of loss of control has a higher consequence. Also, keep in mind that kangaroos are mob animals, so lookout for the others that follow the first roo that ventures out.

The use of cruise control in wet conditions is dangerous. A particularly dangerous spot is on the Hume Freeway between Clonbinane and Wandong. We receive many reports of cars rolled or off the road because the car has lost traction whilst the cruise control is engaged in wet or icy conditions. By the time the driver reacts to deactivate the cruise control or brake, it is too late.

Please contact the brigade if you require any information or check out the CFA website www.cfa.vic.gov.au

The brigade normally meets for training each Sunday at 10am at the Ryans Road fire station.

Cheers and drive safely

John Mahoney
Captain



WANDONG AND HEATHCOTE JUNCTION COMMUNITY EMERGENCY MANAGEMENT PLANNING

Support your community to become safer, stronger and more resilient in emergency events.

Wandong and Heathcote Junction Community Emergency Information Session

Wandong Public Hall

Saturday 16 July

11.30am – 1.30pm

THE SHACK IS BACK

The Upper Plenty Community
Hall "THE SHACK"
is open for hire.

For more information and
bookings call Susan or
Wayne on 5783 1456.

If not answered leave name
and number and we will
return the call.

Hello again. Last month we had a quick overview of the Carer Gateway and listed the supports that are available to you as a carer. This month I would like to focus on Carer Support & Planning - a very important part to assisting carers to access the supports they need. All too often carers put their own needs secondary to those of the person they care for. It is important that you as a carer prioritise your needs which in turn supports to continue in your caring role. The Carer Gateway has the needs of the carer as the main priority - all assistance that is provided through the Carer Gateway has the carer firmly at the heart of that support.

Carer Support & Planning is a process that has two main stages:

1. Understanding the carers needs
2. Support Planning

Through a guided conversation our carer support and planning staff work with each carer to understand their individual priorities. This conversation focuses on several key areas including: the carers health; the caring role; managing at home; how you are feeling; and how the caring role is impacting on your work / study / volunteering / social activities.

Once a carers priorities have been identified our carer support and planning team provide short term support to carers to help them navigate, coordinate and access the right services.

Support is tailored to your needs – we can help you connect with services that support both your needs and well-being.

We will keep in touch regularly and work with you to ensure your needs are being met, the support is sustainable and to check in on your well-being.

For more information regarding the supports available to you as a carer Contact the Carer Gateway at www.carergateway.gov.au or by phone on 1800 422 737.

Kind Regards
Jason

LaborMEDIA RELEASE | WE'LL PUT PEOPLE FIRST

Federal Member for McEwen, Rob Mitchell is keen to thank McEwen constituents for the faith they have placed in him following his re-election on May 21.

“My job is to deliver on the promises I made. People have supported me and backed us to deliver on those promises, so that is my first priority,” Mr Mitchell said.

“We have already written to Ministers to kick off the process of delivering for our community”

“The privilege bestowed onto me being elected as your Federal Member has always been about service and what we can do for our community. With a Labor Government and a focus on a better life for working families, secure jobs, a future made in Australia and action on climate change I am excited about what we can achieve.”

Election commitments specific to the region included \$ 150 million for the Camerons Lane interchange, reclassifying Wallan and Whittlesea as a DPA region for GP's, \$515,000 for upgrades to the Greenhill lower oval in Wallan and \$11 million to deliver safer and better local roads across Macedon Ranges and Mitchell Shires.

“My priorities have always been about our communities, to deliver on the promises I made, as I always have, because it's about integrity, which is important to us,” Mitchell said.

“I also think the Australian public has spoken and clearly asked for a more progressive government than what we have had for the last 9 years. They want action on climate change, they want the Uluru Statement from the Heart adopted, the NDIS working right and an independent commission against corruption. They believe in a better future under Labor.

“I thank the voters in McEwen for the enormous honour returning me to Parliament, I also have to thank my family and my amazing campaign team. We had over 230 volunteers on election day, setting up, manning booths, packing up, scrutineering the count and a huge amount of work was also done leading up to the day.

“It was massive effort. It's really not about being a win for me, and a win for the people of McEwen, it's a win for them,” he said.

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Neighbourhood Watch

Let's watch out for each other

South Mitchell

Anti-theft Screws

Over 10,000 number plates are stolen each year. These are often used to commit further serious offences, such as: petrol drive-offs, burglaries, drug trafficking and avoiding speeding fines.

The burglars who steal the plates have also been known to swap the plates for another number plate. Check your plates every time you go to your car, front & back, to ensure nothing is amiss.

Number plates can be stolen in a railway or shopping centre carpark, but can also be stolen from your car in your own street or driveway at your property. Anywhere where the lighting at night is limited is at risk, but these thefts can occur at daytimes also.

If your plates are stolen, you will need to:

- Report the theft to your local police.
- Report the theft to VicRoads.
- Pay to have new number plates issued.
- Change your registration details.
- Change your car insurance details.
- Change your toll road (EastLink, CityLink) account details.



This process is expensive and time consuming and you may be picked up as driving without plates during this process of obtaining new plates.

There is one way you can deter thieves. You can just simply fit one way anti-theft screws to replace the existing screws on your number plate. Screws are now available from all police stations in the Mitchell Shire and at VicRoads in Seymour. For just a gold coin donation you can give yourself a good chance of not being the victim of this crime.



Recently South Mitchell NHW presented Victoria Police in Wallan, two anti-theft screw removal tools to assist the community when the anti-theft screws need to be removed (pictured on the left with Jack, Constable Ollson, & Carol). This can happen when a person changes to a personalised plate or has been in an accident and the plates are damaged. One removal tool will be kept at Wallan Police Station and one will go to our north to Seymour Police Station.



*A big thank you to Bendigo Bank
for making these tools possible.*

Hotlines: 1800 675 398

Coronavirus (COVID-19)

000

Emergency

131 444

Police Assistance Line

1800 333 000

Crime Stoppers

Online Reporting: <https://www.police.vic.gov.au/palolr>

For more information visit:

<https://sites.google.com/view/south-mitchell-nhw/home>



www.facebook.com/southmitchell.nhw.inc

email: newsletters.smnhw@gmail.com

SUDOKU

Answers on
page 24

Place the numbers 1-9 only once in each row, column & 3x3 block

					2			
1		3	4					5
2				5		4		1
3	4				5		9	
8		7				3		4
	9		3				1	7
6		5		3				9
4					8	7		2
			1					

THIS MONTHS QUIZ

Answer appears on Page 24 but no cheating!

- How many teeth does an aardvark have?
- Which two metals is pewter made from?
- What is the national flower of Wales?
- How many bones does an adult human have?
- Where is the Ross Sea?
- Info.cern.ch is famous for being what?
- What is "cynophobia"?
- What is the rarest M&M color?
- Which is the only edible food that never goes bad?
- Which country invented ice cream?
- What country has the most natural lakes?
- What tissues connect the muscles to the bones?
- Who discovered that earth revolves around the sun?
- How many dots appear on a pair of dice?

Kilmore/Wallan RSL Sub Branch

meets the last Thursday night of the month
and open every Wednesday 10am -12pm at
Kilmore Memorial Hall

Contact Rod Dally 0417 522 835
We have Pension and Welfare Officers
to help veterans in the area.

MITCHELL SHIRE COUNCIL



How to keep up to date with Council online:

- > E-News direct to your inbox, sign up now
- > On our website www.mitchellshire.vic.gov.au

Not online?

- > Fortnightly Council Ad in the local newspaper
- > Monthly radio shows

Or, contact Mitchell Shire Council on 5734 6200.

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Whittlesea Community Network

92a Church Street Whittlesea 3757
Ph: 03 9716 3361 Fax: 03 9716 3816
Email wchi@whittleseach.com.au



Winter has definitely made itself at home! Even though it's cold we hope that you will poke your nose out of the cave and join us for some of these activities!

Community Meals

Big Blokes Brunch is a great way to start each week at the Whittlesea Community Activity Centre on Tuesdays! Bring a mate the food is great: Tuesdays 11.00am – 1.00pm \$2.00 per person

Ladies Lunch -join the ladies who lunch each fortnight at the Whittlesea Community Activity Centre

Thursday July 14th & 28th 11.30am – 1.00pm \$2.00 per person

Crafternoons

Join us each week on Mondays and dabble in all sorts of crafts! **Coming soon** handbags and covered boxes with the Boomerang Bags team, Granny squares (intro crocheting) and Acrylic Pouring!

Mondays each week during Term 1.00pm – 3.00pm \$2.00 per session

Digital Literacy

Are you sick of waiting for the kids to get home to get help with your phone, tablet or laptop? Isn't it time you learned to do things on your own? We have a couple of great ways to improve your digital literacy – whether you are just starting out or you have a phone that you only use to take calls! We are patient, experienced with beginners and great at finding great ways to get inspired to do more with technology!

Tea and Tech – A social, technical and practical session to help you with technology!

Register today to join in with our Tea and Tech sessions in Term 3! Thursdays from July 21st 10am – 11.30am FREE

Each session will have a different topic and all sessions will have time for discussion and questions. Bring your phones and tablets we will supply the tea and the wi-fi!

Session one will see us looking at Apple VS Android? What sort of tech do I need? Do I need to upgrade?

Digital Literacy for Smart Devices (Beginners)

An 8-week course to take you from zero to hero on your phone or tablet. You must have a smartphone or tablet to participate. Tuesdays for 8 weeks from July 26th 10.00am – 12.30pm \$20/Concession FREE

Catering for Community – Semester 2

Learn to cook for a crowd, find your way around a commercial kitchen and serve your community at the same time!

This is a great **FREE** course for anyone who is looking to get experience with catering or cooking and is suitable for NDIS participants. Sessions are held twice per month on Thursdays 9.00am – 1.00pm.

Call for information and bookings 9716 3361

NEW NEW NEW! Introduction to Metal Detecting

If you have always wanted to have a go at Metal Detecting then this workshop session will give you the basics! Meet different sorts of detectors, discover internet resources to help your search and get the low down on basic geology and mining! BYO detector if you have one! Saturday August 27th 1.00pm – 5.00pm \$10 per person

Tune Up your work skills in 2022

Time to take the plunge and get things moving at work with these work ready courses:

First Aid (CPR, Provide First Aid & Provide First Aid in an Emergency in an Education & Care Setting)

Online learning + face to face Saturday August 13th \$85/\$150/\$195

Food Handling

Saturdays July 30th OR October 29th 9.00am – 1.00pm \$70

Barista

Saturdays August 6th OR October 22nd 9.30am – 1.30pm \$130

Wills and Wishes

We are once again accepting expressions of interest for our Wills and Wishes program. Have a Will and Powers of Attorney written for you by our Latrobe University Law students (in conjunction with Whittlesea Community Legal Service). It's **FREE** to anyone in the community! (Please note that we cannot assist with Family Trusts).

Appointments are on Fridays at Whittlesea Community House. Call 9716 3361 to book!

Fix It Friday RETURNS!

Fix it Friday is back face to face! Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre! Meet experts from Whittlesea Community Connections, Social Worker, Espresso Legal, Uniting Financial Counselling, NDIS, Centrelink and Lift (Mental Health Program), Victoria Police, My Aged Care, No Interest Loan Scheme and heaps more! Solve lots of drama at one place on one day!

Call 9716 3361 to register in advance, it's **FREE**. Friday July 22nd 10am – 1.00pm

There is a **new round** of Power Saving Bonuses now available to **ALL VICTORIAN HOUSEHOLDS**. You must have an electricity account with your name on it to apply and it is available on the basis of one per household. We will be offering assistance on the following dates:

Thursday July 21st 10.30am – 12.30pm Thursday July 28th 10.30am – 12.30pm Please call to book on 9716 3361.

And finally.....**REGISTER NOW FOR FREE TAX HELP**

A more comprehensive list of what is coming up at the House can be found on our website www.wchi.com.au or you can call to book any of the above on 9716 3361. See you soon!

All Weather Training Facility - Heathcote Jct (Established 1995)

Puppy School - Social Classes
Adult Classes - Trick Training
Behaviour Problems



Workshops
Dog Park Etiquette
Intro to Agility
Dock Diving
Cross Country

Alfoxton Dog Centre

www.foxton.com.au

*Boarding Dogs / Cats -short and long term Farm Stays.
Dogs have large indoor/outdoor pens. Also big play paddocks
where your dog has room to get out and burn off their energy.*

*Cats and little Dogs get to hang out in fully enclosed and heated
Mud Brick Cattery*

Phone: Anne **0402 118929**

60 Junction Rd, Heathcote Junction, Vic

Alfoxton is a registered Domestic Animal Business - Mitchell Shire



Classes held at:
R.B Robson stadium
Wallan, 3756

Recreational & Competition Gymnastics

- Morning classes from crawling to 5years
- Afternoon classes from 5 years to adult
- Classes available Monday – Wednesday
- Trial class available for first time members

Visit our website for more information

Birraleegymnastics.com.au

Weather Report - June 2022

Wandong/Heathcote Junction

This report can be summarised in just three words
Cold and Wet

Temperatures for June, both diurnal and nocturnal were below average for the month but consistent with the northern states where conditions were sub-normal.

Rainfall was reasonably consistent with the month of June in previous years with rainfall recorded on 18 days of the 30 days in the month.

That's one month of Winter, now for the next two.

Sunday Creek dam at the time of writing this report, there was no update from the 23rd May recording of 70% of capacity but it can be assumed dam holdings has increased since then.

Stats

June 2022	-	82 mls
Previous year	-	47.5 mls
Average prev 10 years	-	83 mls
Total this year	-	353 mls
Total prev year	-	524 mls

FRIENDS OF DISAPPOINTMENT

Are you interested in the history, conservation and community of the Mount Disappointment State Forest and surrounding areas.

Join "Friends of Disappointment" to share history, photos and ideas.

<https://www.facebook.com/mountdisappointmentclonbinane/>

QUIZ ANSWERS (from page 22)

1. None
2. Tin and lead
3. Daffodil
4. 206
5. Antartica
6. Worlds first website
7. Fear of dogs
8. Brown
9. Honey
10. China
11. Canada
12. Tendons
13. Nicolaus Copernicus
14. 42

SUKODU
solution

9	5	4	7	1	2	6	8	3
1	7	3	4	8	6	9	2	5
2	6	8	9	5	3	4	7	1
3	4	1	8	7	5	2	9	6
8	2	7	6	9	1	3	5	4
5	9	6	3	2	4	8	1	7
6	8	5	2	3	7	1	4	9
4	1	9	5	6	8	7	3	2
7	3	2	1	4	9	5	6	8

TRAINING TIPS - Creating a Healthy Dog - Part 1 Diet

By Anne Zelvys IACP-CDT



It might seem odd to talk about Diet under a title of "Training Tips", however if you bring a dog to live into your home - YOU are responsible for ensuring good health of your dog.... We can never expect a dog to be able to adjust and adapt to our lifestyles if they are not healthy and good health starts with the immune system.

About 80-90% of the immune system is built in the gut so just like with our human children, we need to ensure they have a good diet. Just consider, would you allow your children to have take away for every meal... **Probably not !.....**

We understand that take away food is heavily processed and not really good for us - so now the Cancer Council of Vic has launched an educational campaign "**Food Fight**" to protect kids from the abundance of advertising for unhealthy food and drinks which increase risk of cancers and other serious diseases for humans.

The Truth About Kibble... Commercial dog food is heavily processed... they may have started out with real food with good nutrients but the kibble process requires heat to be applied in varied ways and this changes the nutrient value of the food. However regulations allow companies to use the raw ingredient nutritional value on labels.

Commercial Companies then produce kibbles that are marketed in an attractive package which has a long shelf life and easy to ship anywhere around the world for the consumer to buy. Each Company claiming their products are fully researched and superior. *BUT are they really just researching to see what us humans are prepared to spend our money on - rather than whether the end product is really any good for the dog ?*

Also many pet parents are unaware that the Pet Industry is self regulated. Hence, there is no official body who oversees/checks the standards, nor any defined regulations about quality control. Consider during 2017 & 2018 we have had a few commercial food products that caused health issues and even deaths in pets - most of these were actually considered **premium** products. We rely on the Industry to voluntarily recall products when problems appear.

Confusion for Pet Owners... Often when we visit the vet clinic they will recommend a particular brand (which they happen to sell in the clinic). Sometimes they will even demonise the idea of feeding "human" food to our dogs, stating that this is unhealthy for our pets.....!!!! This confuses the pet owners and often makes them feel guilty, after all, the Vet is a trained profession, they should know best. But remember your vet is really like our human GP... most vets are not trained or specialising in pet nutrition and often just prattle off what is stated by the pet food companies. Consider when you take your child to a clinic, the Doctor isn't dictating what you should be feeding your children !

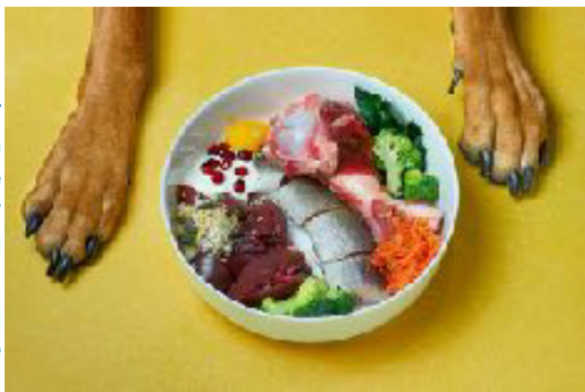
There are many independent studies out of Europe that do not agree about the benefit of commercial pet foods. These studies are all talking the same message as with human processed foods. That kibble is unhealthy and bad for the long term health of our pets and that a natural raw diet provides for the needs of our pets.

Remember: just because you pay more - or that a brand is marketed with names that make it should natural or holistic - there is no guarantee that this is better than another....

Processed Food is Processed Food

So what can we do.... We believe there is nothing better than giving your dog a natural mixed raw diet that way you can know what goes into the bowl... Although often you will be advised that a raw program is not a balanced diet, it really comes down to **Common Sense** and of course considering good food handling. Raw food does requires refrigeration.

A mix of raw red meat with cooked veggies and adding fruit, occasional egg, sardines, yoghurt, oil and some bone will cover just about anything most dogs will need.



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Puppy School - Social Skills - K9 Ninja - Trick Classes - Behaviour Issues

All Weather Training Facility - Indoor and Outdoor **Ph: 0402 118 929**

[www:alfoxton.com.au](http://www.alfoxton.com.au)

60 Junction Road, Heathcote Junction, Vic



Alfoxton Dog Centre

Peer Support Group for Carers



Do you live in Whittlesea or surrounding areas?

Merri Health and Whittlesea City Council have come together to offer carers an opportunity to meet other carers in similar circumstances.

Come for a coffee and a catch up with other carers in Whittlesea! A chance to socialise, meet new people and take time out from your caring role.

Information

When:

Wednesday 20 July 2022

Time:

10:30am-11:30am

Where:

Whittlesea Community Activity Centre
57/61 Laurel St, Whittlesea VIC 3757
Meeting room 2

RSVP!

Nicholas Colicchia [Merri Health]
nicholas.colicchia@merrihealth.org.au
0419 486 744

Trina Laffy [Whittlesea City Council]
supportforcarers@whittlesea.vic.gov.au
0407 227 108



WANDONG TENNIS CLUB

Email: wandongtennisclub@hotmail.com
or text Lisa on 0407 112 880.

Information is posted on our
Facebook page.
www.facebook.com/wandongtennis



We have just started our winter tennis season. Juniors play every Saturday morning and seniors are playing a Fast 4 round robin every Saturday afternoon rotating between the local clubs.

Coaching is available at the club and cardio tennis sessions are held both morning and evening sessions available contact Karl on 0423 611 317 or kv.tennis@hotmail.com

The next night tennis season will commence in august for both the singles and doubles competition

Wandong Junior Football Netball Club Inc

P.O. Box 212, Wandong, 3758
ABN: 8758 6650 799 INC. A0050954J



SEASON SO FAR

Wandong Warriors has only 5 games left this season for our under 9, 11s and 13s. The players have been having a great time playing and learning with each game. Well done to the players for good attendance at training and games. Coaches are doing a superb job of organising the teaching the little Warriors about footy! Thanks to all the parents and helpers for supporting the team managers in roles on training and match day.

PHOTOS

Photos are scheduled for 19th July, 4pm for under 9s, 430pm for under 11s and 5pm for under 13s. Please wear full playing gear.

NIGHT GAME

We played a night game against Broadford on Friday 24th June, and it was a huge success.

The kids really enjoyed playing under lights, most for the first time.



CANTEEN

At home games the canteen is fully stocked, and eftpos is available.

Thanks to Shelley & Steve Kilroy, Karen Christensen, Allen Hall and Clyde Riley for their ongoing support and the important job of running the canteen.

TRAINING

Tuesday & Thursday 4:30 to 5:30.

MND fundraiser

A massive shout out to all our Warrior families who purchased a pair of MND

socks, beanies and raffle tickets. Through everyone's generosity the WJFC was able to raise \$1800 to hand over to the FIGHT MND foundation. The kids and volunteers looked great out on the field in their socks. We might be one of the smallest towns in the Seymour league but that doesn't stop our families helping out with a cause that is close to one of our own. Special mention to the Bichard family and Lisa's band of helpers who made sure everyone was on board at such short notice.

It's days and occasions like this that you realise what role sporting clubs play in the community, they are not just a place for kids to be active they are a community in the community. Every single Warrior should be extremely proud of the efforts.

SOCIAL EVENT:

Stay tuned and watch out on facebook for upcoming social catchup.

All players and families will be warmly welcomed by the new committee members including all recently appointed coaches. If you are interested in becoming involved as a player, please take advantage of this opportunity to become apart of our great club.

We look forward to meeting new faces, bring your friends, come along and have some fun!! All welcome.

Please contact the Club via email wandongjfc@gmail.com for further information.

Or, search our face book page or Team App page by typing "Team App Wandong Warriors".



Thomas Family Trees

MTI Qualos Machine Tools and accessories

Kilmore
car wash

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